

ABSTRACT

Gufron, Rojil. 2014 *Self Control Relationship with the Student Academic Procrastination IPA MAN 1 Malang Malang* . Thesis . Faculty of Psychology at the State Islamic University of Maulana Malik Ibrahim Malang .

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Keywords : self-control , academic procrastination

The obstacles encountered in the education of the students like , feeling bored in the teaching and learning activities , learning methods monotony , lack of desire for someone to achieve academic success (achievement) . Eventually cause a person to have the decision to delay the start and finish a task called academic or academic procrastination . Procrastination many negative consequences . Therefore , the presence of self-control is expected that students are able to steer the behavior of a more mainstream and can use the appropriate time, so that procrastination can be minimized .

This study aims to determine how the level of self-control Students MAN Malang I, knowing how the level of procrastination student of MAN Malang I , determine whether there is a relationship between self-control with procrastination at MAN Malang I students

This study is a quantitative correlation with self-control as the independent variable and academic procrastination as the dependent variable . Product Moment correlation technique is used to examine the negative relationship between the level of self-control with the level of academic procrastination . Then categorize the level of self-control and academic procrastination level by determining the mean and standard deviation first. Subjects were students of MAN Malang I class XI and XII Science with a sample of 25% were obtained from random technique with raffle subjects in the population . Total population of 321 students so that the sample obtained a number of 81 students .

The results showed some 13 % of students have a high level of self-control , 73 % moderate and 14 % low . Then there are 19 % of students have a high level of academic procrastination , 64 % moderate and 17 % low . The correlation between self-control with academic procrastination showed the number of -0.262 with $p = 0.018$. It shows that the relationship between the two is negative but significant because $p > 0.05$. So if a high level of self-control , the low level of academic procrastination and vice versa if the low level of self-control , the high level of academic procrastination .