

PETUNJUK PENGISIAN

Dibawah ini terdapat beberapa pernyataan, anda diminta untuk memberikan respon atau jawaban yang sesuai dengan diri anda dengan memberikan tanda centang (√) pada kolom jawaban yang tersedia. Setiap pernyataan **hanya ada satu jawaban** yang harus dipilih yang sesuai dengan diri anda, diantaranya adalah :

- SS : Sangat Sesuai
TS : Tidak Sesuai
S : Sesuai
STS : Sangat Tidak Sesuai

Nama :

Jenis Kelamin :

Usia :

SELAMAT MENGERJAKAN

No	Pernyataan	SS	S	TS	STS
1	Ketika marah saya mengucapkan istigfar				
2	Ketika frustrasi saya menghisap rokok dan minum minuman keras				
3	Saat emosi memuncak saya berusaha menghela nafas dalam – dalam dan mengatur nafas saya				
4	Saat pendapat saya tidak diterima saya marah – marah di depan forum				
5	Saat merasa sedih saya akan menangis				
6	Saya marah bila diceramahi oleh kedua orang tua saya				
7	Saya sangat sedih ketika mengalami kenyataan pahit yang tidak saya harapkan				
8	Ketika kehilangan orang terdekat saya menangis tersedu - sedu				

9	Ketika saya merasa jengkel biasanya saya mengeluarkan kata – kata kotor				
10	Ketika menerima kabar gembira saya akan memeluk dan mencium orang disekitar saya				
11	Saya paling tidak suka bila ada orang yang membicarakan keburukan saya dibelakang				
12	Saat saya bersedih saya tidak mengeluarkan air mata				
13	Saya paling senang jika ada yang memberi kejutan				
14	Ketika melihat peristiwa yang mengharukan hati saya selalu tersentuh				
15	Saya selalu berfikir dua kali sebelum bertindak				
16	Saya kurang memperhatikan pendapat orang lain ketika berdiskusi				
17	Berfikir jauh ke depan adalah ciri khas pemikiran saya				
18	Terkadang kita memerlukan kritik meskipun itu pedas				
19	Saya senang bertukar pikiran				

Terima Kasih ☺

Data kasar skala kematangan emosi

	Aitem 1	Aitem 2	Aitem 3	Aitem 4	Aitem 5	Aitem 6	Aitem 7	Aitem 8	Aitem 9	Aitem 10
Subjek 1	4	4	4	3	3	4	3	3	3	2
Subjek 2	4	2	4	4	3	4	2	4	3	1
Subjek 3	2	2	3	3	2	3	3	2	2	3
Subjek 4	3	3	2	3	4	2	3	3	3	3
Subjek 5	3	3	4	4	2	2	2	1	1	2
Subjek 6	4	2	3	3	2	3	2	3	2	2
Subjek 7	3	4	3	3	3	3	2	3	3	3
Subjek 8	3	3	4	3	1	4	3	2	3	2
Subjek 9	3	4	2	3	2	4	2	1	2	2
Subjek 10	4	2	3	4	2	4	3	1	3	1
Subjek 11	2	2	1	4	2	3	1	2	1	2
Subjek 12	3	4	2	3	1	3	2	2	3	2
Subjek 13	3	2	4	4	4	4	3	4	2	4
Subjek 14	2	3	3	3	2	3	3	2	1	2
Subjek 15	2	3	3	3	2	3	2	4	3	2
Subjek 16	1	3	3	3	3	3	3	4	3	2
Subjek	3	4	3	4	2	4	2	3	3	3

17										
Subjek 18	3	2	4	4	1	4	2	1	4	1
Subjek 19	3	4	3	4	3	4	3	1	4	2
Subjek 20	3	2	3	4	3	3	4	3	1	3
Subjek 21	3	4	3	4	3	3	2	3	3	3
Subjek 22	4	4	3	4	2	3	2	3	4	2
Subjek 23	2	3	3	2	2	2	3	2	2	2
subjek 24	4	4	3	3	3	3	3	4	3	3
Subjek 25	3	3	4	4	3	3	3	3	3	3
Subjek 26	4	4	3	3	4	3	2	4	3	2
Subjek 27	3	4	3	3	3	3	2	3	3	4
Subjek 28	3	4	4	3	3	3	2	4	2	1
Subjek 29	3	4	3	4	3	3	2	3	3	2
Subjek 30	3	3	3	3	4	2	2	4	3	2
Subjek 31	4	4	4	4	4	4	1	4	4	4
Subjek 32	4	4	4	4	3	4	2	3	4	3
Subjek 33	3	3	3	3	3	2	2	3	2	2
Subjek 34	2	4	3	4	3	2	2	3	4	3
Subjek 35	3	4	3	3	3	3	3	2	3	2
Subjek 36	3	3	3	3	3	3	2	3	3	2
Subjek 37	3	4	3	1	4	1	1	4	2	4
Subjek 38	4	4	3	4	3	3	2	2	4	3

Subjek 39	3	4	4	3	3	3	1	4	3	3
Subjek 40	2	3	3	2	2	2	2	3	3	2
Subjek 41	3	4	4	3	3	1	1	3	4	4
Subjek 42	3	3	3	3	4	4	2	4	3	3
Subjek 43	3	3	4	3	2	2	3	2	3	2
Subjek 44	3	3	3	4	4	3	3	3	4	4
Subjek 45	3	4	4	3	3	2	2	2	2	2
Subjek 46	4	3	3	3	4	4	4	3	4	4
Subjek 47	4	4	3	3	3	4	4	4	3	3
Subjek 48	3	3	4	4	3	3	4	4	3	3
Subjek 49	4	4	3	2	4	4	3	3	3	4
Subjek 50	4	3	3	3	3	3	2	3	3	3
Subjek 50	4	4	3	3	3	4	4	4	3	3

Lanjutan...

	Aitem 11	Aitem 12	Aitem 13	Aitem 14	Aitem 15	Aitem 16	Aitem 17	Aitem 18	Aitem 19
Subjek 1	4	3	2	4	4	4	4	4	4
Subjek 2	3	3	3	4	3	3	2	3	3
Subjek 3	3	2	3	3	3	3	3	3	3
Subjek 4	2	2	3	3	3	3	3	1	4
Subjek 5	4	4	2	4	4	4	4	4	4
Subjek 6	2	2	3	3	3	3	3	3	4
Subjek 7	4	3	3	4	4	4	4	3	3
Subjek 8	3	2	3	3	3	3	3	3	3
Subjek 9	1	4	2	2	4	3	4	2	2
Subjek 10	1	2	3	3	4	3	4	4	3
Subjek 11	4	2	4	2	1	3	4	4	4
Subjek 12	3	3	3	3	3	3	3	3	4
Subjek 13	4	1	4	4	4	4	4	4	4

Subjek 14	3	2	2	2	3	3	3	3	3
Subjek 15	4	2	3	2	4	2	3	3	3
Subjek 16	2	3	2	3	3	3	3	3	3
Subjek 17	4	4	3	3	2	2	2	3	3
Subjek 18	4	2	1	3	4	2	1	3	3
Subjek 19	4	2	3	2	3	3	3	3	3

Subjek 20	3	3	3	3	3	4	4	3	3
Subjek 21	4	3	3	3	4	1	4	4	4
Subjek 22	3	2	4	3	2	3	2	4	4
Subjek 23	3	2	2	2	2	2	2	3	3
Subjek 24	3	3	4	4	2	4	4	4	4
Subjek 25	4	4	4	4	3	4	3	3	4
Subjek 26	4	2	4	3	2	4	2	2	3
Subjek 27	3	3	4	3	3	3	4	3	4
Subjek 28	2	3	4	4	3	4	3	4	3
Subjek 29	4	2	3	3	3	3	3	3	3
Subjek 30	4	2	3	3	3	3	2	3	4
Subjek 31	4	4	4	4	4	1	4	4	4
Subjek 32	3	4	4	3	4	4	4	4	4
Subjek	3	3	3	3	2	3	3	3	3

33									
Subjek 34	3	3	4	3	3	3	3	3	3
Subjek 35	4	2	3	3	2	3	3	3	4
Subjek 36	3	3	3	3	3	3	3	3	3
Subjek 37	3	3	4	4	3	2	3	4	3
Subjek 38	4	3	3	3	4	4	3	4	4
Subjek 39	3	4	1	3	3	3	3	4	4
Subjek 40	3	3	3	3	2	3	2	3	3
Subjek 41	4	4	3	3	3	3	4	3	4
Subjek 42	4	4	3	4	2	3	2	3	3

Subjek 43	3	2	3	3	2	2	2	3	2
Subjek 44	3	3	3	3	4	3	3	3	3
Subjek 45	3	3	3	3	4	3	4	4	4
Subjek 46	4	3	3	4	4	3	4	4	4
Subjek 47	3	4	4	4	3	3	4	3	3
Subjek 48	4	4	3	4	3	3	4	3	4
Subjek 49	4	4	4	4	4	4	3	3	3
Subjek 50	3	2	3	3	3	3	3	3	3
Subjek 50	3	4	4	4	3	3	4	3	3

UJI RELIABILITAS

```
RELIABILITY
/VARIABLES=VAR00001 VAR00002 VAR00003 VAR00004 VAR00005 VAR00006 VAR00007
VAR00008 VAR00009 VAR00010 VAR00011 VAR00012 VAR00013 VA
R00014 VAR00015 VAR00016 VAR00017 VAR00018 VAR00019
/SCALE('skala kematangan emosi ditinjau dari jenis kelamin') ALL
/MODEL=ALPHA
/STATISTICS=DESCRIPTIVE SCALE

/SUMMARY=TOTAL MEANS VARIANCE COV CORR.
```

Reliability

[DataSet0]

Scale: skala kematangan emosi ditinjau dari jenis kelamin

Case Processing Summary

		N	%
Cases	Valid	50	100.0
	Excluded ^a	0	.0
	Total	50	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.765	.770	19

Item Statistics

	Mean	Std. Deviation	N
VAR00001	3.1000	.70711	50
VAR00002	3.3200	.74066	50
VAR00003	3.2000	.63888	50
VAR00004	3.2800	.67128	50
VAR00005	2.8200	.82536	50
VAR00006	3.0400	.80711	50
VAR00007	2.3800	.77959	50
VAR00008	2.8800	.93982	50
VAR00009	2.8600	.83324	50

VAR00010	2.5600	.86094	50
VAR00011	3.2800	.78350	50
VAR00012	2.8400	.81716	50
VAR00013	3.0800	.75160	50
VAR00014	3.1800	.62890	50
VAR00015	3.0800	.77828	50
VAR00016	3.0400	.72731	50
VAR00017	3.1400	.78272	50
VAR00018	3.2400	.62466	50
VAR00019	3.4000	.57143	50

Summary Item Statistics

	Mean	Minimum	Maximum	Range	Maximum / Minimum	Variance	N of Items
Item Means	3.038	2.380	3.400	1.020	1.429	.069	19
Item Variances	.572	.327	.883	.557	2.705	.019	19
Inter-Item Covariances	.084	-.144	.468	.612	-3.237	.009	19
Inter-Item Correlations	.150	-.250	.603	.853	-2.410	.026	19

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
VAR00001	54.6200	34.853	.498	.520	.744
VAR00002	54.4000	36.531	.272	.532	.760
VAR00003	54.5200	36.663	.315	.508	.757
VAR00004	54.4400	37.680	.168	.489	.766

VAR00005	54.9000	33.847	.519	.622	.740
VAR00006	54.6800	36.671	.224	.509	.764
VAR00007	55.3400	38.556	.036	.409	.777
VAR00008	54.8400	34.953	.331	.601	.756
VAR00009	54.8600	35.756	.307	.557	.757
VAR00010	55.1600	33.729	.504	.626	.741
VAR00011	54.4400	36.211	.285	.410	.759
VAR00012	54.8800	35.210	.375	.536	.752
VAR00013	54.6400	35.909	.337	.526	.755
VAR00014	54.5400	34.376	.643	.688	.736
VAR00015	54.6400	35.909	.321	.554	.756
VAR00016	54.6800	37.079	.215	.299	.763
VAR00017	54.5800	35.351	.381	.683	.752
VAR00018	54.4800	36.826	.303	.452	.757
VAR00019	54.3200	36.467	.394	.492	.753

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
57.7200	39.512	6.28584	19

RELIABILITY

```

/VARIABLES=VAR00001 VAR00002 VAR00003 VAR00004 VAR00005 VAR00006 VAR00007
VAR00008 VAR00009 VAR00010 VAR00011 VAR00012 VAR00013 VA
R00014 VAR00015 VAR00016 VAR00017 VAR00018 VAR00019
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/MODEL=ALPHA
/STATISTICS=DESCRIPTIVE SCALE CORR COV

/SUMMARY=TOTAL MEANS VARIANCE COV CORR.

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VAR00007	2.3800	.77959	50
VAR00008	2.8800	.93982	50
VAR00009	2.8600	.83324	50
VAR00010	2.5600	.86094	50

VAR00011	3.2800	.78350	50
VAR00012	2.8400	.81716	50
VAR00013	3.0800	.75160	50
VAR00014	3.1800	.62890	50
VAR00015	3.0800	.77828	50
VAR00016	3.0400	.72731	50
VAR00017	3.1400	.78272	50
VAR00018	3.2400	.62466	50
VAR00019	3.4000	.57143	50

Summary Item Statistics

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Item-Total Statistics

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VAR00004	54.4400	37.680	.168	.489	.766
VAR00005	54.9000	33.847	.519	.622	.740
VAR00006	54.6800	36.671	.224	.509	.764
VAR00007	55.3400	38.556	.036	.409	.777

VAR00008	54.8400	34.953	.331	.601	.756
VAR00009	54.8600	35.756	.307	.557	.757
VAR00010	55.1600	33.729	.504	.626	.741
VAR00011	54.4400	36.211	.285	.410	.759
VAR00012	54.8800	35.210	.375	.536	.752
VAR00013	54.6400	35.909	.337	.526	.755
VAR00014	54.5400	34.376	.643	.688	.736
VAR00015	54.6400	35.909	.321	.554	.756
VAR00016	54.6800	37.079	.215	.299	.763
VAR00017	54.5800	35.351	.381	.683	.752
VAR00018	54.4800	36.826	.303	.452	.757
VAR00019	54.3200	36.467	.394	.492	.753

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
57.7200	39.512	6.28584	19

HASIL KATEGORISASI

A. LAKI - LAKI

```
RECODE lakilaki (38 thru 57=2) (Lowest thru 38=3) (57 thru Highest=1) INTO lk.  
VARIABLE LABELS lk 'kategorisasi skala kematangan emosi laki laki'.  
EXECUTE.  
FREQUENCIES VARIABLES=lk  
  /STATISTICS=STDDEV MINIMUM MAXIMUM MEAN  
  /BARCHART FREQ  
  
  /ORDER=ANALYSIS.
```

Frequencies

[DataSet0]

Statistics

kategorisasi skala kematangan emosi
laki laki

N	Valid	25
	Missing	0
Mean		1.6000
Std. Deviation		.50000
Minimum		1.00
Maximum		2.00

kategorisasi skala kematangan emosi laki laki

	Frequency	Percent	Valid Percent	Cumulative Percent
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Valid	tinggi	10	40.0	40.0	40.0
	sedang	15	60.0	60.0	100.0
	Total	25	100.0	100.0	

b. Perempuan

```

RECODE perempuan (38 thru 57=2) (Lowest thru 38=3) (57 thru Highest=1) INTO
pr.
VARIABLE LABELS pr 'kategorisasi skala kematangan emosi perempuan'.
EXECUTE.
FREQUENCIES VARIABLES=pr
  /STATISTICS=STDDEV MINIMUM MAXIMUM MEAN
  /BARChart FREQ

  /ORDER=ANALYSIS.

```

Frequencies

[DataSet0]

Statistics

kategorisasi skala kematangan emosi
perempuan

N	Valid	25
	Missing	0
Mean		1.3600
Std. Deviation		.48990
Minimum		1.00
Maximum		2.00

kategorisasi skala kematangan emosi perempuan

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid tinggi	16	64.0	64.0	64.0
sedang	9	36.0	36.0	100.0
Total	25	100.0	100.0	

HASIL UJI T

```

NEW FILE.
DATASET NAME DataSet1 WINDOW=FRONT.
DATASET ACTIVATE DataSet0.
DATASET CLOSE DataSet1.
NEW FILE.
DATASET NAME DataSet2 WINDOW=FRONT.
T-TEST GROUPS=VAR00002(1 2)
  /MISSING=ANALYSIS
  /VARIABLES=kematanganemosi

  /CRITERIA=CI (.9500) .

```

T-Test

[DataSet2]

Group Statistics

	VAR00002	N	Mean	Std. Deviation	Std. Error Mean
kematanganemosi	1	25	55.7200	6.17468	1.23494
	2	25	59.7200	5.84893	1.16979

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Kematangan emosi	Equal variances assumed	.193	.662	-2.352	48	.023	-4.00000	1.70102	-7.42013	-.57987
	Equal variances not assumed			-2.352	47.860	.023	-4.00000	1.70102	-7.42039	-.57961

```

NEW FILE.
DATASET NAME DataSet3 WINDOW=FRONT.
DATASET ACTIVATE DataSet0.
DATASET CLOSE DataSet3.
SAVE OUTFILE='C:\Users\user\Documents\SPSS kategorisasi penelitian skripsi.sav'
/COMPRESSED.
DATASET ACTIVATE DataSet2.
SAVE OUTFILE='C:\Users\user\Documents\spss T test penelitian skripsi.sav'
/COMPRESSED.
DATASET ACTIVATE DataSet0.

DATASET CLOSE DataSet2.
    
```



KEMENTERIAN AGAMA
UNIVERSITAS ISLAM NEGERI
MAULANA MALIK IBRAHIM MALANG
FAKULTAS PSIKOLOGI

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Website : www.uin-malang.ac.id/ / <http://psikologi.uin-malang.ac.id>

Nomor : Un.3.4/TL.03/409/2014 02 Juni 2014
Perihal : IZIN PENELITIAN SKRIPSI

Kepada Yth : **Ketua Komunitas MCL (Malang Cat Lovers) Malang**
Di
Malang

Dengan hormat

Dalam rangka penulisan Skripsi Mahasiswa Fakultas Psikologi Universitas Islam Negeri Maulana Malik Ibrahim Malang, dengan ini kami mohon dengan hormat kepada Bapak/Ibu untuk memberikan kesempatan melakukan Penelitian Skripsi kepada :

Nama : Risdiandari Putri Sukirman
NIM : 10410021
Tempat Penelitian : Komunitas MCL (Malang Cat Lovers) Malang
Judul Skripsi : Perbedaan Kematangan Emosi di Tinjau Dari Jenis Kelamin Pada Anggota Kamunitas MCL. (Malang Cat Lovers) Malang
Dosen Pembimbing : Dr. H. Rahmat Aziz, M.Si

Demikian permohonan ini kami sampaikan, atas perhatian dan kerjasamanya kami sampaikan terima kasih.

a.n.Dekan,
Wakil Dekan Bidang Akademik

Dr. Fathul Lubabin Nuqul, M. Si
NIP. 19760512 200312 1 002

Tembusan :
1. Dekan
2. Para Wakil Dekan
3. Arsip