ABSTRACT


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At midlife, individuals are in the most healthy condition, quietest, most able to control their self, most responsible and have stable emotionally (Levinson & Peskin, 1981 at Santrock, 2002). Subject in this study was a woman 52 years old. In her midlife, she show her obsessive compulsive disorder of wudlu and istinjaa. Though epidemiologists have documented the fact that women typically develop OCD between 20 until 29 years old (American Psychiatric Association, 2000, in Halgin, 2010). It is impossible to occur suddenly, surely there are a series of events that affect the subject's life journey unique behavior today.

This study aims to determine the psychological dynamics of OCD patient. Coping strategies include in this focus research. Researcher using qualitative research methods life history case study to reveal the complete biography of the subject with the stages and processes of life. The method of collecting data using interviews, observation and documentation.

The results of this study indicate that obsessive compulsive disorder's subject of istinjaa and wudlu affected by a series of factors that have been growing since childhood. Among these are genetic factors from her father, factor of obsessional personality's subject, learning factors/habituation, unsafe environmental factors that grandchildren who still like bedwetting and seldom theft of goods, the desire to enhance worship, but has a wrong perspective of perfect sacred. So if subject does not wash repeatedly, she becomes anxious. Subject uses some coping strategies, like information seeking, assistance seeking, direct action, avoidance, denial, self-criticism, positive reappraisal, and eventually patient and sincere coping.