ABSTRACT

Husniah, Afifatul. 2014, THESIS. Title: Adaptability of parents and Teenage Parenting Indigo.
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Keywords: Adaptability, Indigo Children, Parenting

Indigo children are children who are believed to possess the ability to send or receive information without using the five senses of sight, smell, hearing, touch, or taste. They have more capabilities compared to other children who show a set of outstanding psychological attributes, that is the ability of the sixth senses as well as the inability of adaptation. Most Indigo children’s behavior are difficult to grasp that those who interact with them (parents, specifically) change the treatment and care to achieve a balance. The purpose of this research is to know the parents’ adjustment of parenting pattern to indigo children.

The method of this research is qualitative which explores and understands the meaning of individuals or groups problems through interview, observation and documentation. The subjects are two parents who have indigo children, especially the mother who mostly understands the condition of their children.

The results showed that the parents’ adaptability against the indigo children emerged from the indigo children, family and social environment. The copings are coping directly, spiritual coping, and self control. The process of parents’ adjustment are rejection, motivation and effort (coping). The factors includes internal (the indigo children and parents) and external (social environment and family). The parenting of indigo children includes affection, ingratiating, tranquilly educating, positively speaking, ability of understanding, accompanying, directly practicing and giving reward.