

ABSTRACT

Mufidah, Nurul. 2014. *The Effect of Premenstrual Syndrome (PMS) toward Learning Motivation of FKMS Student in UIN Malang*. Thesis. Psychology Faculty, Maulana Malik Ibrahim State Islamic University Malang.

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In learning progress, motivation is much needed because a person who has no motivation in learning will not be able to conduct any learning activities well. Learning motivation is easily affected by some factors, both internal and external. One of the factors that can affect the learning motivation is premenstrual syndrome (PMS). Most women tend to experience unstable physical, psychological, and emotional condition during premenstrual syndrome, especially negative emotion. This condition can decrease their desire to conduct any activities.

This research is aimed to find out the premenstrual syndrome level among FKMS students in UIN Malang, the learning motivation level of FKMS students in UIN Malang, and the effect of premenstrual syndrome (PMS) toward learning motivation of FKMS students in UIN Malang.

This research is applied on FKMS (Communication Forum of Sumenep Students) students in UIN Malang. The reason of choosing them as the object of the research is because Maduranese people are known for their gruff-nature, hard working, and time management.

This research employs quantitative approach using correlation design. The sample selection strategy is purposive sampling by choosing 32 people as the respondents. The data collection method used in this research is questionnaire. This research uses two variables: PMS variable and learning motivation variable. The highest score from PMS variable is 184 and the lowest one is 46. In learning motivation variable, the highest score is 240 and the lowest 60. Based on the analysis, there is a significant influence of PMS toward learning motivation that gains 0,05 significant value with 5% significant degree. The effect of premenstrual syndrome toward learning motivation of FKMS students in UIN Malang is 12,2 %, while the effect other external and internal factors are 87,8 %.