ABSTRAK


Keywords: self-concept, anxiety Students Facing National Final Examination

Leaving exams anxiety experienced by students due to the condition of the national final examination is not yet clear. High or low levels of anxiety in students leaving exams different - different because of several factors. One of the factors that affect student anxiety in the face of national final examination is the concept of self. The concept itself is a mental picture of each individual consisting of self-confidence, self-acceptance, and self-esteem. The purpose of this study was to determine the level of students’ self-concept, anxiety level of students in the national final exams, and the relationship with the self-concept of students of SMAN 1 Patianrowo anxiety in leaving exams.

This study uses a quantitative correlation with the concept of self as independent variables and anxiety-leaving exams as the dependent variable. Data collection instruments using the method of observation, interviews, and psychological scale consisting of self-concept scale and the scale of anxiety-leaving exams. Researchers compiled form of the scale is the Likert scale consisting of 24 aitem on each variable. Analysis of the data using product moment correlation analysis to determine the relationship of self-concept and anxiety in students of SMAN 1 Patianrowo leaving exams.

The results of this study showed 45% or 27 students have a positive self-concept level, 52% or 31 students in the medium category, and 3% or 2 students negatively. Then there are 3 or 5% of respondents experiencing high anxiety, 32 respondents or 53% moderate anxiety, and 25 respondents or 42% had low anxiety. Based on the analysis of data there is a negative relationship between self-concept and anxiety in the face of national final examination with \( r_{xy} = -0.498 \) with \( p = 0.000 \). more positive self-concept means the lower the students 'anxiety levels-leaving exams, and conversely the lower the level of students' self-concept, the higher levels of anxiety-leaving exams.