

ABSTRACT

Avivah, Yenny, 2014, The Effectiveness of Group Counseling to Improve The Ability of Social Adjustment among Educated Participant, Experiment at SMP Muhammadiyah 15 Surabaya. Final Paper, Faculty of Psychology, State Islam University (UIN) of Maulana Malik Ibrahim Malang. Advisor: Prof. DR. H. Mulyadi M. Pd.I.

Key word : Group Counseling, Social Adjustment.

The entire process of life and student life will always be colored by the relationship with other, be it with family, school and wider community. As social beings, students always need interaction with other people in his life, recognition and acceptance of himself than others would give real life colors. Succeed or fail students in the process of social adjustment in school will be very closely related to the factors that influence it. Teens as individuals who was in the process of developing certainly have a problem, but the complexity of the problem will vary on one individual to another.

Some of the problems faced by teenagers which in this case youth as learners. Adolescent problems are problems that are internal and external or social, one of the problems is the social adjustment. Adolescent social adjustment problems are usually collective occur at some point in the educational environment. So it will be more effective if the assistance given to them is a technique that can help the teens also collectively. The solution offered in this research is group counseling, as a guidance and counseling services. This study is intended to find out whether group counseling give effect on social adjustment by students.

This research is quantitative research. Where as using quasy experiment , and the experimental design used in this study in one group pre and posttest design. The sample was taken by using one phase sampling procedure, a procedure in which the researcher has had an access on obtaining population names and also been able to directly create a sample within a group of individual. The population of this experiment is the students of class VII at Muhammadiyah 15 Surabaya. Data collection methods used are scales, interviews and documentation. For the analysis of the data using paired samples t test and analysis of the percentage and rate of.

Based to the result of measurement on six subjects, it could be concluded that social adjustment got increased after group counseling being applied. This was proven by the result of measurement in which the significance of t test value denoted 3.609 with degree of significance reached 0.007. Since, the significance (0,007) < was less than the degree α (0,05), it mean that this result indicated a significant point, in which there was an influence of group counseling toward students' social adjustment after such a group counseling being given. Thus, the alternative hypothesis there was effect of group counseling on social adjustment is acceptable.

