

**THE MAIN CHARACTER'S HIERARCHY OF NEEDS IN
RICK YANCEY'S *THE 5TH WAVE***

THESIS

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FACULTY OF HUMANITIES

UNIVERSITAS ISLAM NEGERI MAULANA MALIK

IBRAHIM MALANG

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RICK YANCEY'S *THE 5TH WAVE***

THESIS

Presented to

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I state that the thesis entitled **The Main Character's Hierarchy of Needs in Rick Yancey's *The 5th Wave*** is my original work. I do not include any materials previously written or published by another person, except those cited as references and written in the bibliography. Hereby, if there is any objection or claim, I am the only person who is responsible for that.

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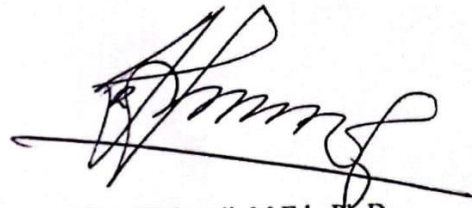
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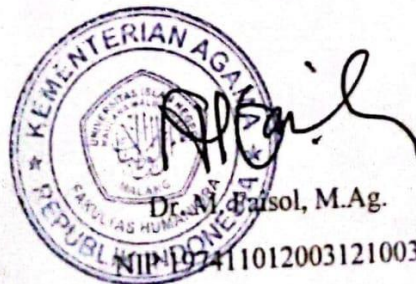
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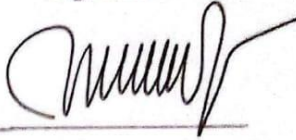
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MOTTO

وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ

And whoever puts his trust in Allah, Allah will fulfill his (needs).

(QS. Ath-Thalaq: 3)

“Having a desire is not enough. There must be effort, strong determination, and a strong will to make it happen.”

(Merry Riana)

“Be a person who has self-respect, don't be a person who asks to be respected.”

(Zaidan Nabil Kautsar Kurniadi)

DEDICATION

With gratitude, I dedicate this research to:

The only main priority, my beloved parents.

Myself; *I am willing to sacrifice time, sweat, and energy for this.*

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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

The researcher expresses his deepest gratitude to Allah Subhanahu Wata'ala for all the grace and ease that has been given during the process of completing this research. Shalawat and salam are always poured out to the Prophet Muhammad, a role model who has provided blessings in life, especially in completing this research.

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This research certainly still has shortcomings, and researcher are happy to receive constructive criticism and suggestions for future improvements. Hopefully this research can provide benefits for readers and further researcher as a reference in future studies.

The Researcher

Zaidan Nabil Kautsar Kurniadi

ABSTRACT

Kurniadi, Zaidan Nabil Kautsar. (2024). *The Main Character's Hierarchy of Needs in Rick Yancey's The 5th Wave*. Undergraduate Thesis. Department of English Literature, Faculty of Humanities, Universitas Islam Negeri Maulana Malik Ibrahim Malang. Advisor Hafidhun Annas, M.Hum.

Keywords: Abraham Maslow, Hierarchy of Needs, Literary psychology.

Society consists of individuals with diverse needs that are a basic part of life. According to Maslow (1943), human needs are arranged in a hierarchy, ranging from physiological to self-actualization. This is reflected in Rick Yancey's *The 5th Wave*, where Cassie Sullivan struggles to fulfill her needs in the midst of a humanitarian crisis due to the dwindling human population. This study aims to discover how Cassie fulfills her needs and identify Cassie's dominant needs in the novel. Using a literary criticism approach and qualitative research method, this study applies Abraham Maslow's hierarchy of needs theory, this study reveals five types of needs that Cassie must fulfill, namely: Cassie tries to fulfill her basic needs such as food and shelter in the midst of a humanitarian crisis, seeking security amid threats from aliens and uncertain situations, love and belonging where interpersonal relationships and emotional support are crucial for Cassie, achieving recognition, and reaching her potential and meaning in life. The conclusion of this study is that the character Cassie Sullivan in *The 5th Wave* struggles to fulfill the hierarchy of human needs according to Abraham Maslow's theory, with security needs being the most dominant in crisis situations. This research shows how extreme conditions affect the fulfillment of individual needs and confirms the relationship between psychology and literature in describing the human life.

ABSTRAK

Kurniadi, Zaidan Nabil Kautsar. (2024). *Hirarki Kebutuhan Tokoh Utama dalam The 5th Wave karya Rick Yancey*. Skripsi. Jurusan Sastra Inggris, Fakultas Humaniora, Universitas Islam Negeri Maulana Malik Ibrahim Malang. Pembimbing Hafidhun Annas, M.Hum.

Kata Kunci: Abraham Maslow, Hirarki Kebutuhan, Psikologi Sastra.

Masyarakat terdiri dari individu dengan kebutuhan beragam yang menjadi bagian dasar kehidupan. Menurut Maslow (1943), kebutuhan manusia tersusun dalam hierarki, mulai dari fisiologis hingga aktualisasi diri. Hal ini tercermin dalam novel *The 5th Wave* karya Rick Yancey, di mana Cassie Sullivan berjuang memenuhi kebutuhannya di tengah krisis kemanusiaan akibat berkurangnya populasi manusia. Penelitian ini bertujuan menemukan bagaimana Cassie memenuhi kebutuhannya serta mengidentifikasi kebutuhan dominan Cassie dalam novel tersebut. Dengan menggunakan pendekatan kritik sastra dan metode penelitian kualitatif, penelitian ini menerapkan teori hierarki kebutuhan Abraham Maslow. Penelitian ini mengungkap lima jenis kebutuhan yang harus dipenuhi oleh Cassie, yaitu: Cassie berusaha memenuhi kebutuhan dasarnya seperti makanan dan tempat berlindung di tengah krisis kemanusiaan, mencari rasa aman di tengah ancaman dari alien dan situasi yang tidak menentu, cinta dan kepemilikan yang menjalin hubungan interpersonal dan dukungan emosional menjadi krusial bagi Cassie, meraih pengakuan, dan mencapai potensi diri serta makna hidup. Selain itu, penelitian ini menemukan bahwa kebutuhan keamanan adalah kebutuhan yang paling dominan dalam perjalanan hidup Cassie di tengah krisis. Kesimpulan dari penelitian ini adalah bahwa karakter Cassie Sullivan dalam *The 5th Wave* berjuang untuk memenuhi hierarki kebutuhan manusia menurut teori Abraham Maslow, dengan kebutuhan keamanan yang menjadi paling dominan dalam situasi krisis. Penelitian ini menunjukkan bagaimana kondisi ekstrem mempengaruhi pemenuhan kebutuhan individu dan menegaskan hubungan antara psikologi dan sastra dalam menggambarkan kehidupan manusia.

الملخص

كورنيدي، زيدا نبيل كوثر. (٢٠٢٤). التدرج الهرمي لاحتياجات الشخصية الرئيسية في رواية "الموجة الخامسة" لريك يانسي. أطروحة. قسم الأدب الإنجليزي، كلية العلوم الإنسانية، جامعة مولانا مالك إبراهيم الإسلامية الحكومية مالانغ. المشرف حفيظون أنس، ماجستير في العلوم الإنسانية.

لكلمات المفتاحية: أبراهام ماسلو، التدرج الهرمي للاحتياجات، علم النفس الأدبي.

يتكون المجتمع من أفراد لديهم احتياجات متنوعة تُشكل جزءاً أساسياً من الحياة. وفقاً لنظرية ماسلو (١٩٤٣)، تتدرج احتياجات الإنسان في تسلسل هرمي، بدءاً من الاحتياجات الفسيولوجية وصولاً إلى تحقيق الذات. ينعكس هذا المفهوم في رواية "الموجة الخامسة" لريك يانسي، حيث تكافح كاسي سوليفان لتلبية احتياجاتها وسط أزمة إنسانية ونقص في عدد السكان. تهدف هذه الدراسة إلى استكشاف كيفية تلبية كاسي لاحتياجاتها وتحديد الاحتياج الأكثر هيمنة لديها في الرواية. باستخدام منهج النقد الأدبي وأسلوب البحث النوعي، تطبق الدراسة نظرية التسلسل الهرمي للاحتياجات لماسلو. وتكشف الدراسة عن خمسة أنواع من الاحتياجات التي يجب على كاسي تليتها: السعي لتوفير احتياجاتها الأساسية كالغذاء والمأوى وسط الأزمة، البحث عن الأمان في مواجهة تهديدات الكائنات الفضائية والوضع الغامض، الحاجة للحب والانتماء من خلال بناء علاقات شخصية ودعم عاطفي، السعي للتقدير، وتحقيق الذات وإيجاد معنى للحياة. كما وجدت الدراسة أن الأمان هو الاحتياج الأكثر سيطرةً في رحلة كاسي وسط الأزمة. وتظهر نتائج الدراسة كيف تؤثر الظروف القاسية على تلبية احتياجات الأفراد، وتؤكد العلاقة بين علم النفس والأدب في تصوير التجارب الإنسانية.

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CHAPTER I

INTRODUCTION

This chapter explains the research's background, including the topic and previous studies. It also describes the research problem's significance, scope, and limitations. Finally, it defines key terms to help readers understand the important terms in this research.

A. Background of the Study

In everyday life, the relationship between humans and the hierarchy of needs manifests in various forms and often serves as the primary driver of various individual behaviors and actions (Zuchdi, 1995). As social beings, humans have various fundamental needs that are essential to their existence. According to the hierarchy of needs theory, different needs must be met for a person to feel satisfied, ranging from physiological needs such as food, shelter, and safety to psychological needs such as affection, self-esteem, and self-actualization (Maslow, 1943).

Abraham Maslow's Hierarchy of Needs Theory, often called Maslow's Theory, profoundly influences human life in fulfilling daily needs. Maslow defines all actions chosen based on the motivation to achieve specific needs. According to Maslow (1943), when a person's higher-level needs are met, they tend to feel more confident and capable of facing life's challenges and pressures. Conversely, unmet lower-level needs can lead to various psychological problems, such as anxiety, depression, and lack of confidence (Zielinski, 2022). The hierarchy of needs greatly influences human behavior. Maslow developed the hierarchy of needs theory to

guide human behavior toward achieving goals. Maslow used a pyramid as a framework to visualize his concept of a hierarchy of needs theory.

The hierarchy of needs also plays a crucial role in various aspects of life, including education, work, and social relationships. In education, the need for personal growth and self-development can be an important factor for an individual. For instance, students who believe that learning will help them grow and become the best version of themselves tend to be more enthusiastic about facing academic challenges. Additionally, students with a strong drive to achieve tend to study harder and strive to attain satisfying results (Prihartanta, 2015).

The hierarchy of needs is manifested in various aspects of daily life, the researcher chose the novel *The 5th Wave* by Rick Yancey as the focal point for a deeper investigation using the hierarchy of needs theory. This story illustrates the journey of the main character, Cassie Sullivan, in achieving happiness and fulfilling her needs throughout the narrative. This literary work falls within the science fiction genre and depicts humanity's struggle to survive under challenging conditions, such as an alien invasion that devastates the global population. The main character, Cassie Sullivan, successfully navigates through four waves of the invasion.

The first wave involves disruptions to electricity and transportation; the second wave consists of natural disasters; the third wave entails the spread of infectious diseases; and the fourth wave results in human violence due to a crisis of trust. Therefore, the novel can be analyzed using Abraham Maslow's hierarchy of needs theory. This literary work aims to provide a deep understanding of the

dynamics and impacts of the hierarchy of needs often observed in society. In his theory, Maslow (1943) explains that individuals have a hierarchy of needs that must be fulfilled, from basic to higher-level needs (Prihartanta, 2015).

This novel is interesting because it depicts humanity's struggle against an alien invasion that devastates the global population. It portrays a true humanitarian crisis in which Cassie Sullivan can withstand and overcome complex and conflicting feelings within herself. Despite her constant struggle for survival amid violence and warfare, she also faces deep emotional challenges that influence her thoughts and actions. Her ability to remain steadfast and courageous in the face of despair is one of the aspects that makes this novel compelling.

The main objective of this study is to uncover and delve deeper into how the hierarchy of needs theory is manifested in The novel *The 5th Wave*. The focus is on understanding the various forms depicted in the novel and the fulfillment of the hierarchy of needs. Therefore, the researcher aims to provide an overview of the hierarchy of needs in Rick Yancey's *The 5th Wave*, specifically examining how those needs emerge that are ultimately resolved for the main character and what is the most dominant hierarchical need in the novel.

To support the researcher in examining the forms of the hierarchy of needs, several previous studies related to the theory and objects associated with the research were found. The first research is *The Esteem Needs in the Main Character of 'Me Before You' Movie* (Anggraeni et al., 2021). This study examines the characteristics and hierarchy of human needs, particularly the need for esteem,

which emerges in the main character, Will Traynor. This research reveals seven main character traits that are part of the esteem needs hierarchy: sensitivity, open-mindedness, friendliness, kind-heartedness, confidence, humility, and stubbornness.

The second research is entitled *Analysis of Motivational Messages in Film Rentang Kisah (an approach using Abraham Maslow's theory)* (Ramadhani et al., 2023). This research aims to understand the forms of motivational messages found in the film *Rentang Kisah* from the perspective of Abraham Maslow's Theory. In this analysis, five strata are found, as proposed by Abraham Maslow.

The third research is entitled *Analysis of the short story Love and Lies by Husnul Khotimah regarding Abraham Maslow's Psychological Theory.* (Sahruneza et al. 2024) The analysis intensively explores the literary work, identifying and correlating data with Maslow's theory. This novel is examined through the lens of Maslow's hierarchy, which encompasses physiological, safety, belongingness, love, esteem, and self-actualization needs. These findings assert that all five levels are fulfilled, concluding that the characters in *Love and Lies* fulfill the psychological hierarchy proposed by Maslow.

The fourth study is a psychological *Analysis of the main character in the novel Tuhan, Izinkan Aku Menjadi Pelacur* by Muhidin M. Dahlan, using a Humanistic Psychology approach based on Abraham Maslow's theories (Jumiati et al., 2022). The novel *Tuhan, Izinkan Aku Menjadi Pelacur* addresses the main character's internal conflicts and psychological issues. Based on the analysis using

Abraham Maslow's humanistic psychology theory, 25 pieces of data indicated that the main character's psychological needs, including five hierarchical levels, are well met. Thus, it can be concluded that the character Nidah is intelligent, humble, friendly, and able to appreciate others.

The fifth study examines *Abraham Maslow's humanism in the novel Nayla by Djenar Maesa Ayu* (Widayanti, 2022). This study describes the characters' needs according to Abraham Maslow's humanism theory in the novel *Nayla* by Djenar Maesa Ayu. The research findings indicate that the humanism theory found in Djenar Maesa Ayu's novel *Nayla* consists of 41 data, comprising physiological needs, safety, belongingness and love, esteem, and self-actualization.

The sixth study analyzes *The main character's personality in the novel Pukul Setengah Lima by Rintik Sedu* using the Humanistic approach of Abraham Maslow (Ramadhan et al., 2024). This research aims to uncover the main character's personality in the novel and analyze why this personality can be manifested. This research concludes that the main character does not fully meet these needs. This personality emerges in the main character because they have not reached the peak of self-actualization. They do not fulfill the needs for safety and love. Thus, the main character experiences basic anxiety and is unable to reach the peak of self-actualization because the lower-level needs are not fully met.

The seventh study, in the novel *You've Reached Sam by Dustin Thao* (Izzaet al., 2023), focuses on friendship, family relationships, romantic relationships, and social activities in the novel. Additionally, the main character in the novel fulfills

the needs for love and belongingness through reciprocal relationships, where the researcher identifies three individuals who fulfill these needs as depicted in the novel: Sam's girlfriend, his mother, and his friend Mika. The research is centered around Abraham Maslow's theory of needs, particularly the need for love and belongingness. This study utilizes Abraham Maslow's Hierarchy of Needs theory, specifically focusing on the Need for Love and Belongingness, in analyzing the novel *You've Reached Sam* by Dustin Thao.

The eighth study, titled *Girl's Power Reflected in Rick Yancey's The 5th Wave Novel 2013: A reader's-response Theory*," aims to explore the issue of girl power and other dominant issues revealed in Rick Yancey's novel *The 5th Wave*. The research method employed is qualitative, focusing on subjective text analysis. Four dominant issues are character and characterization, perspective, plot, and writing style. This novel highlights female empowerment through the main female character with three main conclusions: independence, confidence, and empowerment (Wiryadi, 2020).

The ninth research is the *Social Conflict of Cassie Sullivan in Rick Yancey's The 5th Wave Novel 2013*. This research explores the forms of social conflict experienced by the main character, Cassie Sullivan, in the novel *The 5th Wave* by Rick Yancey and how she resolves these conflicts. The research method employed is literary criticism with a sociological approach, using Georg Simmel's social conflict theory. Through qualitative research, three forms of social conflict experienced by Cassie are identified: antagonistic arranged marriage conflict,

conflict of interests, and conflict in intimate relationships. Additionally, Cassie uses two conflict resolution strategies: victory and compromise (Hapsari, 2023).

The tenth research, entitled *The Heroine's Journey which is depicted in the main character of The 5th Wave by Rick Yancey*, this research analyzes the development of the main female character, Cassie Sullivan, in the novel *The 5th Wave* by Rick Yancey using the approach to *The Heroine's Journey* by Maureen Murdock. The results showed that Cassie's journey of transformation involved stages such as Feminine Separation, Masculine Identification, Path of order, Initiation and Descent, Encounter with the Goddess, Spiritual and Emotional Awakening, Integration, and Healing. Cassie progresses from adapting to a post-apocalyptic world to achieving harmony between her feminine and masculine qualities (Mahfudin, 2023).

Therefore, the previous studies described above significantly contribute to this research. The inclusion of studies driven by similar characteristics in terms of research subjects or theories used by the researcher. This research has its specificity and novelty when compared to previous studies. Specifically, this research makes an important contribution to understanding the hierarchy of needs experienced by the character Cassie Sullivan in *The 5th Wave* in a literary context, and needs are most dominant in the novel. Through in-depth analysis, this research focuses on the hierarchy of needs defense mechanisms that Cassie uses to overcome the unexplored hierarchy of needs. Therefore, this update utilizes a classification

approach for concise interpretation. Consequently, research gaps are evident in the aspects mentioned above.

B. Problem of the Study

Referring to the background of the research above, this study proposes the research problem from the research questions below:

1. How does Cassie Sullivan, as the main character, fulfill her needs in the novel *The 5th Wave* by Rick Yancey?
2. What is Cassie Sullivan's most dominant needs in *Rick Yancey's The 5th Wave*?

C. Significance of the Study

The researcher hopes that this study can contribute both theoretically and practically. The theoretical objective of this research is to demonstrate how literary works can reflect real life through human needs and even their psychological states. Furthermore, it illustrates the close relationship between psychology and literature in the same object, namely humans and their lives. Additionally, this research is conducted to further the readers' understanding of literature and psychology. Practically, this study is expected to assist readers in understanding Maslow's hierarchy of needs.

Readers who are interested in learning more about how psychological methods and the hierarchy of needs, are applied in literature may consider this research valuable. The findings are expected to assist readers in gaining a clearer

understanding of the hierarchy of needs, thus facilitating their comprehension of Maslow's theory and the factors and impacts occurring in everyday life.

D. Scope and Limitation

This research discusses the issue depicted in the novel *The 5th Wave*. It focuses on the hierarchy of needs experienced by the main character Cassie Sullivan, and what needs are most dominant in the novel. This research utilizes the psychological theory proposed by Abraham Maslow as depicted in the novel.

Specifically, this study aims to answer questions related to how the main character fulfills his needs and what needs are the most dominant in the novel *The 5th Wave* through understanding the various character needs based on the psychological theory proposed by Abraham Maslow. Therefore, this research is limited to two issues. Narrowing down these two issues does not preclude the possibility for future researcher to re-examine them with a broader focus, potentially resulting in more optimal and diverse outcomes.

E. Definition of Key Term

It is important to define the key terms used in this research to avoid differences in understanding between readers and researcher. These terms are. Hierarchy of Needs: A theory by Abraham Maslow in 1943, consisting of five parts:

1. Physiological Needs: Basic human needs include food, water, air, shelter, sleep, and other biological needs.

2. Safety Needs: The need for safety and security, including physical safety, job security, and stability.
3. Love and Belonging Needs The need for social relationships, affection, friendship, and acceptance from others.
4. Self-Esteem Needs Respect, recognition, achievement, and self-esteem.
5. Self-Actualization Needs: This is the highest level in the hierarchy, encompassing the pursuit of individual potential, creativity, self-awareness, and personal goals (Maslow, 1943).

CHAPTER II

REVIEW RELATED OF LITERATURE

In this chapter, the researcher outlines the theories used in the study. These theories serve as guidelines to provide detailed and in-depth answers to the research questions scientifically. Therefore, this chapter contains several subchapters discussing the hierarchy of needs as an approach from Abraham Maslow's perspective.

A. Psychology of Literature

Literature and psychology have a close, albeit indirect, and functional relationship. Indirectly, this means that literature and psychology share the same starting point: through human life. The functional relationship between psychology and literature lies in their shared examination of individual mental states, albeit with different study subjects: fictional characters in literature and real-life humans in psychology (Endraswara, 2008, p.97). There are three ways to understand the relationship between psychology and literature. The first is to understand the psychological elements of the author as a writer. The second is to understand the psychological elements of the characters. The third is to understand the psychological elements of the readers (Setiaji, 2019)

Literary psychology is a field of study that combines psychological elements and literature to understand how literary works can reveal, and influence human psychological aspects. This includes analyzing literary works, authors, and readers psychologically. According to Minderop (2010), literary psychology

studies literary works that reflect characters' psychology (Minderop, 2010, p.59). Literary psychology focuses on the psychological characteristics of characters in literature. It examines their emotions, thoughts, and behaviors. Humans are the primary focus of literary psychology because they represent the psychological traits found in literary works.

The goal of literary psychology is to understand the psychological aspects contained in literary works (Wellek et al., 1989, p.41). Literary psychology research is conducted in two ways. First, through understanding psychological theories and then analyzing a literary work. Second, by first determining a literary work as the object of research, then determining the psychological theories that are considered relevant to conduct the analysis. So, literary psychology is a literary study that views works as the psychological activity of authors who will use their creativity, taste, and creativity in creating works. Likewise, each reader will respond according to their personality and enjoy the beauty of language, which adds aesthetic value to the reading experience. Through the characters in the story, readers can reflect and understand themselves, and develop imagination as a creative and constructive force (Rahayu, 2009).

The relationship between literary works and psychology is that literary works are seen as psychological symptoms that will display psychological aspects through characters if the text happens to be in the form of prose or drama. Meanwhile, if the text is in the form of poetry, the psychological symptoms will be conveyed in typical lines and word choices. Psychology and literature are not something entirely new because characters in literary works must be brought to life,

given a soul that can be accounted for psychologically. A good author, consciously or unconsciously, incorporates the human spirit into his work. This will be seen in the characters of the story in which the story takes place (Wellek et al., 1989, p.41).

B. Abraham Maslow's Hierarchy of Needs

Abraham Maslow was an American psychologist dubbed the father of humanistic psychology, renowned for his theory on the hierarchy of needs. This theory discusses the concept of psychological health based on fulfilling inherent needs to assist humans in achieving their maximum potential (Irawan, 2005, p.235). His theory is often used in various disciplines such as psychology, management, education, and other fields to understand individual development. Maslow was born in Manhattan, New York, on 1 April 1908, and spent his childhood in Brooklyn. Maslow passed away on 8 June 1970, at the age of 62, due to a sudden heart attack after falling unexpectedly. He was the first of seven siblings from the marriage of Samuel Maslow and Rose Schilosky. During his childhood, Maslow was shy, low in self-esteem, and suffered from severe depression (Feist, 2010, p.326).

The hierarchy of needs is a theory developed by Abraham Maslow. The concept of the hierarchy of needs, as articulated by Maslow, is that needs at lower levels must be satisfied first, or at least sufficiently, before needs at higher levels become more motivating (Feist, 2010, p.331). As explained by Maslow in Gawel (2019), once an individual reaches a level of need and satisfaction, they pursue the next higher level of need in the hierarchy. According to Maslow, humans have innate needs since birth and are hierarchically arranged based on their potential for fulfillment. Needs at lower levels in the hierarchy are stronger, while higher ones

are weaker (Gawel, 2019). Therefore, as human beings with needs, individuals should strive to fulfill these needs through self-motivation or encouragement from others.

The theoretical concept of Abraham Maslow (1943) explains the hierarchy of needs that represent five levels of basic human needs. The five levels of human needs are physiological, safety, love and belonging, esteem, and self-actualization (Maslow, 1943). The levels of basic human needs are arranged from the lowest level to the highest level of self-actualization. In this theory, if someone has been able to fulfill the first level of needs or physiological needs, then the next level of needs will emerge, which is the need for safety so that the fulfillment of these needs increases to the highest level. Level of need, namely self-actualization. Each need at a lower level must be relatively fulfilled before a person can realize or be motivated by the higher-level needs; in other words, each need at a higher level is difficult to fulfill if the needs at lower levels are not optimally satisfied (Annas et al., 2023). Maslow delineates these five levels of needs as follows:

1. Physiological Needs

In the hierarchy of needs, physiological needs are the first or most fundamental level essential for human life. These needs encompass basic requirements that must be met for an individual to survive and maintain their physical health and well-being. This includes air, food, water, sleep, shelter, and clothing. These needs are the strongest and most apparent among others; when they are not fulfilled, individuals will focus on meeting them before reaching higher needs (Maslow, 1943). Maslow's theory suggests that humans prioritize their

physiological needs above others. When someone is hungry and needs security, their hunger takes precedence. Once their hunger is satisfied, they will fulfill their other needs.

According to Maslow, humans continuously encounter desires throughout their lives. The fulfillment of these desires is limitless, but basic needs must be met before other needs arise. Conversely, certain individuals may satisfy or attempt to satisfy their hunger by engaging in other activities, such as drinking water. Therefore, human needs are interconnected and subjective, as Goble (1987) outlined. Physiological needs are related to human instinctual needs, the earliest motivating needs that drive humans to fulfill them (Goble, 1987, p.70). The basic drive of humans is the need for sustenance, and individuals will strive to fulfill this need. Individuals may assume that their food supply can be guaranteed for a lifetime, thus giving rise to a sense of perfection. However, a life limited to the meaning of consuming food considers other aspects as unimportant.

2. Safety Needs

The second tier in Maslow's hierarchy of needs is the need for safety. The need for safety is a long-term survival defense that an individual will fulfill after their physiological needs are sufficiently met. This need for safety encompasses physical security, stability, dependence, protection, orderliness, and freedom from threatening forces such as disease, fear, anxiety, danger, unrest, and natural disasters. The uncertainty faced by humans necessitates individuals to seek assurance, protection, and orderliness to the best of their abilities (Maslow, 1943).

This need drives individuals to obtain peace, certainty, and orderliness within themselves and their environment.

According to Maslow, individuals who feel insecure have a strong desire for order and stability and will strive to avoid anything unfamiliar or unexpected (Goble, 1987, p.70). Therefore, this need is crucial for individuals to focus more on fulfilling their subsequent needs. However, safety needs differ from physiological needs because they cannot be fully met. Thus, the need for safety is a need that is not always entirely fulfilled since humans can never be fully protected from threats or the unpredictable behavior of others. However, individuals can still strive to meet this need to the best of their ability to achieve peace and well-being and fulfill their subsequent needs.

3. Love and Belonging Needs

The third level in Maslow's hierarchy of needs is the need for love and belonging. This need encompasses the desire to seek positive social relationships, affection, and friendship. Humans want to feel loved and accepted and have close relationships with others. This includes the need for family, friendships, and romantic love. Equally important, when these needs are unmet, individuals may experience dissatisfaction and emotional issues. This need plays a crucial role in human motivation and the formation of healthy interpersonal relationships. People desire to be loved and accepted by their group, so they will strive hard to achieve it (Maslow, 1943).

In certain situations, people will strive to fulfill their need for love. Someone within a social environment, such as family or friendship circles, will seek love and affection to create comfort between individuals. In society, a common constraint in many aspects is the fulfillment of the need for love and affection, indicating a failure of adjustment and increasingly severe suffering. Love and affection are often perceived to have various obstacles, limitations, and prohibitions. Nearly all psychopathology emphasizes barriers to the need for love as a primary cause of maladjustment (Maslow, 1943).

4. Self-Esteem Needs

The fourth level in Maslow's hierarchy of needs is the need for esteem. This need involves the desire to receive stable, rational, and usually high evaluations of oneself, to respect oneself or self-esteem, and to be respected by others. Rational self-esteem is based on actual capacity, achievement, and Respect from others (Maslow, 1954). Humans need self-assessment, positive and high evaluations, or even Respect from others. Fulfillment of human needs for self-esteem can encourage individuals to achieve self-confidence. Trust in one's abilities or competence.

This needs is divided into two types. The first is self-esteem, which is the need for strength, mastery, competence, achievement, self-confidence, independence, and freedom. The second is gaining Respect from others, such as the need for prestige, recognition from others, status, fame, dominance, importance, honor, acceptance, and appreciation (Maslow, 1943). If the need for self-esteem is

fulfilled, humans will be more productive due to recognition from those around them for their abilities. However, in meeting these needs, humans often encounter problems that lead to failure, resulting in despair, low self-esteem, weakness, and helplessness, leading to a lack of confidence in their abilities.

5. Self-Actualization Needs

The highest level or the top level in Maslow's hierarchy of needs is the need for self-actualization. The need for self-actualization involves self-fulfillment, awareness of one's full potential, and the desire to be as creative as possible (Feist, 2010, p.341). Humans may still experience dissatisfaction and new anxieties that will soon arise within them, even after the above four needs have been met; only then will someone do what they should. Whatever one can be, one must be. This need is called the need for self-actualization (Maslow, 1954). Humans who need self-actualization are those who are aware of their condition and understand the abilities they possess. Of course, each individual's self-actualization has different standards, depending on the skills possessed by that individual.

According to Goble (1987), the process of actualization is the development or discovery of identity and the blossoming of existing or latent potentials (Goble, 1987, p.70). The potential within each individual varies. In some people, this potential can be formed and developed very rapidly. This can occur in individuals who actualize themselves. Someone who can maximize their potential has achieved the pinnacle of self-actualization. In discovering and developing potential, a person's identity will be revealed and developed according to their perceived life

experiences. When people reach self-actualization and discover their identity, they can fully accept the conditions within themselves.

CHAPTER III

RESEARCH METHOD

In the third chapter, this research outlines the methodological approach used by the researcher. This research method comprises four main elements: research design, data sources, data collection process, and data analysis. This approach aims to assist the researcher in detailing and organizing the research in a structured manner.

A. Research Design

This research falls under the category of literary criticism because it focuses on literary analysis, particularly of a novel. The researcher employs Abraham Maslow's hierarchy of needs theory to analyze Rick Yancey's novel *The 5th Wave*. In his theory, Maslow proposes five hierarchies of needs: physiological needs, safety needs, love and belongingness needs, esteem needs, and self-actualization needs.

Furthermore, researcher apply qualitative research methods. Based on Strauss and Corbin's opinion, this method is suitable for research whose results are not obtained through statistical procedures or numerical calculations (Rahardjo, 2020, p.28). Thus, the data collected are in the form of words, sentences, or paragraphs, not data in the form of numbers.

B. Data Source

The object of research is a novel entitled *The 5th Wave* by Rick Yancey, published in 2013 and totaling 457 pages, published in 2013 and totaling 457 pages.

This literary work is a science fiction novel that explores the theme of invasion threatening the world, particularly Earth. *The 5th Wave* refers to events and disasters occurring gradually during these five waves.

C. Data Collection

In the data collection process, the researcher uses several steps when analyzing the object of research, namely the novel *The 5th Wave*. The researcher took specific actions to ensure the accurate data collected. First, the researcher read the novel to understand the content of the novel as a whole. This process was repeated with a more specific focus on the core elements at the center of this study, and relevant data was marked. The researcher also sought additional data related to the topic from similar objects or theories to provide deeper support for the study.

D. Data Analysis

In the data analysis process, the researcher doing four main stages. The first step involves data sorting, where the researcher separates the previously marked data during the novel's reading. Subsequently, the researcher categorizes the data based on relevant categories or types related to the theory. In the analysis stage, the researcher analyzes each data point individually, referring to Maslow's hierarchy of needs framework. This theory is applied to provide answers to the research questions, as well as interpretations and conclusions drawn. The final step involves summarizing the results of the analysis and drawing conclusions from the overall research.

CHAPTER IV

FINDINGS AND DISCUSSION

In this chapter, the researcher focuses on analyzing the needs of Cassie Sullivan the main character in Rick Yancey's *The 5th Wave*. There are two problem formulations that are the focus of this research: (1) How Cassie Sullivan fulfill her needs in the novel, and (2) What is Maslow's hierarchy of needs that is most dominant in the novel? To answer these questions, the researcher collected data in the form of paragraphs, sentences, and dialogue excerpts from the novel that are relevant to how Cassie meets her needs, including physiological needs, security needs, love and belongingness needs, self-esteem needs, and self-actualization needs. The analysis also aims to show which needs are most dominant in Cassie's struggle to survive amidst the alien invasion and the destruction of the world depicted in the novel.

A. The Ways Cassie Sullivan Meeting Her Needs

In *The 5th Wave*, Cassie Sullivan fulfills her hierarchy of needs through various means. Physiological needs such as eating, drinking and sleeping are met amidst the destruction of the world. Safety becomes a top priority as alien attacks create fear and uncertainty, prompting Cassie to constantly struggle to find protection and build trust. The need for love and belonging also arises, where Cassie Sullivan and other characters. Self-esteem becomes important as they strive to maintain their dignity and prove their worth through courage and resilience. As the story progresses, the need for self-actualization begins to emerge as Cassie

discovers a greater purpose than just survival, develops her potential in leadership, courage, and sacrifice, and finds a deeper meaning in life.

1. Physiological Needs

Physiological needs are the most basic needs and must be met before other needs can be met (Maslow, 1943). Physiological needs are basic needs that include food, water, shelter, and other basic needs. A person is unlikely to be able to meet the needs of the next level if these basic needs have not been met. If one part of the physiological needs cannot be met, it automatically interferes with the fulfillment of the needs at the next level. Cassie Sullivan the main character in the novel *The 5th Wave* has Physiological needs and the way she fulfills these needs will be illustrated in the following novel excerpt:

(Datum 1)

"I'm on a weekly water quest. There's actually a river not far from where I'm camping, but I'm afraid the water is polluted, either by chemicals or sewage or maybe a corpse or two upstream. Or poisoned. Depriving us of clean water is the best way to wipe us out quickly." (Yancey 2013, P.22).

Based on the quote "I'm on a weekly trip looking for water. There's actually a river not far from where I camp," it can be analyzed that Cassie meets her needs by taking active and independent steps to survive. She regularly made trips to look for water, even though the river was quite close by. This shows that Cassie is very careful in fulfilling her needs because the world featured in *The 5th Wave* is full of dangers, including threats from aliens and other humans who have turned into enemies.

Cassie fulfills her needs through strategic planning and action. She doesn't just stand still and wait for help, but keeps moving, thinking logically, and responding to the challenges she faces, such as the need for water and food. She considers safety and risk when making decisions, so while there is access to resources such as water, she does not carelessly exploit them without careful consideration of the potential threats around her. This illustrates her resilience and perseverance in the face of very dangerous situations so that she is able to meet her needs in a smart and considerate way.

(Datum 2)

"To be honest, even if staying here is practically suicide, but I have to keep my promise, I'm reluctant to leave. This forest has been my home for a long time. I know every path, every tree, every tendril and twig." (Yancey 2013, P.34).

Based on the quote above, Cassie fulfills her physiological needs, especially shelter or a place to rest, by making the forest her "home". She uses her knowledge of the forest to create a safe and conducive environment for her survival. Cassie utilizes the forest as a shelter from external dangers such as aliens and other threats. She had explored and recognized every detail of the forest, which helped her feel comfortable and safe in that place.

By understanding the forest terrain deeply. Cassie was able to find a safe location to sleep and rest, thus fulfilling her physiological need for shelter. This shows that Cassie met her needs by strategically utilizing her environment and using her knowledge to survive.

(Datum 3)

"Only the essentials, with my Luger, M16, ammunition, and trusty dagger topping the list. Sleeping bag, first aid kit, five bottles of water, three boxes of Slim Jims, and some ka leng sardines. I hated sardines before the Arrival. They made me love them so much. The first thing I look for when I find a grocery store? Sardines."(Yancey 2013, P.35).

The sentence falls under physiological needs theory, as it describes an individual's efforts to fulfill basic needs that are essential for survival. The items mentioned, such as carrying a sleeping bag that serves as a substitute for home or temporary shelter, a first aid kit for medical care, water for hydration, and food such as Slim Jims and sardines, all serve to keep the body healthy and active.

These physiological needs are the most basic level in Maslow's pyramid, where humans must first ensure needs such as eating, drinking, sleeping, and health are met. The change in attitude towards sardines, which were initially disliked but are now sought after, shows how Cassie Sullivan fulfills her need to survive with what is available. This emphasizes the importance of meeting these basic needs before individuals can think of higher needs.

2. Safety Needs

Once physiological needs are met, individuals move up to the next level of the hierarchy, which is safety needs. Safety needs refer to the need for a sense of safety, stability, and protection from physical and emotional harm.(Maslow, 1943). If safety needs are not met, individuals may experience anxiety and instability, which can impair mental and emotional well-being. Therefore, these needs are considered essential for creating a solid foundation for individual growth and development that allows for stepping up to higher levels of needs, such as social and esteem needs. Cassie Sullivan as the main character in *The 5th Wave* has safety

needs and the way she fulfills these needs will be illustrated in the following novel excerpt:

(Datum 4)

"Still, I consider this M16 the best of the best friends. Always by my side, even at night, sinking into a sleeping bag with me, loyal and trustworthy. In Wave 4, you can't be sure that humans are still humans. But you can be sure that your gun is still your gun." (Yancey 2013, P.25).

Cassie fulfills her need for security and protection by relying on weapons, especially the M16, as a means of survival in uncertain situations. This quote shows that Cassie has an emotional and psychological dependence on her weapon, which not only serves as a tool for defense, but also as a symbol of trust and security. By thinking of the M16 as her "best friend," she creates a sense of protection that makes her feel safer in the face of threats from aliens and potentially dangerous people.

The gun becomes the only thing she believes in and can rely on. Cassie carries the M16 with her when she sleeps, which highlights the importance of physical security in her life. This illustrates how she fulfills her need for protection by keeping her weapon close at hand so that she feels prepared for possible danger at any time. In this context, Cassie uses weapons as a way to create a sense of security and stability amidst the uncertainty she faces, which is an important part of her survival.

(Datum 5)

"But you said something to yourself. Something like, I have to make a plan first. I can't just walk into the lion's den without a plan. Or, There's no hope, it's hopeless. You're waiting too long." (Yancey 2013, P.33).

Based on the quote "I have to make a plan first. I can't just walk into a lion's den without a plan," Cassie fulfills her need for security and survival strategies

through planning and vigilance. This quote reflects Cassie's awareness of the risks she faces in a dangerous world. By realizing the importance of making a plan before facing a dangerous situation, Cassie demonstrated a thoughtful approach to fulfill her need for protection and security. She doesn't just rely on courage or instinct, but also understands that careful planning is the key to avoiding danger and increasing her chances of survival.

By stating that she couldn't "just walk into a lion's den without a plan," Cassie demonstrated critical thinking and the ability to evaluate the situation realistically. She realized that there was no hope if she was not well prepared, so she focused on strategies that could help her stay safe. In this context, Cassie fulfilled her need for security by prioritizing planning and preparedness, which became an important part of her efforts to survive in a threatening and uncertain situation.

(Datum 6)

" My phone had been broken since Wave 1, and it was impossible to charge it again. The cell towers weren't working, and there was no one to call either, but it was my cell phone, and I had to take it with me. Nail clippers, Matches. I don't light fires, but just in case I need to burn something or blow it up." (Yancey 2013, P.36).

In the quote, the statement about the matches reflects the need for security according to Maslow's Theory, which focuses on protection and resilience in risky situations. By keeping matches, Cassie Sullivan demonstrates readiness to deal with potential future threats, both in terms of self-defense and as a means to control the situation. This quote reflects Cassie's awareness of the threats around her and the need to protect herself from harm.

Although she didn't light the fire at the time, the presence of the lighter shows that Cassie felt the need to be prepared for a potentially dangerous situation. The ability to set things on fire or blow them up reflects Cassie's efforts to keep herself safe and provide a sense of security in an uncertain situation. By carrying a lighter, Cassie showed that she was taking steps to ensure her safety. This shows the need for protection, both against external threats from aliens and other dangers that may arise around her. In this context, the lighter is not just a tool, but also a symbol of Cassie's vigilance and readiness to protect herself, fulfilling her need for security in a very dangerous world.

(Datum 7)

"He tried to grab me again. I slapped his hand with my left hand and hit his nose hard with my right palm. Caused a tap of bright blood to open. It flowed into her mouth, and she choked. Her tears bursting out, she collapsed on the path and gave up."(Yancey 2013, P.96).

The sentence describes Cassie's reaction to a physical threat, which is relevant to the theory of security needs in Maslow's Hierarchy of Needs. These needs include protection from physical and psychological harm and the need for stability and safety. In this context, Cassie's actions of slapping a hand and punching someone in the nose are a form of defensive response to a physical threat. She felt threatened and reacted in an aggressive way to protect herself from potential harm.

This shows that she is trying to fulfill a basic security need, which is to maintain her physical safety from attacks that could harm or injure her. Actions like the one described in the sentence are human reactions when their security is threatened. Cassie automatically seeks to defend her safety, which is one of the central tenets of Maslow's theory: when security needs are not met, humans will

focus entirely on trying to regain that sense of security before being able to meet higher needs, such as love, self-esteem, or self-actualization.

3. Love and Belonging Needs

In Maslow's hierarchy theory, love and belonging needs are social needs at the third level after physiological and safety needs. Love includes social relationships such as friendship and affection, which make individuals feel accepted while belonging is related to stable relationships as well as the possession of objects or status that gives a sense of identity. When these needs are met, individuals feel more secure and happy, allowing them to achieve higher levels of needs, such as esteem and self-actualization. Love and belonging support each other in strengthening social relationships (Maslow, 1943). Cassie Sullivan as the main character in *The 5th Wave* has the needs of Love and Belonging and how she fulfills these needs will be illustrated in the following excerpt from the novel:

(Datum 8)

"My plastic bag is jam-packed with photos. Dad. Mom. My brother, Sammy. My grandparents. Lizbeth, my best friend. A picture of Ben You're-That-Handsome-Half-Dead Parish, cut out of my yearbook, because Ben is my future boyfriend and/or/maybe my future husband - not that he knows about that."(Yancey 2013, P.36).

Cassie fulfills her need for love and belonging through a collection of photographs of the most important people in her life. In a situation of uncertainty and threat, carrying these photos became a way for Cassie to maintain a bond with her family and the friends she loved. The photos not only served as memories, but also as symbols of the love and support that she longed for in her shattered life. By

having these images, Cassie created a sense of closeness and belonging to something meaningful that reminded her of meaningful relationships.

Through recognizing the love and closeness of those closest to her, Cassie was able to maintain her spirit and hope amidst her difficult circumstances. This shows that, even though she was trapped in a threatening world, she tried to fulfill her need for affection by cherishing the memories of her loved ones. This reflects the importance of love and belonging in her life journey, giving her the strength to mentally persevere amidst the uncertain situation.

(Datum 9)

"I couldn't tell if he was holding me down or lifting me up. Then Evan Walker kissed me. Keeping my hands on his chest, his other hand rubbed my neck, his touch soft as a feather, sending shivers down my spine to my legs, which struggled to keep me upright. I could feel Evan Walker's heart pounding in my palm and I could smell his breath and feel the newly grown mustache above his lips, contrasting with the softness of his lips, Evan looked at me and I looked back at him."(Yancey 2013, P.233).

The sentence describes an intimate moment between Cassie and Evan, which reflects the need for love and belonging in Maslow's Hierarchy of Needs Theory. After physiological and security needs are met, humans will focus on the needs of love and belonging and warm interpersonal relationships. These needs include the desire to feel loved, accepted, and emotionally and physically connected to others. In the sentence, the interaction between Cassie and Evan that involves gentle physical contact, deep gaze, and a feeling of connection is a clear manifestation of these needs.

Evan's touch, the softness of his kisses, and the attention given through his gaze and gestures all reflect a deeper intimacy. Cassie, who throughout the story

struggles with a sense of loss, loneliness, and uncertainty due to the alien invasion, finds a moment of comfort and belonging in Evan's presence. Cassie feels that she is not alone in her struggles. This relationship gives her a feeling of love and acceptance, which is crucial in fulfilling the third stage of Maslow's hierarchy of needs.

(Datum 10)

"No more hunger, no more war, no more disease. "Don't you understand this could be the next step in our evolution?" then Dad gave me a comforting hug. "We're all very lucky to be here to witness it." (Yancey 2013, P.48).

The sentence "Dad gave me a comforting hug. 'We're all so lucky to be here to witness it.'" reflects the love and belonging needs in Maslow's theory. A hug from dad symbolizes support and affection, which are important aspects of fulfilling love needs. In this context, feeling lucky to be together to witness something meaningful shows a sense of community and social connection, which is part of the human need to interact and have strong relationships with others. Through the hugs and statements, there is a reinforcement of family ties that provide a sense of safety and comfort, while fulfilling the need to feel accepted and loved, and to have a place in the community or group.

(Datum 11)

"I tugged at my father's shirt and put on my best pleading look, the look that usually got me whatever I wanted right. "Please, Daddy, don't do this. It's not right. We have to stay together, we have to." (Yancey 2013, P.116).

This conversation clearly reflects the love and belonging needs in Maslow's theory, especially through Cassie Sullivan's attempts to maintain a relationship with her father. By tugging at her father's shirt and using the "pouty look," the character

shows dependence and a deep desire for love and attention from her parents. The phrase "Please, Daddy, don't do this" emphasizes the fear of losing an important relationship that is part of the need for love and bonding, which is very basic in Maslow's hierarchy. The emphasis on the phrase "we must stay together" shows how important family connections are in dealing with difficult situations, and illustrates the character's sense of belonging to the relationship. This reflects the need for love and belonging.

4. Self-Esteem Needs

Esteem needs are one of the five levels of needs in Abraham Maslow's hierarchy of needs theory. Esteem needs include two main aspects: self-esteem and recognition from others. These include self-confidence, achievement, status, and social recognition (Maslow, 1954). When these needs are met, individuals feel valued and have high self-esteem, which encourages them to reach their full potential. However, if self-esteem needs are not met, individuals can feel inferior, unappreciated, and struggle with insecurity. In a broader context, fulfillment of self-esteem needs is important for creating motivation and mental strength in the face of life's challenges. Cassie Sullivan as the main character in *The 5th Wave* has a need for self-esteem and how she fulfills this need will be illustrated in the following excerpt from the novel:

(Datum 12)

"Cassie doesn't stand for Cassandra. Or Cassidy. Cassie stands for Cassiopeia, a constellation, the throne-bound queen in the northern sky, a beautiful but arrogant queen, placed in nirvana by the sea god Poseidon as punishment for her arrogance. In Greek, her name means "she who talks smart." (Yancey 2013, P.19).

Cassie fulfills her need for identity and self-meaning through understanding and affirming her name. Cassie uses her name as a symbol of strength and uniqueness, which gives her confidence in the midst of uncertainty. By recognizing that her name refers to Cassiopeia, a recognized figure in the northern sky, Cassie creates a bond between herself and a larger meaning, providing inspiration to face the challenges at hand. In this context, she strives to find strength in her identity, despite the destruction of the world around her.

Cassie also uses the knowledge of the origins of her name to strengthen her identity, making her more than just a victim in a dangerous situation. By understanding the meaning behind her name, she was able to assert her position as an individual with skills and the ability to adapt. Cassie's attempt to make her name an integral part of her identity illustrates how she fulfills her need for recognition and self-understanding. Thus, through the assertion of her identity.

(Datum 13)

"We should make a Fermi vapor cannon."

"What is Fermi?"

"The one who found the bomb."

"I thought Oppenheimer was the discoverer." Crisco seemed impressed that I knew history." (Yancey 2013, P.93).

In the conversation, when Cassie Sullivan reveals knowledge of history, including the names of Fermi and Oppenheimer, she indirectly shows an attempt to gain recognition from Crisco. This knowledge serves as a tool to increase self-esteem, because having relevant and interesting information can make someone respected in social interactions.

When Crisco is impressed by the knowledge, it reflects that Cassie Sullivan has succeeded in fulfilling her need for recognition and appreciation, which is an important part of Maslow's self-esteem needs. The pride in being able to provide the correct answer also shows the character's efforts to improve her image in front of her friends, while also creating stronger social relationships through the exchange of knowledge.

(Datum 14)

"I think Dad was surprised but happy to find that I understood quickly. And my coordination is pretty good, thanks to karate class. Dance class is nothing compared to karate in terms of developing graceful body movements." (Yancey 2013, P.108).

The sentence shows that valuing and appreciating one's skills, as well as recognition from one's father strengthens one's self-confidence. When mentioning that "Dad was surprised but happy to find I understood quickly," it reflects the satisfaction of personal achievement recognized by others, in this case her father. In addition, the comparison between dance and karate classes shows that she considers karate as a more valuable activity in developing grace and physical skills. This shows an increase in self-esteem, as one feels proud and more competent when having better abilities in a field. Thus, this sentence reflects the aspect of self-esteem needs in Maslow's theory, namely appreciation of achievements and recognition from others.

5. Self-Actualization Needs

Self-actualization needs are the highest level in Maslow's hierarchy, which comes after basic needs such as physiological, safety, love, and esteem are met.

Self-actualization reflects an individual's desire to reach full potential, develop talents, creativity, and become the best version of themselves. It involves the search for meaning, achievement, and contribution to society. Individuals who fulfill this need tend to be cheerful, open, growth-oriented, and ready to face life's challenges (Maslow, 1954).

In Rick Yancey's *The 5th Wave*, Cassie Sullivan as the main character faces a variety of problems, including the loss of a loved one, the fear of an alien invasion, and the struggle to survive in a destroyed world. As the story progresses, Cassie goes through a long journey filled with uncertainty, sadness, but she continues to survive and try to protect her sister. In the end, Cassie achieves self-actualization by finding courage, strength, and purpose in life, while accepting the role of a warrior who is ready to face threats for the sake of the people she cares about. Cassie Sullivan as the main character in *The 5Th Wave* has self-actualization needs and the way she fulfills these needs will be illustrated in the following novel excerpt:

(Datum 15)

"After a while it was more than I could bear. I want to scream as loud as I can. I want to sing, scream, stomp my feet, clap my hands, anything to make my presence known. My conversation with the soldier was the first words I had spoken aloud, after weeks ago." (Yancey 2013, P.52).

The sentence falls under self-actualization theory, as it reflects the individual's desire to express themselves and actualize their potential. Phrases such as "want to scream at the top of my lungs" and "want to sing" indicate the urge to express feelings and identity in a powerful and authentic way. In this context, individuals are not only seeking attention, but also trying to express their existence and place in the world. Activities such as screaming, stomping, and clapping are

ways to show courage and presence, all of which contribute to the search for meaning and purpose in life. Self-actualization theory sits at the top of Maslow's pyramid, where individuals seek to reach their full potential and develop personality and creativity. In this sense, the statement reflects a deep need to thrive, feel freedom, and be fully oneself.

(Datum 16)

"I may be the last, but I am the last man standing. The last man to turn around to face the faceless hunter in the forest by the abandoned highway. The last human who didn't run, not just not going anywhere, but facing the hunter. Because if I am the last, then I am humanity. And if this is humanity's last war, then I am the battlefield." (Yancey 2013, P.141).

It suggests a deep contemplation of human existence, courage and identity in the context of struggle. In terms of Abraham Maslow's theory of self-actualization needs, we can understand that this delivery highlights the need for individuals to reach their highest potential after other basic needs have been met. The phrase "the last man" reflects that Cassie has reached a level of self-awareness and courage to face the challenges at hand, illustrating the journey towards self-actualization.

The statement "I am humanity" reflects the collective realization that Cassie not only represents herself, but also represents all humanity. This indicates a search for greater meaning in life, which is part of the need for self-actualization. Through confronting the faceless hunter, Cassie demonstrated the drive to not only survive, but also fight against a dangerous situation. Undeterred in the face of "humanity's last war" implies the potential to find strength within oneself when faced with external threats.

The phrase “her battlefield” describes the courage that Cassie creates. She understands that this battle is not only physical, but also symbolic of fighting for humanity's existence, identity and values. Thus, this sentence depicts the journey towards self-actualization as a process of facing the greatest challenges, where individuals discover the power within themselves, while reaffirming the human nature of never giving up, even in the most difficult circumstances. In this context, Maslow's hierarchy of needs shows that self-actualization always involves recognition of identity and the courage to face uncertainty.

(Datum 17)

"If I were you, I would approach him and say, I think it's time. "What are you waiting for?" I asked, my voice more stern than I intended. I slid the chair next to the Silencer's body and pointed toward the bars. "Evan, you go first." "We're not going through there," Evan replied. He took a card from the Silencer's pocket and swiped it on the door lock. The light turned green." (Yancey 2013, P.441).

The statement "What are you waiting for?" reflects a proactive attitude and the courage of the individual who says it. In this context, Cassie not only conveys the urgency to act but also expresses frustration toward any hesitation Evan might feel. This point is crucial as it creates an intense atmosphere and urges individuals to recognize the importance of taking action in critical moments. By shifting her chair and pointing to the bars, Cassie asserts her position, encouraging others to take risks to achieve a higher purpose. This attitude not only reflects confidence but also deep leadership, where she strives to inspire and empower others to avoid being trapped in fear or uncertainty.

Cassie's actions in motivating Evan reveal an understanding of the importance of emotional and psychological support in high-stress situations. There

is a sense of mutual dependence in their relationship, where Cassie, being the bolder one, encourages Evan to take a step forward. This is not merely about individual courage but also about the collective strength that can be achieved when someone is willing to take risks and invite others to join them. Cassie has reached a level of emotional maturity where she understands that acts of bravery are not only beneficial for oneself but also for those around her.

By overcoming fear and choosing to be courageous, the character is not only facing the challenges ahead but also striving to achieve self-actualization, the desire to grow and develop while facing obstacles. This is an important step toward fulfilling a greater potential, driving individuals to not only survive but to truly live with meaning and purpose.

B. Cassie's Most Dominant Need: Safety Needs

Cassie Sullivan's most dominant need in *The 5th Wave* is the Safety Need. Cassie struggles to protect herself from alien threats that disrupt human existence. This security need includes both physical and emotional protection (Maslow, 1954) where they are constantly trying to find a safe place and stabilize their living conditions amidst uncertainty. The presence of an invisible enemy creates deep anxiety, making the need for security a top priority. In the quest for survival, Cassie shows how these basic needs influence their behavior and interactions, emphasizing that in extreme situations, safety is what is most sought after and maintained. In Maslow's needs theory, there are five levels of needs. In this analysis, the researcher decided to focus on the other four needs, such as physiological needs, love and

belonging, self-esteem, and self-actualization, without discussing the need for safety in depth, as the need for safety always accompanies every other level of need.

1. Safety Needs Supported by Physiological Needs

(Datum 18)

"How far?" I ask, peeking over his shoulder "About forty to fifty kilometers. One day if we hurry."

I sat down next to Evan and rummaged through his backpack, looking for something to eat. I found some preserved mystery meat wrapped in wax paper as well as some biscuits. I offered a piece to Evan. He shook his head.

"You should eat," I scolded him. "Stop worrying about everything."

He was afraid we'd run out of food. Evan gave in and ate a piece of biscuit. He took a bite. Chewing thoughtfully, glancing around the barren land as the sunlight disappeared.." (Yancey 2013, P.339).

In this quote, we can see how physiological needs and security needs are interrelated. In accordance with Maslow's hierarchy of needs theory, physiological needs include basic things such as food and water, which is represented by the scene where Cassie searches for food in Evan's backpack. The discovery of preserved meat and biscuits shows an attempt to fulfill these basic needs, which are crucial for their survival in the midst of a difficult situation.

On the other hand, Evan's anxiety about the possibility of running out of food reflects security needs. Security needs include protection from physical threats and assurance of stable conditions, including uncertainty about the availability of resources. Evan's fear of food scarcity creates a sense of insecurity that can impact his emotional and mental state.

The connection between these two needs can be seen in Cassie's action of ordering Evan to eat. By fulfilling physiological needs or eating, she is trying to keep them both emotionally and physically safe. If basic needs such as food are not

met, it will be difficult for them to feel psychologically safe, given the uncertainties and challenges they face. In this context, the fulfillment of physiological needs becomes an important step to support security needs, creating a strong foundation to deal with difficult situations. Through these actions, they are not only struggling to survive, but also working to build a sense of security in an uncertain situation.

2. Safety Needs Supported by Love and Belonging Needs

(Datum 19)

"Evan sat a few meters away from me, resting his rifle on his thigh. He was trembling.

"If your job is to kill us, why didn't you kill me?" I asked.

Evan answered without hesitation, as if he had thought of the answer long before I asked it.

"Because I'm in love with you." Evan said.

My head jerked back against the rough bark of the tree trunk. The bare branches overhead looked sharp against the bright blue sky. "Well, it's a tragic love story, isn't it? Alien invader falls in love with human girl. The hunter for his quarry."(Yancey 2013, P.363).

In the context of analysis using Maslow's hierarchy of needs theory, the interaction between Evan and Cassie reflects the complexity of the need for love and belonging which is closely related to the need for security. At the basic level, security needs are paramount: the situation Cassie finds herself in triggers fears for safety, as Evan, belonging to the alien invader class, may be perceived as a threat. However, Evan's confession of love touches on the higher needs of love.

Love and belonging needs include emotional connection, feeling accepted, as well as the desire to have a deep connection. In this context, the need for love represents an unexpected hope between two parties who are supposed to be enemies. Evan, despite being in a position of power and ready to kill, expresses

feelings that go beyond the basic instinct for survival. Thus, the love that emerges becomes a bridge to fulfill emotional needs in the midst of an urgent threat.

This connection between the need for love and security can be seen in how feelings of love can fulfill a sense of security, not only physical, but also emotional. In tension-filled situations, affection and acceptance from one another can provide an escape or calm in uncertainty. Although Evan is in a position where he could end Cassie's life, his confession forms a complex context: from danger comes the opportunity for mutual understanding and acceptance. This suggests that love, albeit in a tragic context, can provide a form of protection and security from the threats of the outside world.

Although physical security seems more urgent in this dangerous situation, the needs of love and belonging find a way to synergize, by mutually filling the void felt in the tense situation. Both need each other, creating an interesting dynamic between the threat and beauty of love.

3. Safety Needs Supported by Self-Esteem Needs

(Datum 20)

"We listened to the wind whistling between the dry tree branches. We felt the cold of the frozen ground seeping through the soles of our shoes.

"I want to thank you," Ben said.

"For what?"

"You saved my life."

I shrugged. "You pulled me up when I fell," I retorted. "So we're even."

My face was covered in bandages, my hair was a nest of buzzards, I was dressed like one of Sammy's toy soldiers.”(Yancey 2013, P.456)

In the dialog between Cassie and Ben, Ben's expression of gratitude shows gratitude and indebtedness for Cassie's act of rescue. Cassie responded humbly, saying, “So we're even,” reflecting humility despite her recognition from Ben. In this dangerous situation, their interaction built mutual respect, helping to boost their respective self-esteem. Cassie's heroic attitude was recognized, fostering confidence that strengthened their relationship amidst difficult conditions.

Cassie also showed strong perseverance and self-development. The challenges she faced pushed her to prove her worth, fueling her drive to persevere and fight. Every decision she made, from overcoming fears to creating a survival strategy, showed Cassie's incredible courage. Facing every obstacle not only saved herself and her sister, but also instilled a deep sense of confidence. Each achievement reinforced her belief that she was in control of her own destiny, giving her the courage to face the future with more confidence.

4. Safety Needs Supported by Self-Actualization Needs

(Datum 21)

“I squatted in front of Sammy, told him to come up and wrapped his arms around my neck.

“Hold on tight, Sam.” His embrace made me choke. “Ahh,” I gasped. “Not that tight.”

“Don't drop me, Cassie,” he whispered into my ear as I began to climb.

“I won't let you fall.”

Sammy pressed her face against my back, fully trusting that I wouldn't drop her. He'd already been through the alien attack, experienced God only knows what

at the Vosch death factory, and my brother was still convinced that somehow everything would be okay.”(Yancey 2013, P.447).

The sentence reflects the elements of self-actualization in Maslow's hierarchy of needs, where individuals seek to reach their full potential and express themselves authentically. The interaction between Cassie and Sammy shows mutual trust and support. Despite the trauma, Sammy trusts Cassie to protect him, which shows success in building a deep emotional connection, essential for self-actualization.

Cassie takes on the role of protector, showing that she not only protects Sammy physically, but also helps him build confidence. By ensuring Sammy's safety, Cassie reinforced her own sense of self-worth and helped her sister feel more secure. In addition, Sammy's belief that “everything will be okay” shows hope and courage to face uncertainty, two important factors in self-actualization. Cassie's support and Sammy's faith reflect the process towards their self-actualization, despite the difficult situation.

The need for self-actualization is at the top of Maslow's hierarchy of needs, where individuals seek meaning and purpose in life. In Cassie's journey, she not only focuses on basic needs such as food and shelter, but also pursues greater ideals. Amidst constant tension and threats, Cassie tries to overcome despair by adhering to her values and principles. Her heroic actions not only aim to save others, but are also a form of self-actualization, an attempt to be the best version of herself in a dangerous situation. Her struggle reflects the desire to survive while providing hope

for others, showing courage and perseverance in an effort to achieve a deeper meaning of life.

BAB V

CONCLUSIONS AND SUGGESTIONS

In this chapter, researcher summarize conclusions consisting of results and suggestions. The researcher summarizes chapter IV based on the results and discussion of this study. The conclusion is divided into two summaries based on the research problem. First, how Cassie Sullivan fulfills her needs in the novel. Second, the researcher summarized the answer to the second research problem, namely What is the most dominant hierarchy of needs in the novel Then, the researcher also wrote suggestions for further research.

A. Conclusion

In the novel *The 5th Wave*, Cassie Sullivan fulfills her needs in various ways that reflect her struggle to survive amidst the alien invasion. Her physiological needs are met through her search for food and water. Furthermore, Cassie's safety needs are met by seeking protection from alien threats, and relying on weapons and survival skills to protect herself. She also builds trust with others who are equally struggling to survive. In terms of love and belonging needs, Cassie focuses heavily on establishing relationships with others, especially in her search for her family. This emotional attachment gave her significance amidst the chaos. Furthermore, her self-esteem needs were met through her courage and resilience in the face of challenges. Cassie tries to show that she is not only able to survive, but also has strong value and dignity. Finally, Cassie fulfilled her need for self-actualization when she began to search for a deeper meaning than just survival. Through sacrifice

and leadership, she developed her potential and found a greater purpose in life. In these ways, Cassie managed to fulfill each level of her hierarchy of needs despite being in a very dangerous and challenging situation.

The novel *The 5th Wave* is dominated by the need for security in that the story focuses heavily on the struggle of the characters, especially Cassie Sullivan, to protect themselves and their loved ones from the deadly alien threat. A situation full of uncertainty and fear makes the need to feel safe and protected a top priority. The characters in the novel try to find safe havens, forge alliances, and deal with dangerous situations, showing how the threatening environment influences their actions. In this context, the need for security, both physical and emotional, becomes the main driver in their journey throughout the story.

B. Suggestion

The researcher gained a lot of information from the novel *The 5th Wave* and the hierarchy of needs theory proposed by Abraham Maslow after reading it. However, based on the object of research, the researcher only focuses on the main character in the novel to be used in the analysis using this hierarchy of needs theory. In future studies, researcher hope that many analyze this novel because there are still few found in previous studies that use the object of the novel *The 5th Wave* in literary criticism research. Many literary criticism theories and approaches can be used to analyze this novel, such as feminism, structuralism, and other more in-depth literary sociology theories. Future research can also continue this research based on different characters in the novel. In addition, future research can use the same

approach or theory to analyze other objects. Therefore, the researcher hopes that this research can be useful for further research as consideration and reference material.

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