

ABSTRACT

Hajidah, Azmy. 2014. *Level Analysis of Student's Self Disclosure of SMP Maarif NU Pandaan.* Thesis, The Faculty of Psychology. State Islamic University of Maulana Malik Ibrahim Malang.

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Some of the problems that usually occur when at school, especially at the time of the counseling process is when the students do not want to disclose themselves. Though the self-disclosure will greatly helpful in overcoming the problems experienced by the student and help their social interactions. There are several factors that affect the self-disclosure, several is based on the target and sex (gender). Based on the problems above, the issues will be answered in this study is how the level self-disclosure of students both from the aspect of depth, breadth, target, and sex of the teens who are junior high school students of Maarif NU Pandaan.

Self-disclosure is the act of conveying personal information to other people that involves thoughts, feelings, and desires. Personal information is information about themselves is having three dimensions: breadth (breadth), depth (depth), and the target (the target person). In the self-disclosure, gender roles also affect a person's self disclosure, so in this study are also discussed there any differences between men and women against each the target of self disclosure.

The design in this study using a quantitative inferensial and descriptive approach. The sampling technique used was purposive sample or samples aimed. The criteria for the samples in this study were male and female students in the same amount of living with both parents. The method of collecting data using interviews, scales, documentation and observation. And for data analysis using descriptive analysis and analysis of two different test groups of student's t-test, while for the validity and reliability using Cronbach alpha were processed with SPSS 16.0 for Windows.

Based on the analysis on the depth of self-disclosure has two categories that is, 6% of students are "moderate" category, and 94% are in the category of "low". So therefore it can be seen that the majority of students have a depth of self disclosure in the low category. As for the breadth of self-disclosure has three categories, namely, 35% were in the "high" category, 54% were in the "moderate" category, and 11% are in the category of "low". So the majority of students were in the category of self-disclosure on the breadth of them. On the depth self disclosure, there was no difference in self-disclosure between men and women in the target's father, mother, and male friend. But, there are differences between men and women in the target female friends and teachers BK. As for the dimensions of breadth, on the target's father and mother, between groups of men and women showed no difference in the breadth of self-disclosure. While among men and women in the target male friends, female friends and teachers BK is known there is a difference.