

ABSTRACT

Ningsih, Dewi Martia. 2014. The Relationship between Forgiveness and Children's Anxiety in Dealing Effect with Parental Divorce at SMPN 3 Kepanjen Malang. Thesis, Faculty of Psychology. Maulana Malik Ibrahim State Islamic University of Malang.

Supervisor: Drs. H. Yahya, MA

Key words: *Forgiveness, Anxiety, Adolescent, Parental*

Several cases of parental divorce must affect the children psychologically. Moreover they are facing adolescence, as adolescence is a transition period from childhood to adulthood. During this period, children are looking for their true identity. The divorce causes various problems according to the level of problem or psychological conflict they face. One of those them was anxiety. Anxiety is an uncomfortable feeling characterized by worrying, concerning, and being afraid at different levels. To minimize the conditions, one of positive coping taken was forgiveness attitude. Forgiveness is the emotional transformation from negative attitude toward positive attitude.

According to the problem above, the question would be answered in this research was how the level of forgiveness of children in dealing effect with parental divorce at *SMPN 3 Kepanjen Malang* is, and how the level of anxiety of children in dealing with parental divorce at *SMPN 3 Kepanjen Malang* is.

The research design used in this research was the quantitative correlational approach. By *populative sampling technique*, therefore the researcher took all subjects that are the victims of divorce *SMPN 3 Kepanjen Malang* as the sample of research. To collect the data, the researcher used scale, observation, interview and documentation. To analyze the data, the researcher used product moment correlation, and to examine the validity and reliability of the scale the researcher used alpha *cronbach* with the help of SPSS 16.0 for windows.

It can be found from the result that the level of forgiveness of children who became the victim of divorce at *SMPN 3 Kepanjen Malang* was 79.2 % of those subjects were in high level and 20.8% of them were in moderate level and 0% of them was in low level. While the level of anxiety of children who became the victim of divorce was 62.5 % of those subjects were in high level and 25.0% of them were in moderate level and 12.5% of them were in low level. The result of product moment analysis showed that the value of r_{xy} was -0.206 and the value of p was 0.334. Hence there is correlation between forgiveness and anxiety of children in dealing with parental divorce. Because it was the higher of forgiveness, the lower of anxiety of children, on the contrary, the lower of forgiveness the higher of anxiety in children.