

ABSTRACT

Nihayah, Zahrotun. 2014. The Relationships between Assertive and Happiness to Psychology Student Force 2013 UIN Maulana Malik Ibrahim Malang .Thesis. Psychology Faculty of the State Islamic University of Malang.

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Open and honest is a difficult thing to do, among the cause is they don't want to hurt or offend another person. whereas in order to achieve one's happiness requires openness and honesty. To open someone's in need of skills in communication, where there is no fear of hurt or offend other people, they are free to express his opinion, expressed what is love, what's not to like what's wanted, and felt towards others. It is necessary for the existence of Assertive behavior in a social relationship. Assertive students are those who always think positive, easy to put yourself can do strategically, directional activities, under control without harming others and hurting others.

From the explanation above, there are several questions to be answered in this study namely how the level of Assertive Psychology student UIN Maulana Malik Ibrahim Malang The generation 2013, How the level of happiness of Psychology student UIN Maulana Malik Ibrahim MalangThe generation 2013, and how the relationship with happiness assertive Psychology student UIN Maulana Malik Ibrahim MalangThegeneration 2013.

This research is quantitative research korelasional, with assertive as a free variable, and the variable is tied to happiness. The sample in the study is 60 students, out of a population of 241 students of the Faculty of psychology of The generation 2013 State Islamic University of Malang which is a freshman who is still actively followed the lectures, sampling is done with *random sampling* techniques. Method of collecting data using the *Likert scale*. Data analysis use *Product Moment*.

The results showed a 20% high level subject asertif, 65% moderate and 15% lower. Then there are 21.7% of subjects had high levels of happiness, 63,3% medium and 15% lower. Based on the data analysis being done there is a significant relationship between asertif with happiness. As indicated by the results of the 0,657 then can be interpreted that the asertif has the influence on the happiness of 65,7%. A significant correlation was seen from $\text{sig} = 0.000 < 0.05$. Asertif give the contribution of 65,7% whereas the balance 34.3% factors contributed other.