

## ABSTRACT

Shorihah Fauziah, Naila. 2014. The Real Happiness by Women with TORCH Suffers (toxoplasmosis, rubella, CMV, herpes). Thesis. Psychology faculty. State Islamic University Maulana Malik Ibrahim Malang. Advisor: Zainal Habib, M. Hum

---

Keywords: Happiness, TORCH women sufferer.

Everyone try to get happiness in their life. They want forever happiness life. The real happiness is the result of positive psychology. Positive psychology is one of scientific psychology branch that concern with human ability; it does not depend on the human deficiency. The authentic happiness describe the eutectic of people it self, it describes how people show their power or ability. The happiness of women who has TORCH suffers are influenced by some factors. However they get some problems in their life. Some problems that they get are miscarriage, some problems related to their pregnancy, children with abnormal situation both of physically and mentally, people who criticize and stay away from they because of their suffer. But there are some of them who get happiness by their positive emotion, they expect to get children, and they think positively about god. Base on background of study above, the research question perform is “how are women with TORCH suffer get their happiness?”

The purpose of this study is to analyze the real happiness get by women with TORCH suffer.

This research use descriptive qualitative method. The subject of this research are two women about 26-40 years old who positively infected by TORCH provide by laboratory test. This research located in Plandi village, Wonosari, Malang. The researcher uses interview, observation and documentation in doing data collection. She analyzes the data by reduces the data, codify the data and conclude the result. She uses triangulation method with their friend, lecturer that concern in the branch related and advisor in order to check the validity of the data.

The result of this research is that omen with TORCH suffer can get their real happiness. It is influenced by some of factors; marriage, social and religion factors. Base on the subject opinion the real happiness are when the can give something to people around them (*shadaqah*), gather with their family, and educate their children to become a god person for both of their religion and country.