# THE HEROINE'S JOURNEY POTRAYED IN THE MAIN CHARACTER OF RICK YANCEY'S THE $5^{TH}$ WAVE

#### **THESIS**

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# DEPARTMENT OF ENGLISH LITERATURE FACULTY OF HUMANITIES UNIVERSITAS ISLAM NEGERI MAULANA MALIK IBRAHIM MALANG 2023

# THE HEROINE'S JOURNEY POTRAYED IN THE MAIN CHARACTER OF RICK YANCEY'S $\it THE~5^{\it TH}~WAVE$

#### **THESIS**

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I state that the thesis entitled THE HEROINE'S JOURNEY POTRAYED IN THE MAIN CHARACTER OF RICK YANCEY'S THE 5<sup>TH</sup> WAVE is my original work. I do not include any materials previously written or published by another person, except those cited as references and written in bibliography. Hereby, if there is any objection or claim, I am the only person who is responsible for that.

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iv

#### **MOTTO**

Don't be afraid of losing, you still have lots of opportunities to fight until you become a winner of everything you dream of.

(Mahfud)

Ketika dunia jahat kepadamu, maka kau harus menghadapinya. Karena tidak seorangpun yang akan menyelamatkanmu jika kau tidak berusaha

(Roronoa Zorro)

#### **DEDICATION**

This research is a special dedication to my father and mother who have given me support in carrying out this research as well as a lot of love for their eldest child; for lecturers who have always provided knowledge to me all this time; and the last for all my friends who have support, guide me till I finish my study.

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vii

#### **ABSTRACT**

Mahfudin. 2023. THE HEROINE'S JOURNEY POTRAYED IN THE MAIN CHARACTER OF RICK YANCEY'S *THE 5<sup>TH</sup> WAVE*. Undergraduate Thesis. Department of English Literature, Faculty of Humanities, Universitas Islam Negeri Maulana Malik Ibrahim Malang. Advisor: Whida Rositama, M.Hum.

Keywords: Heroine's Journey, Archetypal, 5th Wave

Maureen Murdock created The Heroine's Journey in response to Joseph Campbell's Hero's Journey. The Heroine's Journey offers a different perspective on the psycho-spiritual journey, one that focuses on the experiences and challenges endured by female characters in works of literature, cinema, and mythology. Therefore by using The Heroine's Journey approach the researcher will analyze Rick Yancey's 5th Wave. The researcher will focus on the main female character from the 5th Wave novel Cassie Sullivan with formulate of research question: How are The Heroine's Journey stages potrayed by the main character in Rick Yancey's 5th Wave novel?. The researcher gap that the researcher focuses on analyzing how *The Heroine's Journey* stages potrayed the main female characters in the novel Rick Yancey's 5<sup>th</sup> Wave based on Maureen Murdock Heroine's journey stages: Feminine Separation, Masculine Identification, Road of Trials, Initiation and Descent, Meeting with the Goddess, Spiritual and Emotional Awakening, Integration and Healing, and Sharing the Elixir. The methods used in this research include literary criticism approach in conducting and analyzing research data. The researcher uses Maureen Heroine's Journey approach to describe the stages of The Heroine's Journey of Cassie Sullivan character in the novel Rick Yancey's 5th Wave. This research was applied to gain an in-depth understanding of the stages of Heroine's Journey development in the focus of Cassie Sullivan character and novel ideas. From the results of research that has been carried out Cassie's transformation journey, viewed through Murdock's stages (Feminine Separation, Masculine Identification, Road of Trials, Initiation and Descent, Meeting with the Goddess, Spiritual and Emotional Awakening, Integration and Healing, and Sharing the Elixir), show that her growth from adapting to a post-apocalyptic world, embracing resilience, facing challenges, connecting emotionally, and achieving harmony between her feminine and masculine qualities. Cassie's journey emphasizes her growth, resilience, and the importance of embracing both her traditionally feminine and masculine attributes to navigate a challenging world.

# مستخلص البحث

محفوظين. 2023. رحلة الشخصية الرئيسية مصورة في رواية الموجة الخامسة لريك يانسي. أُطرُوحَة. قسم الأدب الإنجليزي، كلية العلوم الإنسانية، جامعة مولانا مالك إبراهيم الإسلامية الحكومية مالانج. المشرف: ويدا روزيتاما، م.هوم.

الكلمات المفتاحية: رحلة البطلة، النماذج الأولية، الموجة الخامسة

ابتكرت مورين موردوك رحلة البطلة كرد على رحلة البطل لجوزيف كامبل. تقدم رحلة البطلة منظورًا مختلفًا للرحلة النفسية والروحية، مع التركيز على التجارب والتحديات التي تواجهها الشخصيات النسائية في الأعمال الأدبية والسينمائية والأساطير. لذلك، باستخدام نهج رحلة البطلة، سيقوم الباحثون بتحليل الموجة الخامسة لريك يانسي. سيركز الباحثون على الشخصية الأنثوية الرئيسية من رواية الموجة الخامسة، كاسي سوليفان، لصياغة أسئلة البحث: كيف تم وصف رحلة البطلة من قبل الشخصية الرئيسية في رواية الموجة الخامسة لريك يانسي؟ والفجوة البحثية التي يركز عليها الباحث هي تحليل كيفية استناد مراحل رحلة البطلة التي وصفتها الشخصية الأنثوية الرئيسية في رواية الموجة الخامسة لريك يانسي إلى مراحل رحلة البطلة لمورين مردوك: الانفصال الأنثوي، تحديد المذكر، طريق المحاكمات. البدء والنزول، اللقاء مع الإلهة، الصحوة الروحية والعاطفية، التكامل والشفاء، ومشاركة الإكسير. والمنهج المتبع في هذا البحث يتضمن منهج النقد الأدبي في إجراء وتحليل بيانات البحث. يستخدم الباحثون منهج رحلة موربن هيروبن لوصف مراحل تطور شخصية كاسى سوليفان في رواية الموجة الخامسة لريك يانسي. تم تطبيق هذا البحث للحصول على فهم متعمق لمراحل تطور رحلة البطلة في محور شخصية كاسى سوليفان وأفكارها الجديدة. من نتائج الأبحاث التي تم إجراؤها، يمكن رؤية رحلة تحول كاسي من خلال مراحل مردوك (الانفصال المؤنث، تحديد المذكر، طريق التجارب، البدء والنسب، اللقاء مع الإلهة، الصحوة الروحية والعاطفية، التكامل والشفاء، والمشاركة). الإكسير)، يُظهر نموها من التكيف إلى عالم ما بعد نهاية العالم، واحتضان المرونة، ومواجهة التحديات، والتواصل العاطفي، وتحقيق الانسجام بين صفاتها الأنثوية والذكورية. تؤكد رحلة Cassie على النمو والمرونة وأهمية احتضان السمات الأنثوية والذكورية التقليدية للتنقل في عالم مليء بالتحديات.

#### **ABSTRAK**

Mahfudin. 2023. PERJALANAN TOKOH UTAMA YANG DIGAMBARKAN DALAM NOVEL *THE 5TH WAVE* KARYA RICK YANCEY. Skripsi. Jurusan Sastra Inggris, Fakultas Humaniora, Universitas Islam Negeri Maulana Malik Ibrahim Malang. Dosen Pembimbing: Whida Rositama, M.Hum.

Kata Kunci: Perjalanan Pahlawan Wanita, Arketipel, 5th Wave

Maureen Murdock menciptakan The Heroine's Journey sebagai tanggapan terhadap The Hero's Journey karya Joseph Campbell. The Heroine's Journey menawarkan perspektif berbeda mengenai perjalanan psiko-spiritual, yang berfokus pada pengalaman dan tantangan yang dialami oleh karakter perempuan dalam karya sastra, sinema, dan mitologi. Oleh karena itu, dengan menggunakan pendekatan Heroine's Journey, peneliti akan menganalisis 5th Wave Rick Yancey. Peneliti akan fokus pada tokoh utama wanita dari novel 5th Wave, Cassie Sullivan, untuk merumuskan pertanyaan penelitian: Bagaimana The Heroine's Journey digambarkan oleh tokoh utama dalam novel 5th Wave karya Rick Yancey? Celah peneliti yang peneliti fokuskan adalah menganalisis bagaimana tahapan The Heroine's Journey yang digambarkan tokoh utama wanita dalam novel Rick Yancey's 5th Wave berdasarkan tahapan Heroine's Journey Maureen Murdock: Feminine Separation, Masculine Identification, Road of Trials, Initiation and Descent, Meeting with the Goddess, Spiritual and Emotional Awakening, Integration and Healing, and Sharing the Elixir. Metode yang digunakan dalam penelitian ini meliputi pendekatan kritik sastra dalam melakukan dan menganalisis data penelitian. Peneliti menggunakan pendekatan Maureen Heroine's Journey untuk mendeskripsikan tahapan perkembangan karakter Cassie Sullivan dalam novel Rick Yancey's 5th Wave. Penelitian ini diterapkan untuk mendapatkan pemahaman mendalam mengenai tahapan perkembangan Heroine's Journey dalam fokus Karakter Cassie Sullivan dan ide-ide baru. Dari hasil penelitian yang telah dilakukan perjalanan transformasi Cassie dilihat melalui tahapan Murdock (Feminine Separation, Masculine Identification, Road of Trials, Initiation and Descent, Meeting with the Goddess, Spiritual and Emotional Awakening, Integration and Healing, and Sharing the Elixir), menunjukkan pertumbuhannya dari beradaptasi dengan dunia pasca-apokaliptik, menerima ketahanan, menghadapi tantangan, terhubung secara emosional, dan mencapai keselarasan antara kualitas feminin dan maskulinnya. Perjalanan Cassie menekankan pertumbuhan, ketahanan, dan pentingnya merangkul atribut tradisional feminin dan maskulin untuk menavigasi dunia yang penuh tantangan.

## TABLE OF CONTENTS

| THESIS COVER   | . <b></b> |
|--|-----------|
| STATEMENT OF AUTHORSHIP                              | ii        |
| APPROVAL SHEET                                       | iii       |
| LEGITIMATION SHEET                                   | iv        |
| MOTTO  | v         |
| ACKNOWLEDGEMENT                                      | vi        |
| ABSTRACT   | vii       |
| مستخلص البحث   | ix        |
| ABSTRAK  | X         |
| TABLE OF CONTENTS                                    | X         |
| CHAPTER I  | 1         |
| A. Background of The Study                           | 1         |
| B. Problem of The Study                              | <i>6</i>  |
| C. Significance of The Study                         | <i>6</i>  |
| D. Scope and Limitation                              | 7         |
| E. Definition of Key Terms                           | 7         |
| CHAPTER II   | 9         |
| A. Archetypal Criticsm                               | 9         |
| B. Maureen Murdock's Theory of The Heroine's Journey | 12        |
| 1. Feminine Separation                               | 12        |
| 2. Masculine Identification                          | 13        |
| 3. Road of Trials                                    | 13        |
| 4. Initiation and Descent                            | 13        |
| 5. Meeting with the Goddess                          | 13        |
| 6. Spiritual and Emotional Awakening                 | 14        |
| 7. Integration and Healing                           | 14        |
| 8. Sharing the Elixir                                | 14        |
| CHAPTER III  | 15        |
| A. Research Design                                   | 15        |
| B. Data Source                                       | 15        |
| C. Data Collection                                   | 16        |

| D. Data Analysis   | 16                                  |
|--|-------------------------------------|
| CHAPTER IV   | 17                                  |
| A. The Heroine's Journey stages potrayed in Cassie S <b>not defined.</b> | Sullivan's . <b>Error! Bookmark</b> |
| 1. Feminine Separation   | 17                                  |
| 2. Masculine Identification  | 20                                  |
| 3. Road of Trials  | 24                                  |
| 4. Initiation and Descent  | 26                                  |
| 5. Meeting with the Goddess  | 29                                  |
| 6. Spiritual and Emotional Awakening                                     | 33                                  |
| 7. Integration and Healing   | 36                                  |
| 8.Sharing the Elixir   | 39                                  |
| CHAPTER V  | 41                                  |
| A. Conclusion  | 41                                  |
| B. Suggestion  | 42                                  |
| BIBLIOGRAPHY   | 46                                  |
| CURRICUI UM VITAF  | /10                                 |

#### **CHAPTER I**

#### INTRODUCTION

This chapter contains of background of the study, problem of the study, significance of study, scope and limitation, and definition of key terms as the guides in the implementation of this study.

#### A. Background of The Study

The phrase *English Literature* refers to both British and American literature, which can also be defined as all works produced in English, such as scriptures, screenplays, procedures, poems, lyrics, and stories—of which there are two types: nonfiction and fiction. All of these forms lead to the definition of genre, which is "a type or category of text that repeats itself, as determined by structural, thematic, and/or functional criteria" (Duff, 2014, p.14). As an example, consider a fictional story. Science fiction, mystery, thriller, romance, and fantasy are the five basic genres of fiction.

Science fiction, for example, discusses how science plays an important part in contributing to global society (Duff, 2014, p.14). This genre will include sub-genres based on how and where the author choose to start the storyline, which will always have the same plot, like Rick Yancey. Rick Yancey is the author of fifteen novels and a memoir. His works have been translated into over thirty languages, and he has received several distinctions and honors from throughout the world. *The 5<sup>th</sup> Wave* (Yancey, 2013), the first installment of a multi-part

series, is one of his works. In 2013, the dystopian science fiction trilogy was released on a global scale.

The 5<sup>th</sup> Wave (2013) presents an dystopian extraterrestrial invasion from Cassie Sullivan's point of view, a teenage girl attempting to save her brother, Sammy, from the enemy. The story is recounted through the eyes of several other individuals, including Cassie's pre-invasion crush, Lizbeth, Ben Parish, and Evan Walker, a young man whose relationship with Cassie becomes complicated as she learns more about her true identity. The narrative begins with an unsettling, aphoristic sentence about invasions before jumping right into Cassie's story. Cassie encounters a number of obstacles along the route that test her life, education, and wisdom as a woman. Of course, this is an issue that can be linked to Maureen Murdock's(1990). classic approach, The Heroine's Journey.

Maureen Murdock created *The Heroine's Journey* (1990) in response to Joseph Campbell's *Hero's Journey*. *The Heroine's Journey* offers a different perspective on the psycho-spiritual journey, one that focuses on the experiences and challenges endured by female characters in works of literature, cinema, and mythology(Murdock, 1990). Murdock's *The Heroine's Journey* is divided into numerous stages and themes: *Feminine Separation, Masculine Identification, Road of Trials, Initiation and Descent, Meeting with the Goddess, Spiritual and Emotional Awakening, Integration and Healing,* and *Sharing the Elixir* (Murdock, 1990, p.25). Murdock's *The Heroine's Journey* highlights the value of accepting and nurturing feminine qualities and intuition, as well as the importance of maintaining a balance of feminine and male energy (Murdock, 1990, p.24). This

idea has influenced feminist literary analysis and storytelling, shedding focus on the distinctive struggles and character arcs of female characters in literature.

When conducting research study includes a discussion of past research that is relevant since it is critical to minimize duplication. As a result, the researcher must look for changes from earlier studies.

The first of the same category of object to use for the research is preceding study, in Rick Yancey's novel *The 5th Wave*, a Girl's Power is reflected. *was conducted by Rina Wiryadi (2020)*. A Reader's-Response Theory (2013). She explains how people respond to what they read. The goal of the study is to uncover the power issue of the Girls, as well as other major themes in Rick Yancey's novel *The 5th Wave*. This study employs qualitative research, in which data is gathered from words or text and words are subjectively analyzed. Next is previous research has done by Nurhalimah Gurning (2016) titled A Look at the Diction in Rick Yancey's Novel *The Fifth Wave*. The research's goal is to determine the diction's difficulty levels and the most commonly employed in the novel. Taking the Common European Framework of Reference as a starting point, the data is analyzed by aspect (CEFR).

The second of the same category of theory to use for the research has done by Selgenov Arizal Priambudi (2022) where in his thesis focused on Rick Riordan's novel "Heroes of Olympus: The Mark of Athena," with particular emphasis on the solitary journey undertaken by the character Annabeth Chase. Maureen Murdock's theory of the heroine's journey was employed as a framework to assess the narrative's suitability as an exemplar of the heroine's journey archetype, as well as

to explore the dualistic transformation achieved by Annabeth Chase by the conclusion of her journey. next have done by Azizah Ayuningtias and Rahmawan Jatmiko (2020) Where in their study examines the psychological journey of the female heroine in Margaret Atwood's "Surfacing." It employs a psychological approach, specifically drawing on Carl Jung's theory of individuation, to analyze the protagonist's quest for wholeness.

The third previous study that has same theory done by Daniela Lehner (2022) in her journal delves into personal transformation through the Heroine/Hero's Journey self-experiential workshop, inspired by Joseph Campbell's mythological work. Rebillot developed this one-week workshop, combining theater and Gestalt therapy techniques. Through phenomenological vignette research, the study explores participant experiences and transformations during the workshop, emphasizing the embodiment of personality patterns and their confrontation, leading to profound change. Next has done by Gita Mutiara Ramadhanty (2020) where in her journal compares the heroine's journey in the movies "Brave" (2012) and "Moana" (2016) using Maureen Murdock heroine journey theory. It employs a comparative literature approach and is conducted as a literary criticism.

The fifth previous study that has same theory done by Ivory Manchera (2023) where in her thesis explores Joseph Campbell's Monomyth framework in the context of the female protagonist, Aelin Ashryver Galathynius, in the "Throne of Glass" book series by Sarah J. Maas. The study aims to demonstrate that Aelin can be considered a hero by identifying her characteristics and applying Campbell's 17-stage Hero's Journey paradigm to her character arc. Next has done

by Helen Jacey (2010) where in her journal examines Christopher Vogler's Hero's Journey paradigm and its applicability to stories with female protagonists. While Vogler's framework emphasizes a universal human experience, it suggests exploring Jungian feminist theories like Maureen Murdock's Heroine's Journey and Clarissa Pinkola Estes's "Women Who Run With The Wolves" for female-centered narratives.

The seventh previous study that has same theory done by D. A. Williamson (2023) where in his study explores the connection between George Eliot and George Sand, focusing on the psycho-spiritual evolution, or individuation process, of four heroines in their novels. It examines how 19thcentury societal changes led to a reimagining of myth and archetypes in literature, similar to Carl Jung's ideas about individuation. The study utilizes Maureen Murdock's concept of "the heroine's journey" to analyze the heroines' quests for integrated consciousness and how they assimilate personal and collective shadow content. lastly have done by Devina Sofiyanti, Meilani Meilani, and Irwanto Irwanto (2023) in thier journal *The Heroine's Journey* emerged in response to perceived limitations of the Hero's Journey, which is often seen as too malecentric. While the Hero's Journey can apply to female protagonists, differences in character development exist, impacting how men and women relate to story conflicts. Gender equality, as emphasized by Sustainable Development Goal 5, is crucial. The rise of Over the Top (OTT) streaming platforms, accelerated by the COVID-19 pandemic, has reshaped the streaming landscape.

Based on the background above, the researcher decided to investigate the Cassie Sullivan characters in the novel 5<sup>th</sup> Wave because they exhibit heroism in their acts and behaviors and can be classified as a The Heroine's journey using Maureen Murdock's psychological theory. Researchers can evaluate the conduct of characters in literary works using the Hero Archetypal approach because literature represents human behavior through imagination and psychology, which is related to human behavior and connects psychology and literature. The model approach used by the researcher is the correct approach, because by using the Hero Archetypal approach, the researcher can conduct and analyze stage of the heroism of The Heroine's Journey in the female characters in the novel 5<sup>th</sup> Wave a and distinguish it from previous research, this will also answer research gap is that the researcher focuses on analyzing how far the stages of The Heroine's Journey stages potrayed the main female characters in the novel Rick Yancey's 5<sup>th</sup> Wave.

#### **B.** Problem of The Study

In conducting this study, based on the background above, the researcher formulates the research questions: How are *The Heroine's Journey* stages potrayed by the main character in Rick Yancey's 5<sup>th</sup> Wave novel?

#### C. Significance of The Study

This research has two benefits both theoretical and practical. Theoretically, this research contributes to the development of psychological theory by Maureen Murdock which focuses on the *The Heroine's Journey* that is put forward in

analyzing literary works. This study analyzes the *The Heroine's Journey* stages described in the female main character named *Cassie Sullivan* in Rick Yancey's 5<sup>th</sup> Wave. On a practical, the study offers insights for writers, enhances readers experiences, informs screenplay adaptations, contributes to educational practices, and promotes the empowerment of female voices in literature. Through the lens of Maureen Murdock's *Heroine Journey*, *The 5th Wave* becomes a compelling case study that bridges theory and practice in the analysis of female protagonists.

#### **D.** Scope and Limitation

In analyzing 5<sup>th</sup> Wave novel, the researcher use Maureen Murdock pyshcological approach which focus on analyzing and interpreting literary works through the lens of psychological theories and principles of female character on Hero Archetypal aspects that have more than what has been mentioned in the background, the researcher focus on *The Heroine's Journey* framework. This research focuses on the main character in 5<sup>th</sup> Wave Rick Yancey novel, Cassie Sullivan.

#### **E.** Definition of Key Terms

1. Hero Archetypal: The individual is often portrayed as a quester, recognizes that certain archetypal patterns are inherent in human storytelling. someone embarking on a journey or a quest. This journey is not only physical but also symbolic, representing the hero's internal growth, challenges, and transformations (Murdock, 1990)

2. The Heroine's Journey: a concept and framework that Maureen Murdock developed as a response to Joseph Campbell's Hero's Journey, which primarily focuses on male hero and their character arcs in mythology and storytelling. *The Heroine's Journey* offers a different perspective, one that centers on the experiences and challenges of female characters in literature, film, and mythology (Murdock, 1990).

#### **CHAPTER II**

#### REVIEW ON RELATED LITERATURE

This chapter contains of the information the theory of Archetypal Criticsm and Maureen Murdock's *The Heroine's Journey* Theory as the guides in the implementation of this study.

#### A. Archetypal Criticsm

Archetypal literary criticism, rooted in the theories of Swiss psychiatrist Carl Gustav Jung (1966), explores the presence of recurring symbols, themes, and characters in literature that tap into universal human experiences and collective unconscious. This critical approach delves into the archetypes, which are essentially primordial images inherited from our ancestors and embedded in the human psyche (Jung, 1969, p.95). Archetypal analysis seeks to unearth the deeper, timeless meanings behind literary works by examining the symbolic patterns that resonate across cultures and time periods.

Archetypal literary criticism is the concept of the archetype itself—a fundamental symbol or motif that appears across diverse cultures and literary traditions (Jung, 1964, p.43). Common archetypes include the hero, the mentor, the shadow, and the journey. These archetypes serve as fundamental building blocks for storytelling, connecting literature to a broader human experience. By recognizing and understanding these archetypal elements, critics can reveal the profound connections between seemingly disparate works and illuminate the underlying structures that give literature its enduring power (Jung, 1969, p.54).

One key aspect of archetypal literary criticism is its emphasis on the collective unconscious, a concept developed by Jung (1969, p.97). The collective unconscious represents a shared reservoir of memories, experiences, and symbols that are common to all humans. Archetypal critics argue that literature taps into this collective unconscious, creating a shared language of symbols that transcends cultural and temporal boundaries. This perspective encourages scholars to explore the ways in which authors draw upon archetypal elements to communicate with readers on a subconscious level, fostering a sense of shared understanding and resonance

Archetypal literary criticism has proven particularly influential in the analysis of mythology and folklore. Many myths and folktales, across different cultures, exhibit archetypal patterns that reflect fundamental aspects of the human condition. By applying archetypal analysis to these narratives, critics can uncover the symbolic meanings that have persisted through generations (Steven, 1983, p.56). This approach facilitates a deeper appreciation of the cultural significance of myths and folktales, demonstrating how they continue to shape our understanding of identity, morality, and the human experience.

Furthermore, according Vinci & Rathbaurer (1977) archetypal criticism provides a valuable lens for interpreting the symbolic dimensions of literature(Khoury,2006, p.120). It encourages readers and critics to look beyond the surface narrative and consider the deeper layers of meaning embedded in archetypal symbols (Jung, 1964, p30). For instance, the hero's journey archetype can be identified in a wide range of literary works, from ancient epics to modern

novels. This archetype follows a pattern of departure, initiation, and return, offering a template for the protagonist's transformative journey (Jung, 1969, p.175). Archetypal analysis allows scholars to trace variations of this pattern and explore the ways in which different cultures and authors adapt and reinterpret the hero's journey to convey unique messages.

In addition to its focus on universal themes, archetypal literary criticism also highlights the importance of cultural and historical context (Meurs, 1988, p.37). While archetypes may be universal, their manifestations and interpretations can vary based on the specific cultural milieu in which a work is produced. Critics must consider how authors infuse archetypal elements with cultural significance, adapting them to reflect the values, beliefs, and societal concerns of their time (Meurs, 1988, p.38). This nuanced approach ensures that archetypal analysis remains sensitive to the diversity of human experiences and storytelling traditions.

Despite its strengths, archetypal literary criticism has faced critiques for its potential to oversimplify complex works and overlook the individuality of authors and their unique creative contributions. Critics argue that an exclusive focus on archetypes may neglect the nuances and originality present in literary texts, reducing them to formulaic structures (Jung, 1969, p.196). It is crucial for scholars employing archetypal criticism to strike a balance between recognizing universal patterns and appreciating the distinctive qualities that make each work of literature a singular artistic expression.

#### B. Maureen Murdock's Theory of The Heroine's Journey

The framework of the *Heroine's Journey* in the field of literary criticism pertains to a narrative structure and archetypal pattern that is primarily centered on the experiences and growth of female protagonists within the realm of literature. The Hero's Journey, as originally conceptualized by Joseph Campbell, has long been a prevailing framework for the analysis of hero narratives. However, in response to the distinct challenges and character progressions experienced by Heroine, scholars such as Maureen Murdock have put forth the *Heroine's Journey* as an alternative model.

The Heroine's Journey, as previously mentioned, is a notable archetype within the framework developed by Maureen Murdock. The process encompasses various phases, including the initial detachment from feminine attributes, the subsequent adoption of masculine qualities, the undertaking of challenging trials, the encounter with a divine feminine figure, the occurrence of spiritual and emotional enlightenment, the subsequent amalgamation and restoration, and the eventual dissemination of the acquired elixir. This particular approach focuses on the psychological and emotional dimensions of the journey undertaken by a female character (Murdock, 1990, p.24). Murdock's (1990) Heroine's Journey has several key of psychological stages:

#### 1. Feminine Separation

The heroine initiates her expedition by disengaging from her feminine essence or experiencing a condition of asymmetry, frequently attributable to cultural expectations and conventions that undervalue feminine attributes. The potential cause of this isolation could stem from the individual's rejection of her mother, a dearth of influential female figures, or the internalization of patriarchal norms (Murdock, 1990, p.28).

#### 2. Masculine Identification

The Heroine assimilates masculine qualities and beliefs as a means of navigating and persevering within a societal framework that is predominantly governed by males. In order to conform and achieve success, she can choose to repress her emotions, sensitivity, and intuition (Murdock, 1990, p.40).

#### 3. Road of Trials

Similar to the archetypal hero's journey, the Heroine encounters a sequence of trials and hindrances that serve to assess her bravery and resolve. These hardships frequently present themselves as occasions for her to regain the feminine attributes that she has lost (Murdock, 1990, p.56).

#### 4. Initiation and Descent

This stage involves a deep inner journey, where the heroine confronts her fears and unresolved issues, often symbolized by a descent into darkness or chaos (Murdock, 1990, p.69).

#### 5. Meeting with the Goddess

During this particular stage, the heroine finds a formidable and supportive character who aids her in re-establishing her connection with her feminine identity. The individual in question may find guidance and support from a mentor, a maternal figure, or through a personal revelation that facilitates the acceptance and expression of her authentic identity (Murdock, 1990, p.93).

#### 6. Spiritual and Emotional Awakening

The heroine undergoes a significant internal metamorphosis, wherein she embraces and harmonizes her feminine and masculine attributes, resulting in a profound comprehension of her authentic self (Murdock, 1990, p.78).

#### 7. Integration and Healing

The heroine successfully reconciles the divide between her feminine and male attributes, so achieving a state of wholeness and authenticity. She is now able to utilize her distinctive qualities and abilities in order to navigate the world with greater efficacy (Murdock, 1990, p.102).

#### 8. Sharing the Elixir

The heroine, upon completing her journey, returns to her group or society with the intention of imparting the knowledge and therapeutic benefits she has acquired. She has the potential to serve as a catalyst for inspiration and empowerment among individuals, facilitating their personal journeys of self-exploration (Murdock, 1990, p.114).

#### **CHAPTER III**

#### RESEARCH METHOD

In this chapter the researcher will explain the information about Research Design, Data Source, Data Collection, and Data Analysis as a way of conducting this research.

#### A. Research Design

This research is categorized as Literary criticism because this is a research method that focuses on the analysis of literary works using an archetype approach. The researcher uses Archetypal Criticsm with focuses on describing the *The Heroine's Journey* stages in the female character of *Cassie Sullivan* in the novel Rick Yancey's 5<sup>th</sup> Wave. The focus is the analysis of the *The Heroine's Journey* by Maureen Murdock which is used to analyze the psychology stages of a person. Through this approach, researchers are encouraged to study the causes and effects of archetypes in the main character. The researcher used a archetypal criticsm method to describe *The Heroine's Journey* psychologycal stages in the main female characters of the novel by Rick Yancey's 5<sup>th</sup> Wave. This research is applied to get a deep understanding of *The Hero Journey* stages in *Cassie Sullivan* character through focus and novel ideas.

#### **B.** Data Source

The 5<sup>th</sup> Wave is written by Rick Yancey which was released in 2013 and has a total of 572 pages with G.P. Putnam's Sons Books for Young Readers as publication. The 5<sup>th</sup> Wave is considered a dystopian

literature because take place in the aftermath of an apocalyptic event. This dystopian scenario, with its focus on survival in a radically altered world, is a hallmark of dystopian literature.

#### C. Data Collection

In collecting data in this research, the first is by reading the novel as a whole, after reading the novel as a whole, the researcher reads the novel repeatedly along with note-taking to separate which data will be studied. After that, the researcher reduced the data to prevent the leaking of the data that had been recorded in the note-taking. The last thing is to clarify the data, where after reducing the selected data the researcher divides which data has been included in the research study being conducted.

#### D. Data Analysis

In analyzing the data, there are several ways that the researcher must take. Firstly by analyze the content of literary works to carefully and deeply narrate archetypes to reach a deeper understanding of the novel's content, and classify data as the next step. Then the reseracher summing up the group data. Lastly Researchers will draw the conclusions according to according to Maureen Murdock *The Heroine's Journey* Stages.

#### **CHAPTER IV**

#### FINDING AND DISCUSSION

This chapter present the discussion of *Cassie Sullivan* Heroine's Journey based on what the researcher has formulated in the research question.

After conducting the reseach, researcher have found the evidence based on the reseach question that have been conducted above based on the Maureen Murdock *Heroine's Journey* stages described through *Cassie Sullivan* characters in 5<sup>th</sup> Wave Rick Yancey's namely: Feminine Separation, Masculine Identification, Road of Trials, Initiation and Descent, Meeting with the Goddess, Spiritual and Emotional Awakening, Integration and Healing, and Sharing the Elixir (Murdock, 1990).

#### 1. Feminine Separation

The stage where "The heroine starts by distancing herself from traditionally feminine qualities and roles, often in response to societal expectations or pressures" (Murdock, 1990), Where Cassie's initial distancing from traditionally feminine qualities can be understood as a response to the societal expectations and pressures thrust upon her. In a world where trust is scarce, and danger lurks at every corner, she feels compelled to toughen herself, acquire combat skills, and make practical, survival-driven decisions. This transformation aligns with the first stages of Murdock's Heroine's Journey, where the heroine separates from the known and embarks on a journey of self-discovery.

Maybe the last human being on Earth won't die of starvation or exposure or as a meal of wild animals. Maybe the last one to die will be killed by the last one alive (p.26)

The quote above encapsulate the harsh reality of Cassie's existence in *The 5th Wave*. These lines pierce through the *Heroine's Journey* stages, laying bare the brutal nature of a world ravaged by dystopian events. The quote serves as a poignant commentary on the desperation and ruthlessness that define survival in this dystopian landscape. It is a world where the concept of humanity has been warped, and the instinct for self-preservation takes precedence over conventional moral norms.

Cassie's perspective, as conveyed through the quote, resonates with the overarching theme of survival that permeates the novel. The ruthless competition for resources and the constant threat of alien invaders have created an environment where trust is a rare commodity, and vulnerability is a luxury that could be fatal. Cassie's belief that distancing herself from traditional feminine traits and embracing a more resilient and self-reliant persona is essential for survival speaks to the profound impact of the hostile world on her psyche. It highlights the lengths to which individuals are compelled to adapt and transform in the face of existential threats. Through these lines, Rick Yancey not only portrays the brutality of survival but also delves into the psychological and emotional toll such a reality extracts from the characters navigating this desolate landscape. This evidence support by another one:

I would kill for a cheeseburger. Honestly. If I stumbled across someone eating a cheeseburger, I would kill them for it (p.44)

The quote illustrates the extent to which Cassie and the remaining survivors have been stripped of their humanity and the comforts of the world they once knew. It reflects the deprivation and scarcity that define their existence, reducing their desires to the most basic and visceral cravings, such as a cheeseburger. The thought of such a simple pleasure becomes a symbol of the world that has been lost.

From a Maureen Murdock *Heroine's Journey* first stages, this quote can be seen as a representation of Cassie's initial separation from the known world and the distancing from traditionally feminine qualities. In a world where survival is paramount, Cassie temporarily suppresses her softer, more traditionally feminine aspects and focuses on the harsh realities of her environment.

As Cassie's journey progresses, she grapples with the moral complexities of her actions and begins to question the habits she has developed for the sake of survival. She is confronted with the idea that cruelty, a behavior she has exhibited out of necessity, is not an inherent personality trait but rather a learned habit born out of the extreme circumstances she finds herself in. It can be seen based on this quote: *Cruelty isn't a personality trait. Cruelty is a habit (p.128)* 

This realization aligns with the *Heroine's Journey* first stages, particularly in the stage where the heroine confronts her inner demons and unresolved issues. Cassie's recognition that cruelty is a habit suggests a willingness to examine her own actions, question societal expectations, and ultimately seek a more balanced and compassionate approach to her interactions with others. It signifies her growth as a character and her transformation from a survival-driven individual to

someone capable of reevaluating her behaviors in light of her evolving values and principles.

In conclusion, Cassie Sullivan's *Heroine's Journey* first stages initiates with her disengagement from her feminine essence, which is influenced by cultural expectations and conventions. The stark contrast between her pre-invasion and post-invasion life highlights her transformation as she adapts to the new reality of survival. Cassie's journey explores the disengagement from conventional notions of femininity and the emergence of a more resilient and adaptive persona as she navigates a world forever changed by the alien invasion.

#### 2. Masculine Identification

In Rick Yancey's novel "The 5th Wave," the character Cassie Sullivan embarks on a transformative Heroine's Journey second stagesthat involves the assimilation of masculine qualities and beliefs as a means of navigating and persevering within a societal framework predominantly governed by males. This journey aligns with Maureen Murdock's second stages concept of the Heroine's Journey, where the heroine must adapt and integrate traditionally masculine attributes to thrive in a male-dominated world (Murdock, 1990)

Cassie's character embodies the *Heroine's Journey* stages of assimilating masculine qualities in response to the challenges posed by a predominantly maledominated world. Her journey is a testament to her ability to embrace and incorporate these qualities while still retaining her core identity and humanity in the face of extraordinary circumstances.

Come on, Cassie! From seven billion to just one in five months? You're

not the last, and even if you are the last human being on Earth—especially

if you are—you can't let it end this way. Trapped under a goddamned Buick,

bleeding until all the blood is gone—is this how humanity waves good-bye?

*Hell no (p.50)* 

In this quote, Cassie emerges as a symbol of tenacity, refusing to be resigned to the tragic fate that seems to befall her. The desperate plea to herself reflects not only the physical struggle for survival but also the psychological battle against the encroaching darkness that threatens to extinguish the last flicker of humanity.

Cassie's refusal to let the dire circumstances define her destiny is emblematic of her assimilation of traditionally masculine qualities. In a world where vulnerability can be synonymous with weakness and peril, she adapts by embracing resilience, resourcefulness, and an indomitable spirit. This adaptation is not merely a survival tactic but a reflection of the broader societal context that has shifted in the wake of the alien invasion. The quote underscores Cassie's defiance against the constraints of a male-dominated framework, illustrating her determination to carve out a space for herself in a world where the rules of survival have been dramatically rewritten.

Cassie's journey as potential vulnerabilities in a hostile and unpredictable world. Instead, she adopts a more assertive, survival-oriented approach. The quote captures Cassie's resolve to fight against overwhelming odds, even if she is the last human on Earth. Her refusal to give in to hopelessness embodies the perseverance and determination often associated with masculine qualities. It highlights her transformation from a young woman initially shaped by societal

expectations to a fierce and resilient survivor who adapts to the demands of her harsh environment. This supported by another evidence that researcher found:

I may be the last one, but I am the one still standing. I am the one turning to face the faceless hunter in the woods on an abandoned highway. I am the one not running but facing. Because if I am the last one, then I am humanity. And if this is humanity's last war, then I am the battlefield (p.98)

Cassie's evolution into a formidable force, embodying characteristics traditionally associated with masculinity. Rick Yancey crafts a pivotal moment in the narrative where Cassie, against the backdrop of an abandoned highway and the looming threat of the alien invaders, stakes her claim not just as an individual survivor but as the representative of the entire human race. Her refusal to succumb to fear and her choice to confront the unseen adversary head-on symbolize her defiance against the erosion of humanity.

Cassie's initial distancing from traditionally feminine qualities is palpable in her resolve to face the "faceless hunter." The decision to confront rather than retreat reflects her assimilation of qualities such as resilience, courage, and assertiveness—attributes often stereotypically associated with masculinity. This shift in her approach becomes a powerful act of reclaiming agency in a world where vulnerability is synonymous with peril. By casting herself as the battlefield in humanity's last war, Cassie assumes a role traditionally associated with the Heroine's Journey stages warrior defending the realm. In this moment, Yancey not only portrays Cassie as a symbol of strength and fortitude but also challenges conventional gender norms, presenting a protagonist who defies expectations and embodies a multifaceted and empowered identity in the face of annihilation.

However, it's essential to note that Cassie's journey is not just about adopting masculine qualities but also about finding a balance that allows her to retain her humanity.

You can't force yourself to trust. So you put all your doubts in a little box and bury it deep and then try to forget where you buried it (p.286)

Cassie's statement underscores the challenges she faces survival is paramount. To conform and achieve success in this world, she feels compelled to repress her doubts and emotions. She adopts a pragmatic, survival-oriented approach, mirroring the assimilation of masculine qualities that the *Heroine's Journey* second stages often explores.

However, it's important to recognize that Cassie's *Heroine's journey* second stages is not solely about the repression of her feminine qualities. As her character evolves, she learns to strike a balance between self-preservation and authentic expression. She begins to understand that trust is a complex and delicate matter that cannot be forced or entirely buried.

In conclusion, Cassie Sullivan's the second stages of *Heroine's Journey* in "The 5th Wave" is characterized by her second stages of *Heroine's Journey* assimilation of traditionally masculine qualities and beliefs as a means of navigating and persevering within a male-dominated societal framework. Her development of survival skills, independence, self-reliance, leadership, emotional suppression, and adaptability all reflect her ability to assimilate traditionally male attributes to thrive in a world where survival is paramount. Cassie's journey serves as a powerful exploration of gender roles and the adaptability of individuals in the face of extreme adversity.

#### 3. Road of Trials

In Rick Yancey's novel "The 5th Wave," the character Cassie Sullivan embarks on a Heroine's Journey third stages filled with a sequence of trials and hindrances that assess her bravery and resolve. This third stages of journey aligns with Maureen Murdock's concept of the Heroine's Journey, where the heroine faces a series of challenges that test her inner strength and determination (Murdock, 1990)

Cassie Sullivan's character touches on the idea of the *Heroine's Journey* third stages encountering trials and hardships that challenge her resolve and her journey to regain feminine attributes she may have initially distanced herself from.

You know how sometimes you tell yourself that you have a choice, but really you don't have a choice? Just because there are alternatives doesn't mean they apply to you (p.93)

The quote capture a pivotal moment in Cassie's journey as she grapples with the harsh realities of her dystopian world. As she traverses through a landscape marked by devastation and uncertainty, the choices available to her become constrained by the brutal circumstances in which she finds herself.

Cassie's journey is marked by a series of trials and obstacles that force her into moments of introspection. The quote serves as a manifestation of her evolving understanding of agency and choice. As she confronts the challenges before her, Cassie recognizes the constraints imposed by the dystopian landscape, where alternatives are not universally applicable. Yancey paints a nuanced portrait of a protagonist whose journey involves not only physical survival but also a continuous negotiation of ethical and practical choices in an environment that

25

offers limited options. This moment of realization becomes a turning point in

Cassie's character development, highlighting the tension between the desire for

agency and the stark limitations imposed by the unforgiving circumstances of her

world.

In the Heroine's Journey third stages, these hardships and trials often serve

as opportunities for the heroine to regain the feminine attributes she may have

distanced herself from. They challenge her to find a balance between traditionally

masculine and feminine qualities, allowing her to rediscover aspects of her

identity and strengths that she might have temporarily set aside (Murdock, 1990).

I am the one,

Not Running,

Not Staying,

But FACING (p.98)

The quote underscores Cassie's evolution as a character. It signifies her

progression from a state of mere survival to one of empowerment. By declaring,

"I am the one, Not Running, Not Staying, But FACING," she signifies her resolve

to confront the adversities that come her way, even when the odds are stacked

against her.

This declaration embodies the Heroine's Journey perspective, where the

heroine encounters a sequence of trials and hardships that test her bravery and

resolve. Cassie's decision to face these challenges demonstrates her growing

courage and her willingness to reclaim the feminine attributes that she may have

temporarily set aside.

As she navigates her path, Cassie's journey is marked by moments of self-

discovery and reconciliation with her true self. While she may have initially

distanced herself from certain aspects of her identity, her ability to face adversity head-on and embrace both her feminine and masculine qualities ultimately contributes to her growth as a character.

In conclusion, Cassie Sullivan's third stages of *Heroine's Journey* in "The 5th Wave" is marked by a sequence of trials and hindrances that continuously test her bravery and resolve. These challenges range from the basic need for survival in a dystopian world to the more complex trials. Cassie's journey is a testament to her inner strength and determination, as she faces each trial with unwavering resolve and courage, embodying the essence of the *Heroine's Journey* in the third stages.

## 4. Initiation and Descent

In Rick Yancey's novel "The 5th Wave," the character Cassie Sullivan embarks on a profound inner journey that aligns with Maureen Murdock's (1990) concept of the *Heroine's Journey* of stages fourth. This journey involves Cassie confronting her fears and unresolved issues, often symbolized by a descent into darkness or chaos.

Cassie and the other survivors in the story have indeed faced death on numerous occasions due to the alien invasion and the perilous world they inhabit. They have stared into the abyss, and in many instances, they have survived against seemingly insurmountable odds.

We'd stared into the face of Death, and Death blinked first. You'd think that would make us feel brave and invincible. It didn't (p.63)

The quote emphasizes that the experience of surviving these life-threatening situations does not necessarily make the characters feel brave and invincible. Instead, it highlights the complex emotional and psychological toll such experiences can have on individuals. Cassie and her companions may have physically triumphed over death, but they are not exempt from the emotional scars and traumas that come with it.

This quote illustrates the inner journey Cassie is undertaking as she grapples with the psychological and emotional aftermath of her experiences. It suggests that bravery and invincibility are not solely determined by physical survival but also by the ability to process and heal from the emotional wounds inflicted by the harrowing situations they have encountered. Cassie's *Heroine's Journey* fourth stages also occur based on the quote below:

Some things you can never leave behind. They don't belong to the past. They belong to you (p.242)

Cassie, as the heroine of the story, grapples with the weight of her past, marked by the cataclysmic events of the alien invasion. The quote illuminates the idea that some aspects of the human experience are not easily discarded or relegated to the annals of history; rather, they become an integral part of one's identity, shaping perceptions and influencing future actions.

Cassie's journey is not only a physical odyssey of survival but also a psychological and emotional exploration. The recognition that certain things "belong to you" emphasizes a sense of ownership over one's experiences, whether they be traumatic or transformative. Cassie is compelled to confront not only the

external threats posed by the alien invaders but also the internal struggles and scars that linger within her. The acknowledgment that these experiences are an inherent part of her being suggests a narrative shift from mere survival to a more profound quest for self-discovery and acceptance. In embracing the idea that these indelible aspects belong to her, Cassie must navigate a path of integration, finding a way to coexist with her past rather than attempting to escape its clutches. Yancey, through this poignant reflection, weaves a psychological dimension into the fabric of the *heroine's journey* fourth stages, exploring the intricate interplay between past and present in the formation of identity where It supported by quote below.

I don't move. I wait behind my log, terrified. Over the past ten minutes, it's become such a dear friend, I consider naming it: Howard, my pet log (p.289)

As Cassie hides behind the log, trembling with fear, it represents a moment of vulnerability and intense inner turmoil. She is confronting danger and uncertainty, and her instinct is to seek refuge and safety. Naming the log "Howard" serves as a poignant reflection of her need for companionship and comfort in an otherwise bleak and chaotic world.

This moment can be seen as Cassie's descent into the darkness of her own fears and insecurities. It's a metaphor for the inner journey she's embarked upon, where she must confront not only external threats but also her own emotional and psychological struggles. The log, personified as "*Howard*," becomes a source of solace and familiarity in a world where nothing can be taken for granted.

In the context of the *Heroine's Journey* fourth stages, this stage represents Cassie's internal battle, where she must grapple with her deepest fears and unresolved issues. It's a pivotal moment where she confronts her vulnerabilities and begins to understand that inner strength and resilience can be found even in the most unlikely places.

In conclusion, Cassie Sullivan's Heroine's Journey in "The 5th Wave" is marked by a deep inner journey where she confronts her fears, unresolved issues, and the chaos within herself. Her experiences of fear, loss, isolation, trust, vulnerability, and hopelessness shape her character and lead her to a place of self-discovery and resilience. Cassie's inner journey is a testament to the enduring human spirit and the capacity for growth, even in the face of overwhelming darkness and chaos.

# 5. Meeting with the Goddess

In Rick Yancey's novel "The 5th Wave," the character Cassie Sullivan embarks on a fifth stages of Heroine's Journey, and along her path, she encounters a formidable and supportive character who aids her in re-establishing her connection with her feminine identity. This character helps Cassie navigate the challenges of a dystopian world and reconnect with her inner strength and femininity. This narrative aligns with Maureen Murdock's concept of the Heroine's Journey in stages fifth, where the heroine often encounters mentors or allies who guide her on her path (Murdock, 1990)

The first evidence of fifth stages of *Heroine's Journey* occur when dialogue between Cassie and Lizbeth, as presented in the below quote, reflects a

moment of vulnerability and shared anxiety amid the uncertainty of an alieninvaded world. Lizbeth's admission about the things she had hoped to experience underscores the palpable sense of loss and unfulfilled aspirations that characterize life in the aftermath of the invasion.

"There's so much I wanted to do," Lizbeth said. "I've never even..." She choked back a sob. "You know." "I've got a feeling a lot of 'you know' is going on right now," I said.

"Probably right underneath these bleachers." "You think?" She wiped her cheeks with the palm of her hand. "What about you?" "About 'you know'?" I had no problem with talking about sex. My problem was talking about sex as it related to me.

"Oh, I know you haven't 'you know.' God! I'm not talking about that." "I thought we were."

"I'm talking about our lives, Cassie! Jesus, this could be the end of the freakin' world, and all you want to do is talk about sex!"(p.38)

The mention of "you know" alludes to the unspoken desires and experiences that have been disrupted by the cataclysmic events, creating a poignant atmosphere of reflection and regret. Cassie's attempt to lighten the mood with humor about potential clandestine activities beneath the bleachers highlights the characters' coping mechanisms in the face of overwhelming circumstances.

From a Maureen Murdock's *Heroine's Journey* stages fifth, this moment the heroine often encounters mentors or allies who guide her on her path of self-discovery and empowerment. Lizbeth, in expressing her desires and vulnerabilities, becomes a potential ally for Cassie. The shared experience of facing an uncertain and perilous world creates a bond between them, and Lizbeth's openness prompts a deeper level of connection. This interaction signifies the importance of allies in the fifth stages of *Heroine's Journey*, individuals who offer support, understanding, and shared wisdom as the protagonist navigates the challenges ahead.

However, the exchange also reveals a tension between personal desires and the broader context of survival. Cassie's willingness to discuss sex contrasts with Lizbeth's frustration at the perceived triviality of such conversations in the face of potential apocalypse. This dynamic resonates with the broader fifth stages of the Heroine's Journey, where personal desires and relationships coexist with the protagonist's larger quest for self-discovery and meaning. The tension between the personal and the collective becomes a recurring motif in the heroine's journey, emphasizing the need for balance and integration.

As Cassie and Lizbeth navigate their shared experiences, the conversation underscores the multidimensionality of the stages fifth of *Heroine's Journey*. It is not solely a quest for individual empowerment but also a journey that involves navigating relationships, building alliances, and finding strength in collective experiences. The dialogue serves as a microcosm of the complex interplay between personal desires, interpersonal dynamics, and the overarching quest for survival and self-discovery inherent in the *Heroine's Journey* of stages fifth.

Cassie embraces Lizbeth and promises to reconnect once communication channels are restored, it unveils a juxtaposition between the familiarity of pre-invasion thinking and the harsh reality of a transformed existence.

I hugged Lizbeth and told her I'd call as soon as the phones started working again. I was still practicing preinvasion thinking. You know, the power goes out, but it always comes back on. So I just gave her a hug and I don't remember telling her that I loved her (p.40-41)

Cassie's reference to "preinvasion thinking" reflects a mental paradigm anchored in the expectation of normalcy's eventual return—an expectation rooted in the conventional understanding that disruptions, like a power outage, are

temporary. This mindset, however, clashes with the irreversible upheaval caused by the alien invasion, exposing the persistence of ingrained cognitive patterns even in the face of a paradigm shift.

The act of hugging and expressing a desire to stay connected signifies the formation of a crucial bond. In fifth stages of the *Heroine's Journey*, allies play a pivotal role in the protagonist's development, offering guidance and support. The embrace becomes a symbol of mutual understanding and solidarity amid the chaos, pointing to the importance of these interpersonal connections in the heroine's quest for self-discovery and resilience.

Cassie's admission that she doesn't remember telling Lizbeth that she loves her reflects a poignant stages of the *Heroine's Journey*—the struggle to articulate and embrace emotional vulnerability. In the face of unprecedented challenges, the heroine may grapple with expressing deep emotions, often due to the need for self-preservation and a focus on immediate survival. This emotional reserve aligns with the fifth stages of the *Heroine's Journey* where the protagonist learns to navigate complex relationships and grapple with her emotional landscape, demonstrating that emotional expression and connection are integral components of the heroine's evolution.

The scene captures the essence of transition and transformation inherent in fifth stages of the *Heroine's Journey*. Cassie's hug and the unspoken words echo the internal shifts she undergoes as she navigates a world forever altered. The journey involves not only physical survival but also the forging of emotional connections that contribute to the heroine's growth. In this moment of departure,

Cassie is on the cusp of a transformative journey where allies like Lizbeth will play a significant role in shaping her resilience, understanding, and capacity for connection in the tumultuous landscape of the post-invasion world.

In conclusion, Cassie Sullivan's stages fifth of the *Heroine's Journey* in "The 5th Wave" is enriched by her encounters with formidable and supportive female characters who play a crucial role in helping her re-establish her connection with her feminine identity. Through these relationships, Cassie finds strength in vulnerability, bonds with fellow survivors, and learns from the wisdom and guidance of other women. The mutual empowerment shared among these characters redefines traditional gender roles and expectations in a dystopian world, highlighting the importance of female connections and support in the heroine's journey toward self-discovery and authenticity.

# 6. Spiritual and Emotional Awakening

In Rick Yancey's novel "The 5th Wave," the character Cassie Sullivan embarks on a Heroine's Journey sixth stagates that leads to a significant internal metamorphosis. Through her journey, Cassie undergoes a transformation in which she embraces and harmonizes her feminine and masculine attributes, resulting in a profound comprehension of her authentic self. This transformation aligns with Maureen Murdock's concept of the Heroine's Journey sixth stages, where the heroine integrates all aspects of her identity (Murdock, 1990)

Cassie's reflection touches upon the idea of duality and contrast, which is a significant theme in her character development throughout the novel. Initially, Cassie, like many survivors in the dystopian world, is driven by the need for

survival. She distances herself from traditionally feminine qualities as she adapts to the harsh and unforgiving environment dominated by the alien invaders.

You can only call someone crazy if there's someone else who's normal. Like good and evil. If everything was good, then nothing would be good (p.17)

The quote above serves as a catalyst for Cassie's evolving perspective as she navigates the tumultuous terrain of a post-alien invasion world. As she embarks on her journey, the dichotomies of "crazy" and "normal," as well as "good" and "evil," begin to unravel in the face of unprecedented challenges. Cassie, confronted by the complexities of survival, starts questioning societal norms and understanding that the distinctions that once defined human behavior have become malleable.

Cassie's journey becomes a voyage of self-discovery and adaptation. The realization that the world is no longer governed by absolutes challenges her preconceptions. The blurring of lines between "crazy" and "normal" signifies her acknowledgment of the spectrum of human experiences and responses to trauma. In this evolving landscape, Cassie grapples with her own transformation, recognizing that her survival necessitates a synthesis of both traditionally feminine and masculine attributes. Yancey paints a nuanced portrait of a protagonist shedding the constraints of binary thinking, embracing the fluidity of her identity, and understanding that the quest for survival requires a holistic integration of strength and vulnerability, assertiveness, and empathy. The quote encapsulates not only Cassie's internal metamorphosis but also the broader

thematic exploration of the malleability of societal constructs in the face of extraordinary circumstances.

In essence, Cassie's journey aligns with the Heroine's Journey sixth stages, as she learns to harmonize her contrasting qualities and embrace her authentic self. The quote emphasizes the complexity of her character development and her profound comprehension of the evolving world and her place within it.

Sarcasm doesn't appear to work on him. If that's true, I'm in trouble: It's my normal mode of communication (p.140)

Cassie's observation about her reliance on sarcasm as her "normal mode of communication" is significant in the context of her character development. In the early stages of her journey, Cassie's survival instincts led her to adopt a more assertive and resilient demeanor, which often included the use of sarcasm as a defense mechanism. However, as she encounters Evan and experiences a shift in her emotional landscape, Cassie begins to recognize the limitations of sarcasm in the realm of genuine human connection and vulnerability. This realization signifies a transformation in her character, as she starts to harmonize her traditionally masculine attributes, like toughness and sarcasm, with her feminine attributes, such as emotional openness and empathy.

The quote underscores the importance of Cassie's internal metamorphosis. She is learning that her authentic self is not limited to the survival persona she had adopted. Instead, she's discovering the value of emotional authenticity and genuine communication in her relationships with others, especially with Evan.

In the *Heroine's Journey* stages sixth signifies Cassie's growth and her ability to embrace both her feminine and masculine attributes as she strives for a more balanced and authentic self. It also reflects her evolving understanding of the complexity of human connection and the role of vulnerability in building meaningful relationships.

In conclusion, Cassie Sullivan's *Heroine's Journey* stages sixth in "The 5th Wave" is a powerful narrative of her significant internal metamorphosis. Through her journey, she reconciles and harmonizes her traditionally masculine and feminine attributes, resulting in a profound comprehension of her authentic self. This transformation is evident in her ability to balance strength and vulnerability, embrace empathy and connection, reconcile trauma, lead with compassion, and ultimately discover her authenticity. Cassie's story serves as a testament to the transformative power of self-discovery and the integration of all aspects of one's identity, highlighting the journey towards a more authentic and harmonious self.

## 7. Integration and Healing

In Rick Yancey's novel "The 5th Wave," the character Cassie Sullivan embarks on a Heroine's Journey that culminates in her successfully reconciling the divide between her feminine and male attributes, ultimately achieving a state of wholeness and authenticity. This journey aligns with Maureen Murdock's concept of the stages seventh of Heroine's Journey, where the heroine integrates and embraces all aspects of her identity (Murdock, 1990).

the character Zombie, also known as Ben Parish, represents an essential element of Cassie Sullivan's journey. Ben's story involves personal promises,

inner conflicts, and a struggle to reconcile his masculine and feminine attributes.

This journey mirrors Cassie's own path of self-discovery.

The kid who didn't go back when he should have and now goes back when he shouldn't. The kid called Zombie, who made a promise, and if he breaks that promise, the war is over - not the big war, but the war that matters, the one in the battlefield of his heart.

Because promises matter. They matter now more than ever (p.270)

Ben's inner battlefield, described as "the battlefield of his heart," symbolizes the internal turmoil and conflicts that individuals, including Cassie, face as they navigate their journeys. Promises, in this context, represent commitments and personal integrity. Ben's promise holds great significance not only for himself but also for the larger emotional and moral landscape of the story. From Cassie's perspective, witnessing Ben's inner conflict and commitment to keeping his promise serves as a reminder of the importance of staying true to one's values and commitments, even in the face of adversity. It reflects her own growth in embracing her authentic self, as she learns to balance her traditionally masculine and feminine attributes.

In the stages seventh of *Heroine's Journey*, the successful reconciliation of inner conflicts and the achievement of wholeness and authenticity are central themes. This quote highlights the broader message that promises and personal integrity matter deeply, as they contribute to the heroine's growth and the resolution of her inner battles.

Cassie's perspective on the transformative effects of adversity and hardship is significant. She acknowledges that the challenges and trials they have faced have not only tested their resilience but also shaped their character. This

recognition aligns with the stages seventh of *Heroine's Journey*, where the heroine's trials serve as opportunities for growth and self-discovery.

What doesn't kill us sharpens us. Hardens us. Schools us. You're beating plowshares into swords, Vosch. You are remaking us. We are the clay, and you are Michelangelo. And we will be your masterpiece (p.370)

Cassie's reference to Vosch beating "plowshares into swords" implies that the challenges they face are not merely obstacles but also catalysts for transformation. The concept of "remaking us" suggests that adversity has the power to reshape one's identity and character, an idea that resonates with Cassie's own journey of self-discovery and reconciliation. The comparison of Vosch to Michelangelo emphasizes the idea of a skilled creator molding the clay into a masterpiece. In this context, Cassie and the other survivors are the clay, and their experiences and challenges are the sculptor's tools. This metaphor underscores the theme of personal growth and transformation throughout the narrative.

From a *Heroine's Journey* stages seventh, this quote represents the heroine's realization of the transformative power of her journey and her ability to reconcile her feminine and masculine attributes. It signifies her journey toward wholeness and authenticity as she embraces the lessons learned from adversity.

In conclusion, Cassie Sullivan's stages seventh of *Heroine's Journey* in "*The 5th Wave*" reaches its culmination as she successfully reconciles the divide between her traditionally masculine and feminine attributes. Her journey toward wholeness and authenticity is marked by the balance of strength and vulnerability, the embrace of compassion and empathy, and the acceptance of her multifaceted identity. Cassie's leadership style, rooted in strength and compassion, further

illustrates her integration of traditionally masculine and feminine qualities. Moreover, her role as a catalyst for others to embrace authenticity highlights the transformative power of her own journey.

# 8. Sharing the Elixir

In Rick Yancey's novel "The 5th Wave," the character Cassie Sullivan undergoes a Heroine's Journey that culminates in her returning to her group or society with the intention of imparting the knowledge and therapeutic benefits she has acquired. This journey aligns with Maureen Murdock's concept of the Heroine's Journey last stages, where the heroine ultimately shares her wisdom and healing with her community (Murdock, 1990).

I'm sorry, Sams. I said no matter what, but what you're too young to understand is there's more than one kind of bullshit. There's the bullshit you know that you know; the bullshit you don't know and know you don't know; and the bullshit you just think you know but really don't.

Making a promise in the middle of an alien black op falls under the last category. So...sorry (p.136)

In this quote, Cassie reflects on the complexity of promises made in the midst of extreme circumstances, such as an "alien black op." Her apology to Sams, her younger brother, reveals her realization that the promises she made may not hold the same weight or relevance in their changed world. This reflection is indicative of Cassie's personal growth and the wisdom she has gained throughout her journey.

From the Heroine's Journey last stages, Cassie's understanding of the various types of "bullshit" underscores her evolved perception of the world. She has transitioned from a survival-focused mentality to a more nuanced and mature

perspective. This shift in perspective is a hallmark of her journey, as she has learned to navigate the complexities of her dystopian reality.

The act of apologizing to her younger brother, Sams, is significant because it reflects Cassie's intention to share her newfound wisdom and self-awareness. She recognizes that Sams may not fully understand the intricacies of the promises she made, and she acknowledges her own growth in awareness.

This last stage in the *Heroine's Journey* involves the heroine returning to her group or society with the intention of imparting the knowledge and therapeutic benefits she has acquired. In Cassie's case, it signifies her desire to guide and protect her younger brother while also acknowledging her own vulnerabilities and the uncertainties of their world.

In conclusion, Cassie Sullivan's *Heroine's Journey* last stages in "The 5th Wave" culminates in her return to her group or society with the intention of imparting knowledge and therapeutic benefits. Her journey reflects her role as a messenger of survival skills, trust-building, resilience, emotional healing, and authenticity. Cassie's mission is not only to survive but to help others thrive in a world forever altered by the alien invasion. Her actions exemplify the transformative power of personal growth and the capacity to inspire and empower others on their own journeys of self-exploration and healing.

#### **CHAPTER V**

#### CONCLUSION AND SUGGESTION

In this chapter, the researcher draws conclusions and provides recommendations based on the findings and analyses conducted throughout this research study.

## A. Conclusion

In conclusion, the by using of Maureen Murdock's *Heroine's Journey* approach to applied in the character of *Cassie Sullivan* in Rick Yancey's novel "The 5th Wave" has provided valuable insights into her character development and the overarching themes of the narrative. Through the lens of Murdock's stages—Feminine Separation, Masculine Identification, Road of Trials, Initiation and Descent, Meeting with the Goddess, Spiritual and Emotional Awakening, Integration and Healing, and Sharing the Elixir—the researcher have witnessed Cassie's transformative journey.

Cassie's journey begins with a separation from her traditionally feminine qualities as she adapts to a dystopian world, where the narrative take place in the aftermath of an apocalyptic event reflecting the Feminine Separation stage. Her survival instincts lead her to embrace more traditionally masculine attributes, such as resilience and self-reliance, then next stages to the Masculine Identification stage. The third stages Road of Trials challenges Cassie's resolve and forces her to confront her fears and limitations. Her experiences during the alien invasion symbolize the Initiation and Descent stage, pushing her to the brink of despair.

Meeting Lizbeth represents Cassie's Meeting With the Goddess, as her support and emotional connection allow her to explore vulnerability and emotional authenticity. Throughout the narrative, Cassie undergoes a profound Spiritual and Emotional Awakening stage, as she reconciles her contrasting attributes and gains a deeper understanding of herself. In the Integration and Healing stage, Cassie learns to harmonize her masculine and feminine qualities, achieving a sense of wholeness and authenticity.

Finally, Cassie's journey culminates in Sharing the Elixir, as she returns to her group with newfound wisdom and a desire to guide and protect her younger brother, Sams. This analysis highlights how Cassie's character aligns with the stages of the Heroine's Journey, emphasizing her growth, resilience, and the importance of embracing both her traditionally feminine and masculine attributes to navigate a challenging and evolving world.

# **B.** Suggestion

This thesis offers a comprehensive exploration of character development within the framework of Maureen Murdock's Heroine's Journey stages approach, using Cassie Sullivan from Rick Yancey's novel "The 5th Wave" as the focal point of analysis. By dissecting Cassie's journey through the stages of Feminine Separation, Masculine Identification, Road of Trials, Initiation and Descent, Meeting with the Goddess, Spiritual and Emotional Awakening, Integration and Healing, and Sharing the Elixir, this research aims to shed light on the intricate nuances of her transformation as a literary heroine.

Cassie's evolution serves as a compelling case study in understanding how a female character navigates the complexities of a dystopian world while reconciling traditional feminine and masculine attributes. This analysis not only contributes to the field of literary studies but also provides valuable insights into the depiction of strong, multidimensional female characters in contemporary literature. Additionally, it underscores the significance of applying Murdock's Heroine's Journey approach as a powerful tool for unraveling the layers of character development and the broader thematic elements in young adult dystopian fiction.

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