

## ABSTRACT

Noviana, Faizah.2014.The Relationship between Social Support and Optimism Parents who have Children with Retardation of Mental in SLB (Special Schools) Putra Jaya Malang. Thesis. Faculty of Psychology. State Islamic University of Maulana Malik Ibrahim Malang. Supervisor: Dr. Iin Tri Rahayu. M.Si.

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Keywords : Social Support, Optimism.

In a life not all children are lucky to be born with the physical, psychological, and cognitive normal and healthy. But in fact not a few parents who do not normally have children, for example children mental retardation. Their happiness was eventually turned into disappointment for their hopes to get healthy normal children and they did not get, because children with mental retardation referred to child mental mental retardation. Various emotional reactions appeared one of them is a feeling of inadequacy and shame. Feelings of inadequacy is demonstrated for yourself for not able to give birth to a normal child. This causes most parents tend to withdraw to other family members or friends. Causing limitations relationships between parents with family, friends or neighbors. In addition, parents tend to feel pessimistic and think that their children can not do any form of routine without assistance from others, and considered that the future of the child whose parents are not as good as expected.

Based on this background, the researchers wanted to find out the level of social support for parents who have children with mental retardation, the level of optimism of parents who have children with mental retardation and the relationship between social support with optimism parents of children with mental retardation in SLB Putra Jaya Malang .

This type of method used is quantitative method, which consists of optimism as the dependent variable and social support as independent variables. Total population of 60 people. Sampling technique using purposive sampling techniques to study the subject as much as 30 parents of children with mental retardation in SLB (Special Schools) Putra Jaya Malang . The research instrument used is the scale of social support as many as 17 aitem and optimism scale as much as 19 aitem . To analyze the data using the technique of Pearson Product Moment Correlation coefficient through SPSS 16.0 for Windows.

The results showed that : 1. The level of social support derived parents who have children with mental retardation in a category is, is equal to 73.3 % . 2. The level of optimism parents who have children with mental retardation in SLB Putra Jaya Malang are in the medium category, which is 70 % . 3. There was a significant relationship between social support with optimism parents who have children with mental retardation in SLB ( Special Schools ) Putra Jaya Malang.