ABSTRACT


Supervisor: Dr. M. Mahpur, M. Si

Keyword: Psychological well-being, Adolescents become pregnant outside of marriage

Pregnancy is a logical consequence of premarital sexual relations. Various problem sex experienced by adolescents who experienced a premarital conception, ranging from marriage, change of life and freedom. A Adolescent who suffered a pregnancy outside of marriage would undergo a change in his life such as the demand to be a wife and mother. Psychological wellbeing becomes an important condition for adolescents who get married due to pregnancy outside of marriage in order to continue to live their lives by developing the potential possessed.

This study aims to describe the psychological well-being of adolescents, the efforts made to achieve psychological well-being and the factors that influence adolescent psychological well-being pregnant out of wedlock.

The method used in this research is a case study. Subjects in this study is one person with the characteristics of the female population is aged 12-21 years and who had been married for pregnant out of wedlock.

The results showed that the picture of psychological well-being during pregnancy is different from when the subject of psychological well-being has spawned. These changes appear on positive relationships with others, self-acceptance, purpose in life and the environment is getting better mastery. Efforts are being made to achieve psychological well-being is to let go and think positive. The factors that influence the psychological well-being is of age, personality, past experiences, social support, parental closeness, marital conflict. The impact of these conditions is the emergence of self helplessness and unhappiness.