ABSTRACT

Haryanto, Didin. 2012. The influence of Social Support on the Stress Students Compose Lecturer Thesis the Faculty of Psychology of the State Islamic University (UIN) Maulana Malik Ibrahim Malang

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Social support is a form of interpersonal relations which provide assistance in the form of individual attention, assistance, provision of information and the instrumental award or judgment on individuals by the social environment. Social support can come from many different sources, such as a life partner, family, friends, co-workers, or communication. On the study of social support will be focused on supervising thesis faculty support due to the interaction of the most widely performed of students who are crafting a thesis is by supervising professors.

Stress is a condition that results when human beings and the environment—either real or transaction is not real—between the demands of the situation and the resources with regard to the human condition-owned biological, psychological or social. Stress can be conceptualized in 3 ways (Baum; Coyn & Holroyd; Hobfoll, in Sarafino, 1998): (1) Stress as a stimulus, (2) Stress in response, (3) Stress is a process which involves a stressor and strain. Stress reactions involving biological, psychological, and social, which could mean as the negative circumstances and circumstances (distress) which is positive (eustress). Stress that students make up central thesis refers to the stress which means negative circumstances (distress), is a State that is not pleasant because of the gap between the demands from outside and from within the student's condition at the time they devise new directives. Thesis is the final assignment as an embodiment of the ability researching prospective scientists at the level of our undergraduate programs.

The purpose of this research is, to find out how the level of social support supervisor of student lecturers Central thesis, how to tackle the stress level of students who worked on the Central thesis, and how the relationship of social support level supervising lecturers to stress Middle students compose a thesis at the Faculty of psychology of the State Islamic University (UIN) Maulana Malik Ibrahim Malang.

This research uses a quantitative approach. Sample research as much as 35 students faculty Psychology (UIN) Maulana Malik Ibrahim Malang and data retrieval method using angket and interviews. On data processing using the Product Moment Correlation of Pearson, and test the validity of a realibilitas Alpha Cronbach and wear. Processing of such data processed with 9.9 for Windows program SPSS.

Based on the analysis of the study, obtained the following results: social support Level supervising lecturer is divided into 3 categories. Category social support has a high percentage of 14.2%, category of social support were 46.2%, and low social support category was 2.8%. So it can be inferred that levels of social support supervisor in category lecturers were 46.2%. Stress level students are divided into 3 categories. Students have a high category stress 2.8 percentage%, category was 37.3% student stress, and stress is low student category 23.1%. So it can be inferred that the stress level of students residing in the category are 37.3%. Social support of influential mentors-lecturers to stress student 0,300.