

ABSTRAK

Adam, Sumitro: (2012), *The Correlation Between the Emotional Mature with Problem Focused Coping of the Students on Ma'had Putra Sunan Ampel Al Ali UIN Maliki Malang*, Thesis, Faculty of Psychology, Islamic State University Maulana Malik Ibrahim Malang.

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Each people always have the problems. It can be individual or social problems. And all the people always try to find the right solution for this. Each solution needs strategy and one of the strategy to solve the problem is problem focused coping. According to Lazarus and Folkman (1986), problem focused coping is a coping strategy to solve the problem through an action for eliminating or manipulating the problem sources directly. One of the influence factors is the emotional mature. According to Hurlock (2000), the emotional mature can be known as a condition or reaction of the stable feeling on an object of the problem so that the individual can make the decision or take way a behaving based on a consideration and his mood cannot be changed easier. The emotional mature is an individual intern factor. Beside the intern factor, there are another variable which influence the

problem focused coping. It is well known as external factors which are consisted of socio demography, experience, and social networking. The emotional mature is assumed has correlation with the problem focused coping. The good emotional mature can help someone to face and solve the problem directly and also can eliminate or manipulate the problem sources. The aim of the study is to know the correlation between the emotional mature with the problem focused coping of the students.

This research used quantitative approach. The populations of the research were students in the ma'had putra Sunan Ampel Al Ali UIN Maliki Malang. The samples of the research were 84 students and the collecting data used questionnaire, interview, observation and documentation methods. The tabulation of data is analyzed by *product moment correlation* from *pearson*. And the researcher used *Alpha Cronbach* formula with SPSS 15.0 program for reliability test and difference capacity.

The result of the research on variable of emotional mature shown that from 84 respondents can be known that 66 respondents (79%) were in high level, 18 respondents (21%) were in medium level and 0% was in low level. Whether the result of the research for problem focused coping shown that from 84 respondents can get 69 students (82%) were in high level, 15 respondents (18%) were in medium level and 0% was in low level.

The result of the research shown that there was significant correlation between the emotional mature and problem focused coping. It can be proven by the

analyze result based on the output table SPSS that shows the correlation value between the emotional mature and problem focused coping was 0.539 with probability value 0.000 and the quantity of subjects were 84 students. According to the criteria, research hypothesis (H_a) is acceptable if $r_{\text{count}} > r_{\text{table}}$, and probability was $(p) < \alpha$. Criteria r_{table} for subject (N) = 84 students was 0.213. The level of significance which used in this research was $\alpha = 0.05$. From the test can be known the value of r_{count} (0.539) $> r_{\text{table}}$ (0.213), whether p was (0.000) $< \alpha$ (0.05).