

ABSTRACT

Fauzi, Ahmad 2013 THESIS. Title: "Effect of Job Stress on Employee Performance (Studies in CV. Gunung Jati Probolinggo) ".

Supervisor : Dr. Hj. Ilfi Nurdiana, S.Ag, M.Si

Key Word : Job Stres, Performance

Each work area has a problem and a burden to their workers, then in most cases, the problems and the burden sometimes cause mental stress, which in turn lead to job stress. According to Gibson et al (2008: 339), work stress is a perception adjustment, mediated by individual differences and psychological processes that are a consequence of any action from the outside (environment), situations, or events that define excessive psychological or physical demands to someone. Work stress may affect the performance of an individual. Notice of the importance of managing work stress, the researchers are encouraged to take the title of the thesis "Effect of Job Stress on Employee Performance CV. Gunung Jati Probolinggo.

In this study use quantitative research, while the approach used in this study is explanatory (explaining research). According Ach.Sani Mashuri S & M (2010: 287) Research explanatory (explanatory research) is to test the hypothesis between hypothesized variables. In this study, there is a hypothesis that will be tested truth. Methods of data collection using questionnaires, documentary, and direct observation. The number of samples in this study were 52 respondents. The data collected are primary and secondary data. The purpose of this study was to determine the occupational stress simultaneously, partially, and occupational stress factors are most dominant influence on employee performance CV. Gunung Jati Probolinggo.

The results of this study indicate that there is a relationship between the independent variable on the dependent variable. This can be seen by from the R value of 0.827, R Square 0, 683, and Adjusted R Square of .663. Which means the work stress variables consisting of environmental factors, organizational factors, and individual factors affect employee performance CV. Gunung Jati Probolinggo.