

Lampiran 1. Skala Syukur

Petunjuk Pengisian Skala:

- a. Dengarkanlah dengan seksama pernyataan yang dibacakan
- b. Tulislah jawaban yang menurut Anda paling sesuai dengan diri Anda
- c. Di setiap pernyataan terdapat 4 pilihan jawaban:
 - **SS** : sangat setuju **TS** : tidak setuju
 - **S** : setuju **STS** : sangat tidak setuju
- d. Usahakan agar tidak ada satupun pernyataan yang tidak terjawab
- e. Dalam angket ini tidak ada penilaian baik buruk, juga tidak ada benar dan salah, Anda sepenuhnya bebas menentukan pilihan yang menurut Anda sesuai dengan diri Anda.

Identitas Diri

Nama :
Tempat tanggal lahir :
Usia saat ini :
Usia saat mengalami netra :
Agama :
Pendidikan Terakhir :

| NO | NO | AITEM | Fav / Unfav | ALTERNATIF JAWABAN | | | |
|----|------|---|----------------|--------------------|---|----|-----|
| | | | | A | B | C | D |
| | | | | SS | S | TS | STS |
| 1 | A-1 | Saya sangat berterimakasih kepada Tuhan karena telah dilahirkan di dunia ini. | F | | | | |
| 2 | A-6 | Saya tidak senang berada di panti RSCN Malang. | UF | | | | |
| 3 | B-17 | Menurut saya, Tuhan tidak ikut campur dalam hidup yang saya alami. | UF | | | | |
| 4 | B-14 | Menurut saya, sedikit sekali orang yang memberikan manfaat untuk hidup saya. | UF | | | | |
| 5 | A-3 | Saya merasa bangga kepada keluarga. | F | | | | |
| 6 | C-22 | Saya enggan meminjamkan sesuatu kepada teman. | UF | | | | |
| 7 | A-8 | Bagi saya, kesehatan yang saya miliki tidak bernilai apa-apa. | UF | | | | |
| 8 | C-19 | Saya akan membalas kebaikan orang lain yang berbuat baik kepada saya. | F | | | | |
| 9 | B-12 | Ketika saya memperoleh suatu kebaikan, semua adalah karena nikmat dari Tuhan. | F | | | | |
| 10 | C-21 | Jika Bapak / Ibu guru meminta bantuan saya, Saya akan membantu dengan suka rela | F | | | | |
| 11 | B-16 | Saya tidak membutuhkan siapapun untuk hidup bahagia. | UF | | | | |
| 12 | B-11 | Kehidupan yang saya miliki adalah karena kasih sayang Tuhan. | F | | | | |
| 13 | B-9 | Saya merasa teman-teman di RSCN ini sangat berjasa bagi kehidupan saya. | F | | | | |
| 14 | C-24 | Saya enggan membantu orang yang tidak saya senangi. | UF | | | | |

| | | | | | | | |
|----|------|--|----|--|--|--|--|
| 15 | C-23 | Jika berada di rumah, saya jarang membantu keluarga. | UF | | | | |
| 16 | A-2 | Saya gembira karena bisa belajar di RSCN Malang. | F | | | | |

Lampiran.2 Skala *Happiness*

| NO | NO | AITEM | FAV / UNFA V | ALTERNATIF JAWABAN | | | |
|----|------|--|--------------------|--------------------|---|----|-----|
| | | | | A | B | C | D |
| | | | | SS | S | TS | STS |
| 1 | A-1 | Bagi saya masa lalu adalah perjalanan hidup saya. | F | | | | |
| 2 | B-10 | Jika saya belajar giat, saya akan mendapatkan nilai yang baik. | F | | | | |
| 3 | A-5 | Saya tidak puas dengan hidup saya. | UF | | | | |
| 4 | B-14 | Jika diberi kesempatan untuk mengikuti lomba, saya lebih baik tidak mengikuti. | UF | | | | |
| 5 | A-3 | Saya berterimakasih kepada Tuhan atas nikmat yang saya miliki. | F | | | | |

| | | | | | | | |
|----|------|---|----|--|--|--|--|
| 6 | B-17 | Kondisi saya, akan menghalangi saya untuk mendapatkan pekerjaan. | UF | | | | |
| 7 | A-2 | Saya bisa memaafkan orang yang membuat saya sedih. | F | | | | |
| 8 | B-15 | Jika saya tidak berhasil, saya akan berhenti mencoba. | UF | | | | |
| 9 | C-21 | Saya merasa riang, saat senam bersama teman-teman diiringi lagu. | F | | | | |
| 10 | B-10 | Saya yakin bahwa saya bisa mencapai apa yang saya inginkan. | F | | | | |
| 11 | A-6 | Jika teman saya mengolok saya, saya sulit memaafkannya. | UF | | | | |
| 12 | B-16 | Saya tidak yakin, akan mendapatkan pekerjaan setelah lulus. | UF | | | | |
| 13 | A-4 | Saya bersyukur memiliki keluarga. | F | | | | |
| 14 | B-11 | Saya tidak takut mencoba suatu hal baru. | F | | | | |
| 15 | A-7 | Saya sedih dengan keadaan saya. | UF | | | | |
| 16 | B-12 | Saya yakin, saya pasti bisa menjadi orang yang berguna bagi keluarga. | F | | | | |

Lampiran 1

Rekapitulasi Skala Syukur

| SUBJEK | USIA | NETRA | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | Jumlah |
|--------|------|---------|----|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|--------|
| 1 | 16 | 6 thn | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 72 |
| 2 | 24 | th 2000 | 4 | 3 | 2 | 3 | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 78 |
| 3 | 16 | s.Lahir | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 67 |
| 4 | 34 | 1 thn | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 1 | 2 | 3 | 1 | 1 | 4 | 2 | 1 | 66 |
| 5 | 19 | 17 thn | 4 | 3 | 4 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 2 | 3 | 75 |
| 6 | 31 | s.Kecil | 3 | 2 | 3 | 3 | 2 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 84 |
| 7 | 30 | 20 thn | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 1 | 3 | 3 | 2 | 3 | 3 | 81 |
| 8 | 27 | 20 thn | 3 | 2 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 80 |
| 9 | 26 | 23 thn | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 2 | 4 | 82 |
| 10 | 20 | 13 thn | 4 | 2 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 2 | 4 | 4 | 77 |
| 11 | 17 | s.lahir | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 3 | 76 |
| 12 | 26 | 15 thn | 4 | 3 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 3 | 3 | 4 | 81 |
| 13 | 39 | S.lAhir | 2 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 72 |
| 14 | 27 | 2 thn | 2 | 2 | 3 | 2 | 1 | 2 | 2 | 3 | 2 | 2 | 1 | 3 | 2 | 1 | 2 | 2 | 59 |
| 15 | 22 | s.lahir | 3 | 3 | 3 | 3 | 1 | 3 | 4 | 4 | 4 | 3 | 3 | 2 | 3 | 3 | 4 | 3 | 71 |
| 16 | 20 | 5 thn | 2 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 64 |
| 17 | 27 | 24 thn | 4 | 4 | 4 | 2 | 3 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 3 | 3 | 2 | 4 | 81 |
| 18 | 37 | s.Kecil | 1 | 1 | 2 | 2 | 4 | 2 | 3 | 4 | 3 | 2 | 4 | 4 | 3 | 2 | 2 | 2 | 78 |
| 19 | 26 | 50 hr | 23 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | 2 | 91 |
| 20 | 29 | 16 thn | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 85 |
| 21 | 26 | 50 hr | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 4 | 3 | 3 | 3 | 4 | 4 | 2 | 2 | 2 | 69 |

| | | | | | | | | | | | | | | | | | | | |
|----|----|---------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----|
| 22 | 29 | 16 thn | 4 | 2 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 88 |
| 23 | 35 | 29 thn | 2 | 2 | 4 | 2 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 91 |
| 24 | 27 | | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 89 |
| 25 | 24 | s.lahir | 4 | 1 | 4 | 2 | 4 | 2 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 1 | 4 | 76 |
| 26 | 27 | 19 thn | 2 | 1 | 3 | 2 | 2 | 2 | 3 | 1 | 2 | 2 | 3 | 4 | 2 | 2 | 1 | 2 | 61 |
| 27 | 30 | 22 thn | 2 | 1 | 2 | 2 | 4 | 2 | 2 | 4 | 2 | 3 | 2 | 4 | 3 | 2 | 2 | 3 | 70 |
| 28 | 29 | 23 thn | 4 | 4 | 4 | 2 | 4 | 3 | 4 | 2 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 86 |
| 29 | 24 | s.Kecil | 2 | 2 | 4 | 2 | 4 | 3 | 3 | 3 | 4 | 3 | 4 | 4 | 3 | 3 | 2 | 3 | 73 |
| 30 | 25 | 15 thn | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 1 | 4 | 83 |
| 31 | 20 | 15 thn | 2 | 1 | 4 | 1 | 4 | 4 | 4 | 4 | 4 | 1 | 4 | 4 | 1 | 1 | 4 | 2 | 65 |
| 32 | 26 | s.kecil | 4 | 1 | 4 | 4 | 4 | 3 | 1 | 4 | 4 | 1 | 4 | 4 | 2 | 4 | 4 | 4 | 78 |
| 33 | 23 | s.kecil | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 83 |
| 34 | 28 | s.lahir | 4 | 3 | 3 | 2 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 2 | 3 | 3 | 1 | 76 |
| 35 | 25 | s.lahir | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 4 | 3 | 2 | 2 | 3 | 2 | 3 | 4 | 2 | 66 |
| 36 | 25 | s.lahir | 4 | 3 | 4 | 2 | 2 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 75 |
| 37 | 18 | s.lahir | 3 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 3 | 74 |

Lampiran 2

Rekapitulasi Skala Kebahagiaan

| SUBJEK | USIA | NETRA | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | jumlah |
|--------|------|---------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|--------|
| 1 | 16 | 6 | 3 | 4 | 1 | 4 | 4 | 3 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 2 | 4 | 54 |
| 2 | 24 | th 2000 | 2 | 2 | 1 | 3 | 4 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 2 | 2 | 4 | 47 |
| 3 | 16 | s.Lahir | 4 | 4 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 59 |
| 4 | 34 | 1 thn | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 4 | 2 | 4 | 2 | 2 | 2 | 1 | 33 |
| 5 | 19 | 17 thn | 4 | 2 | 4 | 3 | 4 | 4 | 2 | 4 | 3 | 4 | 2 | 4 | 4 | 4 | 3 | 4 | 55 |
| 6 | 31 | s.Kecil | 3 | 4 | 1 | 3 | 4 | 4 | 3 | 2 | 3 | 3 | 2 | 4 | 4 | 3 | 3 | 4 | 50 |
| 7 | 30 | 20 thn | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 58 |
| 8 | 27 | 20 thn | 2 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 1 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 45 |
| 9 | 26 | 23 thn | 2 | 4 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 3 | 3 | 3 | 46 |
| 10 | 20 | 13 thn | 4 | 4 | 2 | 3 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 3 | 4 | 2 | 3 | 4 | 55 |
| 11 | 17 | s.lahir | 4 | 4 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 54 |
| 12 | 26 | 15 thn | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 58 |
| 13 | 39 | S.lAhir | 3 | 2 | 3 | 2 | 4 | 2 | 3 | 2 | 3 | 4 | 3 | 2 | 2 | 4 | 4 | 4 | 47 |
| 14 | 27 | 2 thn | 2 | 1 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 2 | 3 | 4 | 3 | 41 |
| 15 | 22 | s.lahir | 3 | 2 | 4 | 3 | 4 | 3 | 1 | 4 | 3 | 1 | 3 | 3 | 4 | 3 | 2 | 3 | 46 |
| 16 | 20 | 5 thn | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 1 | 3 | 3 | 2 | 4 | 4 | 4 | 53 |
| 17 | 27 | 24 thn | 3 | 3 | 4 | 3 | 4 | 3 | 2 | 3 | 3 | 1 | 2 | 3 | 4 | 3 | 4 | 3 | 48 |
| 18 | 37 | s.Kecil | 2 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 1 | 3 | 3 | 2 | 3 | 4 | 4 | 49 |
| 19 | 26 | 50 hr | 4 | 2 | 4 | 2 | 3 | 2 | 2 | 3 | 3 | 1 | 2 | 2 | 2 | 3 | 4 | 3 | 42 |
| 20 | 29 | 16 thn | 3 | 1 | 4 | 2 | 4 | 4 | 2 | 2 | 4 | 4 | 1 | 4 | 2 | 4 | 4 | 4 | 49 |
| 21 | 26 | 50 hr | 4 | 2 | 1 | 2 | 2 | 2 | 4 | 4 | 3 | 1 | 2 | 2 | 2 | 3 | 4 | 3 | 41 |

| | | | | | | | | | | | | | | | | | | | |
|----|----|---------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----|
| 22 | 29 | 16 thn | 1 | 4 | 1 | 4 | 4 | 4 | 2 | 4 | 4 | 1 | 1 | 4 | 4 | 4 | 4 | 4 | 50 |
| 23 | 35 | 29 thn | 4 | 4 | 1 | 2 | 4 | 4 | 2 | 3 | 3 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 52 |
| 24 | 27 | | 3 | 2 | 1 | 2 | 4 | 4 | 3 | 1 | 4 | 4 | 1 | 3 | 4 | 2 | 4 | 4 | 46 |
| 25 | 24 | s.lahir | 2 | 4 | 1 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 56 |
| 26 | 27 | 19 thn | 3 | 4 | 1 | 4 | 4 | 1 | 4 | 2 | 4 | 1 | 3 | 3 | 3 | 2 | 4 | 4 | 47 |
| 27 | 30 | 22 thn | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 4 | 1 | 2 | 2 | 2 | 3 | 2 | 4 | 39 |
| 28 | 29 | 23 thn | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 62 |
| 29 | 24 | s.Kecil | 3 | 4 | 2 | 3 | 4 | 3 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 3 | 4 | 53 |
| 30 | 25 | 15 thn | 4 | 3 | 2 | 2 | 4 | 1 | 4 | 4 | 3 | 3 | 2 | 2 | 3 | 4 | 1 | 4 | 46 |
| 31 | 20 | 15 thn | 4 | 4 | 2 | 4 | 4 | 4 | 1 | 4 | 4 | 1 | 1 | 4 | 4 | 4 | 1 | 4 | 50 |
| 32 | 26 | s.kecil | 4 | 1 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 58 |
| 33 | 23 | s.kecil | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 60 |
| 34 | 28 | s.lahir | 4 | 4 | 2 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 2 | 4 | 4 | 4 | 3 | 4 | 57 |
| 35 | | | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 1 | 3 | 4 | 2 | 3 | 2 | 3 | 1 | 4 | 38 |
| 36 | | | 3 | 3 | 2 | 3 | 4 | 4 | 3 | 2 | 2 | 2 | 3 | 3 | 4 | 3 | 3 | 4 | 48 |
| 37 | | | 3 | 4 | 2 | 4 | 4 | 3 | 3 | 4 | 4 | 1 | 2 | 4 | 4 | 3 | 2 | 4 | 51 |

Lampiran 3

Rekapitulasi Skala Syukur Setelah Uji Reliabilitas

| Subjek | 2 | 3 | 4 | 5 | 6 | 7 | 9 | 10 | 11 | 12 | 13 | 14 | 16 | jumlah | Kategori |
|--------|---|---|---|---|---|---|---|----|----|----|----|----|----|--------|----------|
| 1 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 46 | Tinggi |
| 2 | 3 | 2 | 3 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 44 | Tinggi |
| 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 41 | Tinggi |
| 4 | 2 | 2 | 2 | 3 | 2 | 2 | 1 | 2 | 3 | 1 | 1 | 4 | 1 | 26 | Rendah |
| 5 | 3 | 4 | 2 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 46 | Tinggi |
| 6 | 2 | 3 | 3 | 2 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 42 | Tinggi |
| 7 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 1 | 3 | 3 | 2 | 3 | 41 | Tinggi |
| 8 | 2 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 43 | Tinggi |
| 9 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 4 | 46 | Tinggi |
| 10 | 2 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 2 | 4 | 45 | Tinggi |
| 11 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 47 | Tinggi |
| 12 | 3 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 4 | 2 | 3 | 4 | 44 | Tinggi |
| 13 | 3 | 2 | 3 | 2 | 2 | 3 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 26 | Rendah |
| 14 | 2 | 3 | 2 | 1 | 2 | 2 | 2 | 2 | 1 | 3 | 2 | 1 | 2 | 25 | Rendah |
| 15 | 3 | 3 | 3 | 1 | 3 | 4 | 4 | 3 | 3 | 2 | 3 | 3 | 3 | 38 | Tinggi |
| 16 | 3 | 3 | 3 | 4 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 36 | Sedang |
| 17 | 4 | 4 | 2 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 45 | Tinggi |
| 18 | 1 | 2 | 2 | 4 | 2 | 3 | 3 | 2 | 4 | 4 | 3 | 2 | 2 | 34 | Sedang |
| 19 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | 36 | Sedang |
| 20 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 46 | Tinggi |
| 21 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 4 | 4 | 2 | 2 | 34 | Sedang |

| | | | | | | | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|---|---|---|---|---|----|--------|
| 22 | 2 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 48 | Tinggi |
| 23 | 2 | 4 | 2 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 46 | Tinggi |
| 24 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 50 | Tinggi |
| 25 | 1 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 44 | Tinggi |
| 26 | 1 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 4 | 2 | 2 | 2 | 30 | Sedang |
| 27 | 1 | 2 | 2 | 4 | 2 | 2 | 2 | 3 | 2 | 4 | 3 | 2 | 3 | 32 | Sedang |
| 28 | 4 | 4 | 2 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 47 | Tinggi |
| 29 | 2 | 4 | 2 | 4 | 3 | 3 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 42 | Tinggi |
| 30 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 50 | Tinggi |
| 31 | 1 | 4 | 1 | 4 | 4 | 4 | 4 | 1 | 4 | 4 | 1 | 1 | 2 | 35 | Tinggi |
| 32 | 1 | 4 | 4 | 4 | 3 | 1 | 4 | 1 | 4 | 4 | 2 | 4 | 4 | 40 | Tinggi |
| 33 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 51 | Tinggi |
| 34 | 3 | 3 | 2 | 4 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 1 | 37 | Tinggi |
| 35 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 3 | 2 | 31 | Sedang |
| 36 | 3 | 4 | 2 | 2 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 41 | Tinggi |
| 37 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 45 | Tinggi |

Lampiran 4

Rekapitulasi Skala Kebahagiaan Setelah Uji Reliabilitas

| Subjek | 1 | 2 | 4 | 5 | 6 | 8 | 9 | 12 | 13 | 14 | 16 | Jumlah | Kategori |
|---------------|----------|----------|----------|----------|----------|----------|----------|-----------|-----------|-----------|-----------|---------------|-----------------|
| 1 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 41 | TINGGI |
| 2 | 2 | 2 | 3 | 4 | 2 | 4 | 4 | 4 | 2 | 2 | 4 | 33 | TINGGI |
| 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 44 | TINGGI |
| 4 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 4 | 2 | 2 | 1 | 21 | Rendah |
| 5 | 4 | 2 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 40 | TINGGI |
| 6 | 3 | 4 | 3 | 4 | 4 | 2 | 3 | 4 | 4 | 3 | 4 | 38 | TINGGI |
| 7 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 40 | TINGGI |
| 8 | 2 | 3 | 3 | 3 | 3 | 3 | 1 | 4 | 3 | 3 | 3 | 31 | Sedang |
| 9 | 2 | 4 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 31 | Sedang |
| 10 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 2 | 4 | 39 | TINGGI |
| 11 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 39 | TINGGI |
| 12 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 41 | TINGGI |
| 13 | 3 | 2 | 2 | 4 | 2 | 2 | 3 | 2 | 2 | 4 | 4 | 30 | Rendah |
| 14 | 2 | 1 | 2 | 3 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 26 | Rendah |
| 15 | 3 | 2 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 3 | 3 | 35 | TINGGI |
| 16 | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 4 | 4 | 37 | TINGGI |
| 17 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 35 | TINGGI |
| 18 | 2 | 4 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 4 | 34 | TINGGI |
| 19 | 4 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 29 | Sedang |

| | | | | | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|---|---|---|----|--------|
| 20 | 3 | 1 | 2 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 34 | TINGGI |
| 21 | 4 | 2 | 2 | 2 | 2 | 4 | 3 | 2 | 2 | 3 | 3 | 29 | Sedang |
| 22 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 41 | TINGGI |
| 23 | 4 | 4 | 2 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 40 | TINGGI |
| 24 | 3 | 2 | 2 | 4 | 4 | 1 | 4 | 3 | 4 | 2 | 4 | 33 | TINGGI |
| 25 | 2 | 4 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 39 | TINGGI |
| 26 | 3 | 4 | 4 | 4 | 1 | 2 | 4 | 3 | 3 | 2 | 4 | 34 | TINGGI |
| 27 | 2 | 2 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 3 | 4 | 29 | Sedang |
| 28 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 44 | TINGGI |
| 29 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 38 | TINGGI |
| 30 | 4 | 3 | 2 | 4 | 1 | 4 | 3 | 2 | 3 | 4 | 4 | 34 | TINGGI |
| 31 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 44 | TINGGI |
| 32 | 4 | 1 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 40 | TINGGI |
| 33 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 44 | TINGGI |
| 34 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 42 | TINGGI |
| 35 | 2 | 2 | 2 | 3 | 2 | 1 | 3 | 3 | 2 | 3 | 4 | 27 | Sedang |
| 36 | 3 | 3 | 3 | 4 | 4 | 2 | 2 | 3 | 4 | 3 | 4 | 35 | TINGGI |
| 37 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 41 | TINGGI |

Lampiran 5

Uji Reliabilitas dan Validitas Skala Syukur

```
RELIABILITY /VARIABLES=S1 S2 S3 S4 S5 S6 S7 S8 S9 S10 S11 S12 S13 S14 S15 S16 /SCALE('SYUKUR LAGI') ALL  
/MODEL=ALPHA /SUMMARY=TOTAL.
```

Reliability

Scale: UJI SKALA SYUKUR 1

Case Processing Summary

| | | N | % |
|-------|-----------------------|----|-------|
| Cases | Valid | 37 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 37 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .729 | 16 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|-------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|
| S1 | 46.8649 | 58.231 | .078 | .853 |
| S2 | 47.9730 | 67.749 | .309 | .717 |
| S3 | 47.1892 | 67.047 | .475 | .708 |
| S4 | 47.8378 | 68.806 | .315 | .718 |
| S5 | 47.2703 | 67.647 | .318 | .716 |
| S6 | 47.4865 | 66.479 | .538 | .704 |
| S7 | 47.1622 | 66.695 | .452 | .708 |
| S8 | 47.1081 | 71.044 | .144 | .729 |
| S9 | 47.1351 | 62.176 | .766 | .682 |
| S10 | 47.4324 | 63.252 | .656 | .690 |
| S11 | 47.1351 | 66.731 | .427 | .709 |
| S12 | 47.1081 | 68.821 | .344 | .717 |
| S13 | 47.4595 | 64.255 | .594 | .695 |
| S14 | 47.4865 | 66.146 | .487 | .705 |
| S15 | 47.5946 | 67.859 | .282 | .719 |
| S16 | 47.4595 | 63.033 | .635 | .690 |

```
RELIABILITY /VARIABLES=S2 S3 S4 S5 S6 S7 S9 S10 S11 S12 S13 S14 S16 /SCALE('SYUKUR LAGI2') ALL  
/MODEL=ALPHA /SUMMARY=TOTAL.
```

Reliability

Scale: UJI SKALA SYUKUR 2

Case Processing Summary

| | | N | % |
|-------|-----------------------|----|-------|
| Cases | Valid | 37 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 37 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .864 | 13 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|-------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|
| S2 | 38.0000 | 44.500 | .341 | .867 |
| S3 | 37.2162 | 42.896 | .630 | .850 |
| S4 | 37.8649 | 45.620 | .334 | .865 |
| S5 | 37.2973 | 43.381 | .435 | .861 |
| S6 | 37.5135 | 43.090 | .629 | .850 |
| S7 | 37.1892 | 42.491 | .604 | .851 |
| S9 | 37.1622 | 41.084 | .707 | .844 |
| S10 | 37.4595 | 41.589 | .632 | .848 |
| S11 | 37.1622 | 42.529 | .571 | .852 |
| S12 | 37.1351 | 46.231 | .305 | .866 |
| S13 | 37.4865 | 42.535 | .556 | .853 |
| S14 | 37.5135 | 44.146 | .442 | .860 |
| S16 | 37.4865 | 39.757 | .758 | .840 |

SAVE OUTFILE='D:\UJI 2\SYUKUR LAGI 2\SYUKUR LAST.sav' /COMPRESSED.

Lampiran 6

Uji Reliabilitas dan Validitas Skala Kebahagiaan

```
RELIABILITY /VARIABLES=H1 H2 H3 H4 H5 H6 H7 H8 H9 H10 H11 H12 H13 H14 H15 H16 /SCALE('HAPPY222') ALL  
/MODEL=ALPHA /SUMMARY=TOTAL.
```

Reliability

Scale: HAPPY 1

Case Processing Summary

| | | N | % |
|-------|-----------------------|----|-------|
| Cases | Valid | 37 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 37 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .745 | 16 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|-------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|
| H1 | 46.6757 | 39.059 | .444 | .723 |
| H2 | 46.7027 | 37.881 | .433 | .723 |
| H3 | 47.5135 | 44.923 | -.094 | .780 |
| H4 | 46.8649 | 39.231 | .454 | .723 |
| H5 | 46.1622 | 39.251 | .645 | .714 |
| H6 | 46.7027 | 36.881 | .593 | .707 |
| H7 | 46.9189 | 40.799 | .272 | .739 |
| H8 | 46.7297 | 39.092 | .417 | .725 |
| H9 | 46.5135 | 40.812 | .338 | .733 |
| H10 | 46.9459 | 40.997 | .106 | .769 |
| H11 | 47.1351 | 40.342 | .309 | .736 |
| H12 | 46.4054 | 39.970 | .466 | .724 |
| H13 | 46.5946 | 37.526 | .570 | .710 |
| H14 | 46.4865 | 40.312 | .439 | .726 |
| H15 | 46.7297 | 43.036 | .060 | .760 |
| H16 | 46.0811 | 40.132 | .554 | .721 |

```
RELIABILITY /VARIABLES=H1 H2 H4 H5 H6 H8 H9 H11 H12 H13 H14 H16 /SCALE('HAPPY223') ALL /MODEL=ALPHA /SUMMARY=TOTAL.
```

Reliability

Scale: HAPPY 2

Case Processing Summary

| | | N | % |
|-------|-----------------------|----|-------|
| Cases | Valid | 37 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 37 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .830 | 12 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|-------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|
| H1 | 35.5405 | 30.922 | .396 | .825 |
| H2 | 35.5676 | 28.363 | .533 | .814 |
| H4 | 35.7297 | 29.869 | .542 | .812 |
| H5 | 35.0270 | 30.694 | .644 | .809 |
| H6 | 35.5676 | 28.586 | .590 | .808 |
| H8 | 35.5946 | 29.748 | .497 | .816 |
| H9 | 35.3784 | 31.908 | .353 | .827 |
| H11 | 36.0000 | 32.444 | .224 | .839 |
| H12 | 35.2703 | 31.203 | .480 | .818 |
| H13 | 35.4595 | 28.033 | .694 | .798 |
| H14 | 35.3514 | 31.568 | .445 | .820 |
| H16 | 34.9459 | 31.330 | .575 | .814 |

```
RELIABILITY /VARIABLES=H1 H2 H4 H5 H6 H8 H9 H12 H13 H14 H16 /SCALE('HAPPY224') ALL /MODEL=ALPHA /SUMMARY=TOTAL.
```

Reliability

Scale: HAPPY 3

Case Processing Summary

| | | N | % |
|-------|-----------------------|----|-------|
| Cases | Valid | 37 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 37 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .839 | 11 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|-------------------------------|-----------------------------------|--------------------------------------|-------------------------------------|
| H1 | 32.8649 | 28.065 | .382 | .838 |
| H2 | 32.8919 | 25.766 | .506 | .829 |
| H4 | 33.0541 | 26.775 | .564 | .822 |
| H5 | 32.3514 | 27.679 | .655 | .818 |
| H6 | 32.8919 | 25.599 | .605 | .818 |
| H8 | 32.9189 | 26.910 | .488 | .829 |
| H9 | 32.7027 | 28.715 | .375 | .837 |
| H12 | 32.5946 | 28.192 | .484 | .829 |
| H13 | 32.7838 | 25.119 | .706 | .808 |
| H14 | 32.6757 | 28.559 | .446 | .831 |
| H16 | 32.2703 | 28.314 | .582 | .824 |

SAVE OUTFILE='D:\UJI 2\KEBAHAGIAAN RENDAH3.sav' /COMPRESSED.

Lampiran 7

Uji Normalitas

```
GET FILE='D:\UJI 2\SYUKUR LAGI 2\KORELASI SIP LASSSST.sav'. NPAR TESTS /K-S(NORMAL)=SYUKUR HAPPY /MISSING ANALYSIS.
```

NPar Tests

[DataSet1] D:\UJI 2\SYUKUR LAGI 2\KORELASI SIP LASSSST.sav

One-Sample Kolmogorov-Smirnov Test

| | | SYUKUR | HAPPY |
|----------------------------------|----------------|---------|---------|
| N | | 37 | 37 |
| Normal Parameters ^{a,b} | Mean | 40.5405 | 36.0000 |
| | Std. Deviation | 7.06948 | 5.69600 |
| Most Extreme Differences | Absolute | .148 | .133 |
| | Positive | .072 | .080 |
| | Negative | -.148 | -.133 |
| Kolmogorov-Smirnov Z | | .897 | .810 |
| Asymp. Sig. (2-tailed) | | .396 | .527 |

a. Test distribution is Normal.

b. Calculated from data.

Lampiran 8

Uji Korelasi

```
NONPAR CORR /VARIABLES=SYUKUR HAPPY /PRINT=SPEARMAN TWOTAIL NOSIG /MISSING=PAIRWISE.
```

Nonparametric Correlations

[DataSet1]

| | | | SYUKUR | HAPPY |
|----------------|--------|-------------------------|--------|--------|
| Spearman's rho | SYUKUR | Correlation Coefficient | 1.000 | .474** |
| | | Sig. (2-tailed) | . | .003 |
| | | N | 37 | 37 |
| | HAPPY | Correlation Coefficient | .474** | 1.000 |
| | | Sig. (2-tailed) | .003 | . |
| | | N | 37 | 37 |

** . Correlation is significant at the 0.01 level (2-tailed).

Lampiran 9

Uji Regresi

```
GET FILE='D:\ScriPsweetCanTiX\statistika\KORELASI SIP LASSSST.sav'. REGRESSION /MISSING LISTWISE
/STATISTICS COEFF OUTS R ANOVA /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT HAPPY
/METHOD=ENTER SYUKUR.
```

Regression

Variables Entered/Removed^b

| Model | Variables Entered | Variables Removed | Method |
|-------|---------------------|-------------------|--------|
| 1 | SYUKUR ^a | | Enter |

a. All requested variables entered.

b. Dependent Variable: HAPPY

Model Summary

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1 | .602 ^a | .363 | .344 | 4.61180 |

a. Predictors: (Constant), SYUKUR

ANOVA^b

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|----|-------------|--------|-------------------|
| 1 | Regression | 423.596 | 1 | 423.596 | 19.916 | .000 ^a |
| | Residual | 744.404 | 35 | 21.269 | | |
| | Total | 1168.000 | 36 | | | |

a. Predictors: (Constant), SYUKUR

b. Dependent Variable: HAPPY

Coefficients^a

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|------------|-----------------------------|------------|---------------------------|-------|------|
| | | B | Std. Error | Beta | | |
| 1 | (Constant) | 16.329 | 4.473 | | 3.651 | .001 |
| | SYUKUR | .485 | .109 | .602 | 4.463 | .000 |

a. Dependent Variable: HAPPY

Lampiran 10

Dokumentasi

