

ABSTRACT

Sukma, Trilia Rantining. 2012. The Relationship Between Locus of Control with Work Stress in the CV. Duta Malang. Thesis. Faculty of Psychology, State Islamic University (UIN) Maulana Malik Ibrahim Malang.

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Individual personality characteristics greatly affect the stress. Stress can hinder concentration of individual work. Locus of control is part of the personality that can affect the appearance of work stress on employee Locus of control refers to the degree of control was observed in the given circumstances. Some individuals have a belief that they can affect the environment around through what they do and how they do it. How did they acquire or set them as they have a locus of control on the surrounding environment.

The research was conducted in the CV. Duta of Malang, with the aim of (1) to determine the level of locus of control on the CV. Duta Malang, (2) to determine the level of job stress in CV.Duta Malang, (3) In order to prove how much the relationship between locus of control with work stress in the CV. Duta Malang.

This study uses quantitative methods. Subject of this research were 50 respondents who selected using cluster random sampling method. In collecting the data, using the questionnaire method in the form of psychological scales.

The results of the research conducted, it is known that (1) the level of locus of control, the majority are in the low category with the percentage of 44%, (2) while the rate of job stress in the CV. Duta Malang majority are in the low category with the percentage of 36%. (3) the existence of a significant positive relationship between locus of control with work stress in the CV. Duta Malang of 0.653 with $p = 0.000$ and expressed hypothesis is accepted.

Keywords: *locus of control*, job stress