

## ABSTRACT

Asrifa, Yuli. 2012. *Hubungan Tingkat Stress dengan Intensitas Perilaku Merokok Siswa SMA Walisongo Angkatan Tahun 2010*. Skripsi, Jurusan Psikologi, Fakultas Psikologi, Universitas Islam Negeri Maulana Malik Ibrahim Malang. Pembimbing, Dr. H. M. Lutfi Mustofa, M. Ag.

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Key words: stress level, smoking behavior intensity

In thin live, an individual finds many problems. It will make a tension, worried and finally becomes stress. An individual who becomes stress will concern body change in behavior or physical. An individual who becomes stress will make something different offside himself called catharsis, such as broke a glass and smoking. According to some expert and interviewing report, a smoker will smoke much more than usual. When he becomes stress. In following up background, so the researcher take sample student of senior high school grade XII Walisongo which in adult developing and cognitive developing side of formal operational level. Problems of study of the research. How the stress level of student of SMA XII Walisongo, how the smoking behavior intensity of SMA XII Walisongo and related to tress level with the smoking behavior intensity of SMA XII Walisongo. So the purpose of the study is to know the stress level, smoking intensity and the relation of stress level with smoking behavior intensity.

Blueprint research use quantitative research correlation and data collection use scale method and interviewing. In data analysis uses product moment correlation from Pearson and validity test and reliability uses alpha cronbach. The analysis analyzed with SPSS 16.0 program for windows.

Based on research result which have done, got the score mean for stress variable 34.28 and score mean variable of smoking behavior intensity 93.80. in stress level variable of 46 sample, 3 (6.5%) students concerned in high stress level 38 (82.6%) in a middle level 5 (10.9%) in low level. Besides in variable of smoking behavior intensity, 10 (21.7%) students in high category, 32 (69.6) in middle category and 4 (8.7%) in low category. Based on correlation and analysis got  $r_{xy} = -0.254$   $sig = 0.089$