

ABSTRACT

Dhiny Dewantara, Nur. 2012. True Happiness (Authentic Happiness) Teens Family Background Broken Home (Case Studies in Orphanage Nurul Abyadh Malang). Essay. Faculty of Psychology. State Islamic University Maulana Malik Ibrahim Malang . Supervisor: Mohammad Jamaluddin, M. Si.

Keywords: Broken Home, Authentic Happiness.

Over the span of human life which begins from birth to death, many phases of development and growth that must be overcome. Of all the phases of development and growth, one important phase and the center of attention is the adolescent phase. In the process of adolescent development, also known as the time and stress storm, teens need attention and assistance from the people close to him, especially the elderly or families. See the role of parents and family were so great in adolescent development, it is not wrong for a family function fulfillment is an important factor. But sometimes the function is just not working optimally, it is especially because of the broken home and then to some extent will have an impact on adolescent development itself. But of the various problems faced by adolescents with a family background broken home does not necessarily make it sank and away from happiness.

On the basis of the description above, the purpose of this study is to determine: 1. concept true happiness (authentic happiness) in adolescents with a family background of broken home in Orphanage Abyadh Nurul Malang by Seligman's theory. 2. concept true happiness (authentic happiness) on teen with a family background broken home in Orphanage Abyadh Nurul Malang based on own perspective subjects. The approach used in this study is a qualitative research approach and the descriptive method is a single case study. In gathering the data used interviews, observation and documentation.

Data is collected and used in the form of words, documents, and reports which are derived from one orphanage foster children as research subjects, a close friend of the subject, and orphanage administrators. Technical analysis of the data is done by reducing the data, present it, and then perform verification in order to draw a conclusion. To do authenticity and validity of the data analysis triangulation.

From research conducted found that: 1.subject have been able to achieve true happiness by Seligman's theory, although it is still not optimal. It illustrated how the subject has optimism for the future happiness and well obtained in the present so as to make the subject can gain pleasure and gratification. But it is still not supported by the subject to the satisfaction of the past that are still not optimal. Besides that true happiness can be achieved by the subject through some of the environmental factors (circumstances), including the factor of social life, positive emotions, religion, age and education. While the factor of money, health, climate, race and gender are considered by the subjects as a factor that is not overly contribute to true happiness is felt. 2. True happiness is a happiness by subject that can be measured in several aspects, social, psychological, physiological, and spiritual. Besides the happiness felt by the subject in the past include happiness and joy at this time.