

ABSTRACT

Nadhiroh, Alfin. Of 2012. *The Relationship Of Gratitude Agains Meaningfulness Of Life Parents Of Autistic Children*. Thesis., Faculty of Psychology, The State Islamic University of Maulana Malik Ibrahim Malang.

Supervisor : Rifa Hidayah, M.Si

Keywords : gratitude, meaningfulness of life

Powerlessness of the parents in the face of the fact that having an autistic child in view of the Positive Psychology also have the opportunity to see life more positively and feel the positive things that one is gratitude. Gratitude is an important dimension of life that are universal, happy, and create a feeling of comfort and able to trigger motivation. While the meaningfulness of life is something that is important and gives a special value for someone who if met, it will make people feel happier, valuable and has a noble goal to be met. Problems that will be revealed in this study is how the gratitude, the meaningfulness of life, and the relationship between the meaningfulness of life and gratitude to parents of children with autism.

This study aims to determine the level of gratitude, the level of meaningfulness of life, and the relationship between gratitude and meaningfulness of life at parents of children with autism. The hypothesis put forward is that there is a positive relationship between the gratitude and the meaningfulness of life parents of children with autism.

This study uses a quantitative approach and performed at the School of Autism Laboratory, State University of Malang with number of respondents as many as 20 people. To measure gratitude as independent variables and the meaningfulness of life as the dependent variable, researcher using a scale. The analysis used is the nonparametric Spearman correlation.

Based on the results of data analysis, showed that 20 parents of children with autism at the School of Autism Laboratory, State University of Malang has gratitude in varying degree, 20% showed a high degree gratitude on, the level was 60% and 20% are at low level. Parents also have the meaningfulness of life in varying degree, 15% showed a high level of meaningfulness in life, 70% in the standard medium and 15% are at low level. While for the correlation found that there was a significant positive relationship between gratitude and the meaningfulness of life. Correlation coefficient of 0.631 and the coefficient determinant shows or $r^2 = 0.40$, which means that there is a positive relationship between gratitude and the meaningfulness of life. Meaningfulness of life of parents with autistic children in the School Laboratory of the UM Autism donated 40% of gratitude.