

## ABSTRACT

Mukarromah, Nur Lailil. 2012. Thesis. The Relationship between Self-Concept and Depression In Islamic Students That Being Committee Of Islamic Boarding House (Case Study In Girl College Al –Lathifiyah I Tambakberas Jombang), Department: Psychology, Faculty: Psychology, Islamic State University of Maulana Malik Ibrahim Malang. Advisor: Dra. Siti Mahmudah, M.Si

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Keywords: Self-Concept, Depression

Islamic boarding house is the central learning and delivery of Islamic teaching. As the older institution of education in Indonesia, the Islamic boarding house has a very important role in education history. There are also organizational systems that are managing it institution, such as director up to the committee members who are being students of Islamic college where they stayed on. And it is not easy to be members of committee because they have big responsibilities; furthermore, the majority of members are adult students who have confusing emotional and ego. But they have to managing or accompanying every students of the same age, the committee directly or indirectly has demanded to have seemly perfect in the sight of others students, or even their friends. Whereas, the teenagers attitude are generally has signed by *mood* that up down, the *mood* has also changed every day. And one of the factor reasons is negative self-concept. The self concept is what has seen inside in the mind while they are thinking about their selves. The fact that the self concept is very depended on the way how we compare ourselves with others. The person who has negative self concept is tending to feel depression level which may higher, to act pessimistic for the life and the chances they have.

Based on the above background, the research is aim to know the realitionship of self concept with depression of students Islamic boarding house who become committee members.

The method used in the research is Co relational biraviat quantitative. The sample taking has done by population way, and the amounts of subjects are 60 students of Islamic house who become committee. The instruments used are questionnaire psychologies scale and psychologies test. The psychologies scale of self concept is consist of 26 items of statements, and the instrument of BDI (*Beck Depression Inventory*) is consisting of 21 statements. The data analysis used in the research is *product moment pearson*.

Based on the result can be conclude that: 1. The level self concept of students who become the committee of Al-Lathifiyyah I Tambak Beras Jombang is positive on 100 % percentage. 2. The level of students depressions are being committee is in average category by 38,3 %, and stabile category by 38,3 %, normal 20,0%, and strong 3,3%. 3. There are not significant correlation between the self concept with depression of students who are being committee in the Islamic boarding house of Al-Lathifiyyah I Tambak Beras Jombang.