

## ABSTRACT

Hapsari., Maulin Eka Budi 2012. The Relationship of Attachment Quality in Smoking Habit of the First Grade student Mediated with Emotional Focused Coping in Senior High School for Profession of Muhammadiyah 1 Kepanjen. Thesis, Psychology Faculty of The State Islamic University of Maulana Malik Ibrahim Malang.

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Key word: *Attachment* Quality, Smoking habit, and *Emotional Focused Coping*

Smoking habit could be defined as a sipping activity of tobacco product which is containing of additive substance (dependence) that can makes the people who sip it could being dependence or addicted and also have a relationship with quantitative aspect, locational and functional, where high penalty, middle, and low smoking habit. One factor that can be assumed to influence smoking behavior is the viscosity. *Attachment* is an active reciprocal relationship that is affectively between two individuals, and interactions are an attempt to maintain stickiness. Individuals secure attachments are associated with effective coping skills, interpersonal relationships are supportive, and constructive problem solving skills.

This study was formulated to determine the level of quality of attachment, level of smoking behavior, and the level of emotional focused coping in class X in Senior High School for Profession of Muhammadiyah 1 Kepanjen. The hypothesis advanced is that 1) the quality of attachment relationship with emotional focused coping, 2) the emotional relationship focused coping with smoking behavior, 3) the quality of attachment relationship with smoking behavior in the mediation of emotional focused coping.

The design of this study used a quantitative approach. The population in this study is a class X student at Senior High School for Profession of Muhammadiyah 1 Kepanjen. Sampling technique with the technique of sampling and analysis of data using simple linear regression with SPSS 16 for windows. As for the authors also tested the mediating variables using regression analysis with the help of SPSS syntax program that was written by Preacher, Rucher, & Hayes.

These results indicate that the quality of parental attachment, peer attachment quality level, the level of emotional focused coping, and level of smoking behavior is at moderate levels, with each one. From the analysis shows that the quality of attachment parenting relationship with smoking behavior in the mediation of emotional focused coping showed significant results, so emotional focused coping is not required as a mediator variable. While the results of analysis of peer attachment quality relationship with smoking behavior in the mediation of emotional focused coping showed no significant results. Therefore in need of emotional focused coping as a mediating variable.