

ABSTRACT

Ulfa Masfufah, 2012. *Effect of Group Counseling Toward Social Adjustment on New Women Students of Sunan Ampel Al-Ali Moslem Boarding School*. Thesis. Advisor: Prof. Dr. Mulyadi, M.Pd.I

Keywords: Teens, group counseling, social adjustment

Teens as individuals who was in the process of developing certainly have a problem but the complexity of the problem will vary on one individual to another. Some of the problems faced by teenagers which in this case youth as learners. Adolescent problems are problems that are internal and external or social, one of the problems is the social adjustment. Social adjustment is one of the problems often experienced by teenagers, as the transition from the previous development phase. Adolescent social adjustment problems are usually collective occur at some point in the educational environment. So it will be more effective if the assistance given to them is a technique that can help the teens also collectively. The solution offered in this research is group counseling, as a guidance and counseling services. This study is intended to find out whether group counseling give effect on social adjustment.

This research is a quantitative research. Whereas using quasy experiment, and the experimental design used in this study is one group pre and posttest design. That is design experiments which uses only the group experimental course, and the measurement is performed on the pre and post of provision of treatment. The population of this experiment is the women students of Sunan Ampel Al-Ali moslem boarding school. particularly those living in Ummu Salamah dormitory. While the sample is taken by purposive pretest value indicating low social adjustment. Data collection methods used are scales, interviews and documentation. For the analysis of the data using *paired samples t test* and analysis of the percentage and rate of.

The measurement results show a mean of pre test is 131.00 n the mean of posttest is 147.50. Based on the results of measurements in six subjects the conclution is that there is increasing social adjustment on the subject of the before and after given group counseling, This is proven by the results of measurements where the value of significance (p) = $0.012 < 0.05$, indicating a significant number that there was effect of group counseling of the social adjustment for students of moslem boarding school. before and after the granting of group counseling. Besides the mean of the two measurements also show an increase. Thus, the alternative hypothesis there was effect of group counseling on social adjustment is acceptable.