

## ABSTRACT

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Psychological problem is an abnormal condition of human's physic, feeling or mental. An abnormal is not usually caused by an illness or injury in part of body, even though the symptom sometime appears on human's physic. Psychological problem is a behavior changing that happens without reason, left over, taking a long period, and causing some problems to individual and others. Therefore, we can conclude that psychological problem can influence someone's whole life, feeling, thought, behavior, and health. In a healing process of psychological problem, some people are often less certain with doctor's medical treatment, besides it takes too long time and unreasonable price. So, that is why our society is surer to the Islamic psychotherapy method, or we usually call it, traditional treatment. There are some questions to know more about Islamic psychotherapy phenomena in supernatural healing. They are (1) how is the psychological condition of patient in the supernatural healing practice? (2) What are the factors that influence psychological condition of patient? (3) How is the method to treat patient in Supernatural practice? (4) How is the typology of method which is done to the patient? (5) How is the effectiveness of therapy process in supernatural healing?

From this research, we expect to explain data descriptively about the patient's condition in supernatural healing practice and factors which are influence patient's psychological problem. Besides, it is able to know about therapy's method, typology of therapy which is done to the patient, and the effectiveness of therapy's process.

To search this case, we use descriptive qualitative which uses case study approach. The subject is decided based on the theme. The researcher decided the subjects are therapist and his assistant because we want to know the psychotherapy process in supernatural healing. The data collection is done by interview, observation, and documentation. Then, the data analysis is used Miles and Hoberman's method though three steps. They are data reduction, data display, and conclusion drawing or verification (Sugiyono: 2007, dalam Zulkhair, 2006: 79 – 81). To check the data validity, we use data triangulation method which uses source, investigator, and theory.

The result of this research is that Islamic psychotherapy method has success in psychological problem healing of patients. However, it does not reach 100% but the patient can go back to his family, society and environment. There are three problems of patient's condition, depression and stress, drug addict, and possessed by spirit. The background why patient gets those three problems is various, for example stress is caused by losing his beloved person. Besides, the drug addict is caused by environment influence, and possessed by spirit is caused by entered the dead spirit. The method of this therapy, based on Islam which is same as modern therapy, used interview in the beginning, then do the first therapy, the last is closing the therapy. The typology of therapy which is used to cure the patient is trough praying, *dzikir*, devoting (Islamic five prayers, fasting, pilgrimage), and regretful. From those typologies, water is used to be a media or usually called by *raja*h (water which is given a prayer). *Raja*h which is looked for some places, for example nine Islamic holy men, zam-zam water, and others, throw in the well of an institute. All of activities relate to the water which has got *raja*h. After patient is fine, family can pick his up. The affectivity in therapy process sees both of patient and therapist. The patient's degree of stress influence to the therapy process, besides the age, intelligent, motivation, but covertness' patient also influences the effectiveness process. While from therapist, he is expected free from personal problem, has experience and professional, and has mature, empathy, warm, and genuine personality.