

## ABSTRACT

Astutik Fuji. , 2013. Meaningfulness of Life In Depression Disorder Patient Former: (study of the historical life of former sufferer of depressive disorder). Thesis. Faculty of Psychology Maulana Malik Ibrahim The State Islamic University of Malang: Dr. Yulia sholichatun, M.Si

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Basically, every human craves a quiet and happy life. But sometimes, they lulled by the momentary happiness that be disastrous for them. That's what ultimately happens to the subjects experienced a bitter fact of life that depression. This depression condition is accompanied by anxiety, boredom and confusion until finally attempted suicide. By the meaning of events in the life of a person will be able to respond to the incident. Due to interpret the meaning respond positively and then act positively as well.

This study aimed to describe the meaningfulness of life in the former depressive disorder patients. This study uses a qualitative approach, because with this method can be understood by understanding the behavior of individuals and the perpetrator perspective. This type of research is a case study taken life history are trying to unravel the details of the story and the dynamics of life. The researcher takes a subject that had experienced depression and was hospitalized in a mental hospital one. Subjects considered suitable for the subject of research at this time because in addition to never depressed subjects also had to come home and be able to act well.

Data collection techniques use in-depth interviews and observation. Interviews are not only done on the subject, but also for others who have knowledge of the subject. This is done to enrich the data and checks the accuracy of the data subject.

The results showed that subjects were able to make sense out of the depression with life. Subject to the dynamics and processes of meaning through a three-step in his life. The first step is the phase of life issues in the subject until the depression. Second step subjects entered the pattern to interpret the events that happened. This process begins with understanding himself. Last step subject was able to find the meaning of life.