

ABSTRACT

Rahwan Adi Wibowo. 2013. *The Effect of Tahajjud Prayer on Confidence In Students Anwarul Huda Karangbesuki of Malang. Thesis, Faculty of Psychology. The State Islamic University Maulana Malik Ibrahim of Malang.*

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Pray is the main foundation of worship. A person is called pious if his worships are good and his deeds are good too. In prayer, there are two forms of prayer, obligatory and optional. Obligatory prayers are midday, afternoon, sunset, evening, and dawn prayers. And, optional prayers are the others obligatory prayers. Tahajjud (midnight) prayer is one of optional prayers, but highly recommended for every Mouslem to do it. Tahajjud prayer can be interpreted as a prayer which the main time is the third of the night. It consists of certain words and actions started with *takbiratul ihram* and finished with greetings (*salam*), with certain requirement. Developing confidence through individual interaction with environment, means that students are able to meet their needs both spiritually (riligius) as well as physical. And in the fulfillment of those needs, behaviors will appear differently in the face of something, to conduct the needs riligius requires sincere intentions and devoted, with so riligius form of prayer or worship that will have a positive impact, both for themselves and their environment. The purpose of the study was to determine the level of self-confidence and Tahajjud prayers, and pray Tahajjud influence on confidence in students Anwarul Huda Karangbesuki of malang.

The approach used in this research is a quantitative approach by using correlation techniques and taking sample techniques randomly. The Population in this research is 149 students, while take the sample in this research is 25% of the total population of the 37 respondents. The date was collected using questionnaires or questionnaire tahajjud prayers which hare 40 aitem with reliability $\alpha = 0.900$, and questionnaires confidence with reliability $\alpha = 0.869$. While the analysis of data using the Pearson Product Moment correlation and to test the validity and reliability, researchers used a formula using the Cronbach Alpha SPSS 16.0 for Windows

From the results of this study concluded that the level of Tahajjud prayer Anwarul Huda students in middle category. The results showed that the Tahajjud prayer with category T = 16.2%, S = 75.6%, R = 8.1%. Then the confidence level in middle category T = 16.2% S = 73%, R = 10.8%. Hypothesis indicates that there is a significant relationship between Tahajjud prayer on students self confidence Anwarul Huda Karangbesuki Malang. Results of data analysis found correlation coefficient (rxy) between Tahajjud prayer with confidence is at 0,513 with (F) of 0.001. This results indicate that there is high influence between Tahajjud prayer with confidence, because the higher the Tahajjud prayer, the higher the confidence high.

Keywords: Tahajjud Prayer, Confidence