

## ABSTRACT

Jannah, Miftahul. 2009. **Stress Disorder Post "Trauma Failed Marriage" (A Study of Phenomenology Against Women Who Have Post-Traumatic Stress "Failed Marriages")**. Thesis. Faculty Psychology University Islam Negeri Malang. Supervisor: Yulia Sholichatun, M.Si.

**Keywords:** Stress Disorders, Post Traumatic Stress, Failed marriage

---

For many people, especially women left behind loved ones is very heavy, especially if they are planning a wedding. It is your own bias and conflict pose a serious problem or the worst experienced by a person, where it can cause stress.

Stressors are demands to conform, there tida categories of stressors, namely frustration, conflict, and stress. The occurrence of stress due to the emergence of two or more needs or motives that do not fit together, with the same force. In these conditions, the individual should make a decision which option will be carried out and which ones are not. If the option is dropped, then the conflict by itself is complete.

This study used a qualitative approach, in which this approach tends to lead to methods of descriptive research (in the form of words, writing), so that the direction and has a background research procedures which produce descriptive data. The subjects in this study was a mature 41-year-old continued. Data collection methods used were interviews and observation. This type of qualitative research is the study of phenomenology, which aims to explain the phenomenological situation experienced by persons in everyday life.

Failed marriage is a difficult problem to deal with for people who deal with it. The marriage failed because of fear, doubt, the existence of a third person, external or environmental factors, social factors, lack of love, heart less steady, and so forth.

In this study, subjects experiencing post-traumatic stress ganggua "failed to get married", where the subject has failed three times. This makes subjects experiencing stress disorder.

Stress happens to the subject, because of the problems and demands of adapting to the problems they experienced, and the subject was disturbed in these demands. Subjects had always assumed that he was going to get married with her lover, it is always recorded in his mind. Subjects also very upset and depressed to the incident, when the subjects met the male subject is more shy and sometimes suddenly angry.