

## ABSTRACT

Mora Sabda, 2013. **The Relationship Between Assertive Behavior and Social Adaptation in Students at MTs Al Islam Serang**. Final Paper. Faculty of Psychology, State Islam University (UIN) of Maulana Malik Ibrahim Malang. Advisor: Fathul Lubabin Nuqul, M.Si.

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One of development tasks that must be worked on during teenage period is social adaptation. A teenager may have a good socialization through assertive attitude. Assertive means the ability of individual to express what they have thought, and to communicate with others appropriately and firmly with verbal expression without harming the feeling of others.

Research is conducted at MTs Al Islam Serang. The objectives of research are (1) to understand assertive behavior rate of the students at MTs Al Islam Serang, (2) to find out social adaptation rate of the students at MTs Al Islam Serang, and (3) to figure out the relationship between assertive behavior and social adaptation of the students at MTs Al Islam Serang.

Research method is quantitative. The independent variable is assertive behavior while the dependent variable is social adaptation. The subject of research includes 80 respondents selected with *cluster sampling* technique. Data collection method is questionnaire, which involves Likert Scale for assertive behavior and deferential semantic for social adaptation. Data analysis technique is Karl Pearson's *correlation product moment* supported with SPSS version 16.0 for Windows.

Result of data analysis shows that: (1) result of assertive behavior analysis is in high category by 55 % for 44 students; (2) result of social adaptation analysis is in moderate category by 49 % for 39 students; and (3) result of correlation shows a significant relationship between assertive behavior and social adaptation. The correlation rate is  $r_{\text{count}} < r_{\text{table}}$  ( $0.904 > 0.541$ ) with  $p = 0.000 < 0.001$ , meaning that the higher assertive behavior, the higher also social adaptation. Considering these results, it is then reasonable to expect these results to give meaningful input and benefit for the observed subject, the organization, the teacher and the next researcher.