

ABSTRACT

Farida, Nur. 2013. Relationship Between Self-Esteem and Self Adjustment of Adolescents of First Year Students 2012/2013 in Raden Paku Modern Islamic Boarding School Trenggalek. Thesis, Faculty of Psychology at the State Islamic University of Maulana Malik Ibrahim Malang.

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Adjustment is the ability of individuals in the face of changes that occur in his life, to reconcile the demands of the environment in order to achieve self-state or expected goals by themselves and their environment. Adjustment is needed by every individual in the growth and development, especially in adolescence because adolescents in this age experience many changes in both physically and psychologically. In boarding schools, the first year students experience adjustment problems. One of the factors that influence the adjustment is self-esteem. Self-esteem is an individual assessment on positive or negative matters pertaining to respect himself.

The research was carried out in a modern Raden Paku Islamic boarding school Trenggalek, with the aim of (1) To determine the level of self-esteem in adolescent students of the first year at modern Raden Paku Islamic boarding school (2) To determine the level of adjustment in adolescent students in the first year modern Raden Paku Islamic boarding school (3) To determine the relationship between Self-Esteem and adolescent adjustment in first-year students at the Raden Paku modern Islamic boarding school Trenggalek.

This study uses quantitative methods. The research subjects are 72 students the first year Raden Paku modern Islamic boarding school Trenggalek using population sampling techniques. In data collection, researchers receipts questionnaire method in the form of scale. This study uses data analysis techniques Karl Pearson Product Moment Correlation, using SPSS version 16.0 for Windows.

The results of the research conducted, it is known that 46 percent of students with 63.9% in the moderate category, 23 percent of students with 31,9% being high and 3 categories with the percentage of students are 4.2% lower category. To rate adjustment, note that 41 percent of students with 56,9% in the high category and 31 percent of students with 43,1% in the moderate category. Results of correlation analysis states there is a relationship between self-esteem with the adjustment in the first year students at the Raden Paku modern Islamic boarding school Trenggalek, the value of $r_{xy} = 0.594 > r_{table} = 0.301$. In other words, the higher the self-esteem the higher the adjustment in first-year students at Raden Paku modern Islamic boarding school Trenggalek.