

ABSTRACT

Khairina, Nurista Noor. 2013. Meaning of Happy For People With Physical Disabilities (quadriplegic). Skripsi. Faculty of Psychology at the State Islamic University (UIN) Maulana Malik Ibrahim Malang.

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Happiness is always synonymous with perfection. For example, property or wealth. Many people assume that rich people are certainly happy life. Similarly, the physical perfection that has always been considered as a source of life that brings happiness. And what about someone who has not physically perfect example on persons with physically disabled. Especially for a teenager in which a teenager in general needs social adjustment such as peer influence, lack of support or social rejection. For a teenager with disabled, the much-needed revenue in the neighborhood that can make you feel happy in himself. Similarly, with the support of the people around him is necessary to support a sense of happiness. The research was conducted in SMPK Bhakti Sublime and SMPLB YPAC Malang.

The purpose of this study was to determine the level of happiness in adolescents with physically disabled, the meaning of happiness, the support of those around him, and the factors that lead to happiness for adolescents with physically disabled. The study used a mixed methods with concurrent transformative strategy adopted by collecting quantitative and qualitative data simultaneously. This study used a descriptive approach. Subjects in this study amounted to 7 people, each of 4 subjects from SMPK Bhakti Luhur and 3 subjects from SMPLB YPAC Malang. Instrument data collection using a scale of happiness and opened questionnaire. The benefit of this research is to develop self-respect to be able to appreciate and accept yourself.

From the results of this research is that the level of happiness with disabled teenagers were in the high category. Meaning of happy teenagers expressed by disabled persons with one of them is a fun day. Happiness with disabled adolescents is caused because of the support and acceptance in the family and friends at school. Similarly, the factors that lead to happiness in young disabled people with very influenced by their peers and family. So the presence of social support influence happiness in people disabled.