

## ABSTRACT

Maryam, Sitti. 2013. Potrait Of Psychological Well-Being Transgender Individual Of IWAMA (Ikatan Waria Malang). Thesis, The Faculty Of Psychology, Maulana Malik Ibrahim Islamic University of Malang. *Advisor*:Dr. Iin Tri Rahayu, M.Si, Psi

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Key Words : Psychological Well-Being, Transgender Individual

In going through of life, every people always really want to be happy. Life without having to feel the rejection from society and family on what was and has lived is one of the ways in which people can achieve happiness by meet the needs of the various forms of life. The happiness of life that the person felt will influence to her psychological well-being. It will influence her quality of life. The psychological well-being can be seen from the way a person can accept his self condition and his past a pot luck. It also can be seen from her ability to develop her relationship with other, be autonomous, able to dominate his environment well, having feeling to be satisfied, and consciously that she has a potential to grow better.

As the background of the study above, the problems of this study are, first, how is the life of transgender individual after they decided to become transgender? Second, what the causes of their decide himself to be an transgender ? Third, how the psychological well-being of transgender individual?

In this study, the researcher applies the qualitative research by applying the method of interview, observation, and documentation. This study determines the sample of the two of transgender individual who have 40-50 years old and they are registered as the citizen of Malang city. In this study, the researcher uses the technique of purposive sampling in determining the sample. Whether, the data analysis is done by data triangulation.

The result of data analysis shows that live as transgender individual is not easy. After collecting and analysis of the data, the result of this study can be formulated as follows: First, generally, the psychological well-being of the transgender individual IWAMA (Ikatan Waria Malang) depend on their accepting of their selves, a social backing from the family and environment, a positive relationship with other, the perception of the Unmarriage condition, and the existence of the autonomy based on the self-standard, and their defenselessness to the God. Causes of the background is the lack of affection given by parents as a child and the effort of others that hinder parents in the wedding plans.