

ABSTRACT

Wahiro, Samifta Alfuma. , 2013. Relationship Between Self-Control With Aggressiveness In Teens Madrasah Aliyah (MA.) Pembangunan Lamongan. Thesis. Faculty of Psychology at the State Islamic University (UIN) Maulana Malik Ibrahim Malang.

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Aggressiveness is seen as a result of a lack of skills in managing and controlling emotions. Teens, despite increased emotional maturity, their identity and sense of responsibility, but the effects of internal and external influence is still very strong mind and behavior, most of it still sorting and selecting the incoming stimulus unequivocally whether it is positive or negative for him. Many cases are related to adolescent aggressiveness among other such acts of violence and taunted each other. Aggressiveness can be understood as a behavior intended to hurt another person either verbally or non-verbally, physically and psychologically, directly or indirectly. It can be seen with the increasing delinquency end - the end is caused by the presence of a weak self-control possessed by them. The ability of self-control can be considered as an individual effort as the central principle in guiding, leading and managing their own behavior major and prosecute individuals ultimately leads to keinginannya that will have a positive impact.

The study was conducted at the Madrasah Aliyah (MA.) Pembangunan Lamongan, with the aim of (1) to determine the level of self-control in young Madrasah Aliyah (MA.) Pembangunan Lamongan (2) to determine the level of aggressiveness in adolescents at Madrasah Aliyah (MA.) Pembangunan Lamongan (3) to prove and know there a relationship between self-control to aggressiveness in adolescents Madrasah Aliyah (MA.) Pembangunan Lamongan. The method used in this study is a quantitative method. The subjects of this study 100% of the population that numbered 70 respondents. Researchers used a questionnaire method of data collection in the form of psychological scales. Analysis of research data using techniques Karl Pearson Product Moment Correlation, using SPSS version 15.0 for Windows.

The analysis shows that students of Madrasah Aliyah (MA.) Pembangunan Lamongan has a quality of self-control with the percentage being 78.57%, verbal aggressiveness high category with the percentage of 57.15% and non verbal aggressiveness low category with the percentage of 100%. The results of correlation analysis showed that there was no relationship between self-control with non verbal aggressiveness with Pearson correlation value of 0.45 with a probability or possibility of error $0.712 > 0.05$, but there is a relationship between self-control with verbal aggressiveness, with a correlation of -0.262 and significance of $0.029 < 0.05$. That is, there is a negative relationship between self-control with verbal aggressiveness. If you're self-control, the high verbal aggressiveness.