

ABSTRACT

Prilaksmana, Basroni, 2013. Ablution As Anger Therapy (Qualitative Research in Madrasah Mu'allimin Mu'allimat Upper Bahr Ulum Tambakberas Jombang), Thesis, School of Psychology, State Islamic University of Malang.

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Angry is a common phenomenon in the society in social and communication domains. This will be discussed with the formulation of a problem; What forms of MMA students performed ablution Bahr Ulum, the factors that influence the angry students, how the therapy process is ablution as angry students, and how the form of angry behavior change after being given treatment ablution

Research goal is to determine the forms of ablution is performed in MMA Bahr Ulum Rice Pond. To determine the factors that influence the behavior of angry. To know ablution as a therapeutic process upset. To find a form of behavior change in the treatment given to the subject after ablution.

This study uses a qualitative, phenomenological approach. Researchers feel right using phenomenological approach, because to obtain comprehensive results about the assumptions on which practice teachers always dawaimul ablution void when can calm the emotions so it is not easily angered as described in this study uses the perspective of research subjects. Researchers can participate directly berpartipasi directly when performing ablution performed by the respondents. Researchers used 1 main subject. The data was collected and then analyzed using a phenomenological reductive during data collection took place.

The result showed that the ablution is as an angry person diluent. Because if someone can control angry with the best possible person of anger ablution performed with it, is actually a very unusual thing. Because if someone is generally hard to control the anger that can not face the real anger on him because it is actually a passion that is in a person who is influenced by the devil.