

ABSTRACT

Rahman, Fitriyati. 2013. Thesis. The differences emotional focused coping strategies of adolescent Adz - Dzikraa Arjasa Situbondo from Personality Type Extrovert and Introvert. Psychology Faculty of the Islamic University of Maulana Malik Ibrahim Malang.

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Adolescence is a time of "storm and stress". Many problems that teenagers face, sometimes lead to stress. often occurs in adolescents in many different environments. One of the potential emergence of a lot of environmental stress that teens are at the orphanage. That is because many changes are happening for the youth ranging from environmental change, the loss figure closely, change habits and others. When stress, someone will make an effort to deal with stress (coping), one of them is emotional focused coping, which prefers individu reduce stress by regulating their emotions. One of the many factors that influence the selection of coping with it is personality type.

The research was conducted in Arjasa Situbondo, with the aim of (1) to determine the level of strategy emotional focused coping strategies in Adolescents Orphanage (2) to determine the personality type orphanages and youth (3) to determine whether there are differences in levels of emotional focused coping strategies teens home care in terms of extrovert and introvert personality type.

This study uses a quantitative approach. Subject of this study is 62 respondents were selected using a random sampling method. In data collection, using a scale of emotional focused coping and personality type. Analysis of the data in this study using T-test using SPSS 16.0 from windows.

The results of the research conducted, it is known that (1) the level of emotional focused coping in adolescents orphanage lower numbered category number 27 people (43.6%), high 24 (38, 7%) and 11 men (17.7%) (2) juvenile homes is extroverted as many as 32 people (51.6%) and 30 men (48, 4%) introverted (3) there is a difference significant emotional focused coping in adolescents with personality eksrovert and introverted personality whereby adolescents eksrovert higher with an average of 67.6875 of the introverted adolescents with an average of 43.8667

