ABSTRACT

Khoriuntari, Uun. 2013. The Relationship between Self-Regulation to Self-Independency of Adolescents of Learning Participants in Grade XII of Public Vocational High School 1 Malang. Undergraduate Thesis. Faculty of Psychology of Maulana Malik Ibrahim Islamic State University of Malang. Guide Lecturers : H. Aris Yuana Yusuf, Lc, MA

Keywords: Self Regulation, Adolescent Independency

The adolescence time is an individual development segment which is highly important namely in transition time from childhood to adult time. In the transitional time the Adolescents are faced to the several of physical, cognitive and psychosocial changes. The adolescence is in critical time which is complex, so that the Adolescents are expected to be able to carry out their developmental tasks both privately and also socially by their advantages and disadvantages. The Adolescents with their experiences and their difficulties if they are not faced by self management and having good guidance they will be restricted in finding their independency out as one of developmental tasks of adolescence time. The independence achievement can base someone in determining attitudes, decision making, and also to determine the principals in their life.

The objectives of the research are 1) to see the regulation level of the learning participants of grade XII of Public Vocational High School 1 Malang (2) to see the independence level of learning participant adolescents of Grade XII of Public Vocational High School 1 Malang (3) to see the relationship between the self regulation and adolescents' independence of the learning participant adolescents of Grade XII of Public Vocational High School 1 Malang.

The method used in the research is correlation quantitative research. The independent variable (x) of self regulation and dependent variable (y) of the adolescents' independence. The subjects of the research numbered as 25% of population namely as many as 150 learning participants of Grade XII of Public Vocational High School 1 Malang which are chosen using cluster random sampling technique. The researcher used the questioner method in data gathering. The entirely analysis of data computation was held aided by computer facilities of *SPSS 16.0 for windows Program*.

The research outcomes shows that : (1) The Self Regulation Level of the Learning Participants of Grade XII of Public Vocational High School 1 of Malang is in high category with percentage 84,7 % (2) The adolescents' independence level for the learning participants of Grade XII of Public Vocational High School 1 Malang is in the high category with percentage 98,7 % (3) There is a positive relationship between the self regulation to the adolescents' independence with correlation coefficient by significant correlation r_{xy} amounted 0.536 with significant phase (P) 0.000 (\leq 0.05).