

## ABSTRACT

Title : *Psychological Well-Being of Terminal Illness Caregiver in Malang City*  
Name : Nafisatul Wakhidah  
Majors : Psychology  
NIM : 11410120  
Lecturer : Dr. Yulia Solichatun, M.Si

---

Stressed the importance of the development of psychological wellbeing person's real potential. This study aims to describe the psychological well-being of the caregiver terminal illness. Caregiver terminal illness been hampered by problems of development tasks become a caregiver terminal illness that affects their psychological well-being. Terminal illness itself is nothing but a category of chronic or acute diseases that are not only subjected to various physical problems such as pain, shortness of breath, weight loss, interruption of activity but also the psychosocial and spiritual disorders that affect the quality of life of patients and their families. Through the paradigm of qualitative case study approach, the researchers used data collection techniques such as observation, interviews, field notes and documentation. Informants research is caregiver women aged 25 to 65 years old, is married and still have children. This study using thematic analysis. And analysis corroborated with data triangulation and triangulation observer. The results showed that the three informants have a desire to cure their family members, even if they have not received will fully their brother's illness and additional duties attached to them. They have yet to fully adapt to the environment but they can manage their daily activities, keep good relations with others even though its intensity was not as much as when it has not become a caregiver. Third informants could determine independently a few things associated with them, decisions will be patients who need emergency care, but on the other hand they also requested consideration of the family, especially matters related to family finances. The dimensions are quite dominant role in self informant is the achievement of objectives (life orientation) are the milestones that can strengthen personal development informant also in life. In general psychological wellbeing caregiver terminal illness is influenced by age, life experience, education level, economic status, social support and culture.

Keywords; *Psychological well-being, caregiver, terminal illness.*