

ABSTRACT

Siswadi, Antok, 2015. The relationship between Spiritual Intelligence with Stress Coping Strategies Study on Mahasantri (Students) of State Islamic University of Maulana Malik Ibrahim Malang. Thesis. Faculty of Psychology at State Islamic University of Maulana Malik Ibrahim Malang.

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There is a system that requires students must live in the cottage for one year that learn at the State Islamic University of Maulana Malik Ibrahim Malang. With the difficulty level of higher education plus cottage education and also the Arabic language compulsory, each student needs to be a strategy in learning and adjustment in effective environment. The research problems are to determine the level of spiritual intelligence, coping strategies and the relationship between spiritual intelligence and coping strategies of mahasantri Ibn Sina of State Islamic University of Maulana Malik Ibrahim Malang.

The purposes of this study were to determine the level of spiritual intelligence, coping strategies and the relationship between spiritual intelligence and coping strategies of mahasantri Ibn Sina of State Islamic University of Maulana Malik Ibrahim Malang. This research was a quantitative correlation, the method used spiritual intelligence and stress coping strategies. The subjects were mahasantri Ibn Sina UIN Maulana Malik Ibrahim Malang with the number of subjects 55 students with *cluster random sampling* techniques, data analysis used simple regression analysis.

Results of analysis of this study showed that the spiritual intelligence of mahasantri mabna Ibn Sina of State Islamic University of Maulana Malik Ibrahim Malang who had a level of spiritual intelligence that were as much as 60% as well as the level of coping strategies had moderate as many as 90%, while the influence of spiritual intelligence by stress coping strategies obtained Fhit value of 6.639 and $p = 0.000$ at significance level of 5%. This meant that the value of R square obtained was 0.107. This score meant simultaneously spiritual intelligence only contributed 10.7% to 89.3% thus there were still other factors that influence coping strategies. Then this indicated that the more of spiritual intelligence of a person o sthe more of coping strategies toward problem resolution.