

## ABSTRACT

Dwi Umi Novitasari, 10410073, The Relationship Between Self-Control With Aggressiveness of Pencak Silat (martial arts) Member (Study On PSHT and IKS PI Kera Sakti), Thesis, Faculty of Psychology UIN Maulana Maliki Ibrahim Malang, 2015.

PSHT and IKS PI Kera Sakti are two organizations / universities martial arts under the Indonesian Pencak Silat Association (IPSI). Both of these martial arts organizations have the same doctrine of good and virtuous that should be applied to everyday life by being able to control yourself and be aggressive at the right time and place. But the community is not rare to hear about a fight between the *Persaudaraan Setia Hati Terate* (PSHT) with the Association of *Keluarga Silat Putra Indonesia* (IKS PI) Kera Sakti.

Objectives of the study were (a) To determine the level of self-control on the members of martial arts on IKS PI Kera Sakti and PSHT. (B) To determine the level of aggressiveness of the members of martial arts on IKS PI Kera Sakti and PSHT. (C) To determine whether there were self-control relationship or not with the aggressiveness of the members of martial arts on IKS PI Kera Sakti and PSHT

The method used quantitative correlation. The independent variable (X) self-control and the dependent variable (Y) aggressiveness. The subject of research was all population of 150 respondents with details of 75 subjects of members of martial arts PSHT, 75 subjects of members of martial arts of IKS PI Kera Sakti. Researcher used questionnaires in data collection methods. Overall analysis of data used a *product moment* technique.

Results from this study indicated that (a) Self-Control in martial arts members of PSHT and IKS PI Kera Sakti classified as moderate by percentage of 56%, (b) the level of aggressiveness to the members of martial arts of IKS PI Kera Sakti and PSHT was at the level of high category with a percentage 72.6%, and (c) There was a relationship between self-control with the aggressiveness of the members of martial arts of IKS PI Kera Sakti and PSHT with a coefficient of - 0.787 obtained a negative value with a significant level of  $0.000 \leq 0,05$  so that hypothesis was accepted.

Keywords: Self-Control, Aggressiveness, Martial arts (Pencak Silat), PSHT, IKS PI Kera Sakti