

## DAFTAR PUSAKA

- Agustian, Ary Ginanjar. 2001. *Rahasia sukses membangun kecerdasan emosi dan spiritual*. Jakarta: Arga
- Alwisol. 2009. *Psikologi kepribadian*. Malang: Umm Press
- Amir, N. 2012. Pengembangan Alat Ukur Kecemasan Olahraga. *Jurnal Penelitian dan Evaluasi Pendidikan*, vol. 20, No 1, 116-137
- Ardani, Tristiadi Ardi. 2012. *Kesehatan Mental Islami*. Bandung: Karya Putra Darwati
- Ardani, Tristiadi Ardi. 2012. *Catatan Ilmu Kedokteran Jiwa*. Bandung: karya putra dewi
- Ardani, tristiadi ardi.,rahayu iin tri.,sholichatun, yulia. 2007. *Psikologi klinis*. Yogyakarta: graham ilmu
- Arikunto, Suharismi. 2006. *Prosedur Penelitian: suatu pendekatan praktik*. Jakarta: Rineka Cipta
- Bridges, Ashley and Knight, Brandon. 2005. *The Role of Cognitive and Somatic Anxiety in Athletic Performance*. Hanover College: Independent Study
- Fausiah, fitri.,& Widury, julianti. *Psikolog Abnormal Klinis Dewasa* (Jakarta: UIP, 2008)
- Gezelsofloo, H., Parsian, H., Choorli, A., and Feizi, M. R, The Impact of Pre-Competition Anger on Self-Confidence and Success of Volleyball Players in Premier League and its Relation with Athletes' Experience (*Journal of Educational and Management Studies* ISSN: 2322-4770)
- Ichraf, A., Ali, B. M., Khaled, T., Liwa, M., Ali, E., Effect of gender and type of sport on anxiety and self-esteem(*Journal of Humanities and Social Science Invention, Vol 2, 2319 – 7722*)
- Iskandar, M Atho'illah. 1995. *Ikatan Pencak Silat Nur Harias Pusat*. Surabaya: kampus IKIP Ketintang
- Juuso, malmikare. 2011. *Self-esteem, anxiety and motivation – the effect of psychological factors on sport performance. Thesis (publication)*. University of Applied science: Haaga Helia

- Komarudin. 2013. Psikologi olahraga: olah raga mental dalam olah raga kompetitif. Bandung: Rosda Karya
- Mardalis. 2003. Metode penelitian suatu pendekatan proposal. Jakarta: Bumi Aksara
- Radzi. Jamilah Ahmad, dkk. 2013. *Pre-Competition Anxiety Levels In Individual and Team Sports Athletes*. Social Science Research. Malaysia. e-ISBN 978-967- 11768-1-8
- Radochoński, Mięczyława ., Cynarski, Wojciech J., Perenc Lidia., Lucyna Siorek-Maślanka. Competitive Anxiety and Coping Strategies in Young Martial Arts and Track and Field Athletes. 2011 (Journal of Human Kinetics volume 27)*
- S, Husdarta J. 2010. Psikologi Olahraga. Bandung: Alfabeta
- Sabiq, Sayid. 1994. Islam Dipandang dari Segi Rohani-Moral-Sosial. Jakarta: Rineka Cipta
- Satiadarma, Monty P. 2000. Dasar – Dasar Psikologi Olahraga. Jakarta: Pustaka Sinar Harapan.
- Shireman, John. 2010. *The effect of martial arts training on self-concept, self-esteem, and self efficacy. Literature review.*
- Subagyo. 2012. Pencak Silat. Surabaya: Unesa University Press
- Sukadiyanto. Perbedaan reaksi emosional antara olahragawan *body contact* dan *non body contact*. Jurnal psikologi, 33, No. 1, 50-62. Hal 11
- Widarso, Wishnubroto. 2005. Sukses membangun rasa percaya diri. Jakarta: Grasindo
- Woodman, Tim & Hardy, Lew. 2003. *The Relative Impact of cognitive anxiety and Self-Confidance Upon Sport Performanc:a Meta-Analysis*. Journal of Sport Science. University of Wales
- Yulianto, Fitri. Nashori, Fuad. 2006. Kepercayaan diri dan prestasi atlet taekwondo daerah istimewa Yogyakarta. Jurnal psikologi universitas diponegoro. Vol.3, No. 1. 55-62