ABSTRACT

Sofia Halida Fatma. 2015. Happiness Differences between Prepared Couple and Unprepared in Young Mommy Community Tuban. An Analysis. Psychology Faculty.

Happiness in a household is feeling expected by every couple. In young adultery, development role that must be done is intimacy versus isolation however when development role in young adultery does not well implemented, household conflicts are relatively happen. When those conflicts does not well managed as well as well solved, encourage the divorce. Thus, marriage preparation is highly needed to gain happier marriage.

This analysis attempts to discover happiness differences between prepared couple and unprepared couple. Subject of this analysis is the members of Young Mommy Community Tuban using forty four respondents.

Method used in this analysis is qualitative method using sampling technique of purposive sampling. Data are taken from two scales including adaptation scale from Authentic Happiness Scale proposed by Martin Seligman (1980) which consists of 23 items. While the second is prepared marriage which is arranged based on Blood Theory (1978) including 26 items. Method used in this analysis is T-test.

Based on result in this analysis, discover the results as: in prepared couple categorized have high level of happiness 100 % from total 22 people and unprepared couple has high category of 45.5 % from the sum of 22 people . While the result of T-test proposes prepared young adultery own mean of 153.50. While unprepared marriage couple own mean of 87.50. This creates the difference; happiness of prepared couple is higher than unprepared marriage couple.

Key Words : Happiness, marriage preparation, Young Mommy Community Tuban