

ABSTRACT

IzzunNahdiyah, 08410026, Relationship between Body Image with Life Satisfaction in Adolescents Who Have Obesity in Community admire (Fat Indonesian Women Association), Thesis, Faculty of Psychology UIN Maulana Malik Ibrahim Malang, 2015.

Body image is part of a person's self-image, has a tremendous influence on the way a person to see him, and will determine the way how a person to judge him positively or negatively. If someone judge him positively, then he would be satisfied with him, if negative, the judge himself was not satisfied with her body. Their body image have a considerable influence on how a person facing himself and live a daily life. Therefore, teenagers will try to appear as attractive as possible in front of the public, so that people accept it, by the way has an ideal body in accordance with the views of society.

This study aims to determine the level of body image, and the level of life satisfaction, as well as to prove the relationship between body image level to the level of life satisfaction in adolescents who are obese in the community admire (Fat Indonesian Women Association).

The research design used in this study a quantitative correlation. The independent variable was body image, while the dependent variable is the life satisfaction. Subjects studied as many as 35 people. Retrieval of data by questionnaire method. Test the validity of the formula Product Moment, reliability tests with Cronbach Alpha.

The survey results revealed that the level of body image in adolescents who are obese in the community admire (Fat Indonesian Women Association) is in the high category, a total of 33 students (94%) and the level of life satisfaction at the high category as many as 32 students (91%) , Correlation between body image satisfaction hiduppada obese adolescents in the community admire (Fat Indonesian Women Association) is the correlation coefficient (-0.529) and with significant value 0.000, these data imply that there is a correlation (correlation) between the significant positive body image life satisfaction. The higher the more positive body image life satisfaction.

Keywords: Body Image, Life Satisfaction