ABSTRACT

Al Iftitahu, Haffatir Roihah, 11410112 The Effectiveness of Incredible Mom Training toward the Improvement of Parental Acceptance Attitude of Children with the Special Needs. Thesis, Psychology Department. Maulana Malik Ibrahim Islamic State University, Malang,2015.

In the family, child is the most-awaited person by new parents, as a gift from God, and as the foundation of the future. This will be as a disaster or source of problem when a child is born as special needs. Generally, parents will pass several long processes step by step after knowing the differences until they accept sincerely the condition. In order to they can grow as normal people, self-motivated is not the main factor. However, family plays a vital role in developing them early on. If the parents show the parental acceptance, the parenting process will be optimal. Realizing the importance of the acceptance to the children, then a program, namely parent education, is established focusing on the improvement of the parental acceptance toward the condition of the children with the special needs. This program, then, is called by "incredible mom" training.

This research uses quantitative method by experimental design of time series. It is an experimental design consisting of one group conducted by several measures in the first and the last treatment. The subject used in this research is six mothers whose children with special needs. They gave twice meetings of incredible mom treatment, with the pre and post treatment. It uses two acceptance scales developed by parental acceptance theory from Porter.

According to the analysis result towards pre-test score and post-test by using two scales through SPSS Software 21 Windows is Z value= 1, 604 with the significance level = 0,46 on the scale 2 (p>0,05). Therefore, it can be concluded that the incredible mom treatment given to the parents is ineffective to improve the parental acceptance to the children with the special needs.

Keywords: **children** *with special needs, incredible mom treatment, parental acceptance*