



## ABSTRACT

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Y. Hidayatulloh, 1140086, Strategy of Coping Stress to Homosexual (Gay) in Malang, Skripsi,  
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Gay is a term given to a man whose sexual interest include or confined to his fellow man. Today gays experiencing unpleasant life events as it is not getting support from various parties because of their sexual behavior contrary to religious values and norms prevailing in society. As a result of these conditions often lead to feelings of stress and ultimately prosecute gays individual must have the ability to handle its own problems.

Specifically, the goal of this research in addition to analyzing the forms strategy of coping stress in gay also examines the background to be gay, the factors that cause stress to the gay, to other forms of stress on gays. In this study, the method used is qualitative method of phenomenology to assess based on the phenomenon and events happening around. The number of subjects in this study of 15 people with a background in air-variation. In this study, researchers act as a major instrument in the collection and identification of data by conducting exposure and a description of the research object

The results showed that many things that the background of a man being gay. Family disharmony, the positive reinforcement of the environment as well as the presence of abnormal patterns of attachment with peers, is a major cause of a man being gay, where almost all gay men who become subjects in this study revealed that their condition as a gay person has felt ever since they small. For factors that cause stress its own, the majority of a gay experience stress due to circumstances they were not attracted to women as well as social discrimination, so that the shape of the stress that arises as a result of the refusal is with a sense of regret being a gay, until the rise of despair and the emergence of feelings of fear known by his family and those closest about their sexual orientation. With so many stressors received by gays, most of them to get out of his feelings of stress, the majority is to establish a heterosexual relationship in addition to his homosexual relationships, this is done with a relationship with a woman and pretending to be a normal person, but coping strategies most often committed when they could no longer feel comfortable in kehidupanya is by choosing to repent and get closer to God, with their own beliefs as a religious.

**Keyword :Gay, Stress, Strategy of Coping Stress**